
























WEEK 1								
Time	Monday 29 th April	Session	Time	Wednesday 1 st May	Session	Time	Thursday 2 nd May	Session
10:30am	Seated Exercise Blue room		10:00am	Wii – Let's get active! Peach room		10:00am	NE Worcestershire Stroke Group Queen Elizabeth II By Anthony Green	
11:00am	Untutored craft Courtyard		10:00am	Carers Connect Green room				
11:00am	Genealogy Peach room		11:00am	Indoor Activities & Games Blue room		12:00am	MAKE MAY PURPLE Coffee Morning	
			11:00am	Indoor Kurling Blue room				
						12:15pm	Lunch Blue room	
1:15pm	LASC centre user meeting – All Welcome!!!		1:00pm	PSI – Strength & Balance Peach room		1:00pm	Knit & Natter Blue room	














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WEEK 2								
Time	Monday 6 th May	Session	Time	Wednesday 8 th May	Session	Time	Thursday 9 th May	Session
	Closed Bank Holiday!!		10:00am	Wii – Let's get active! Peach room				
			10:00am	Carers Connect Green room		10:30am	Communication Group Peach room	
			11:00am	Indoor Activities & Games Blue room		10:30am	Untutored Craft Circle Blue room	
			11:00am	Craft Circle – Weaving Courtyard		10:30am	Indoor Kurling Blue room	
			11:00am	Indoor Kurling Blue room		12:15pm	Lunch Peach room	
			1:00pm	PSI – Strength & Balance Peach room		1:00pm	Singing Group Blue room	

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WEEK 3								
Time	Monday 13 th May	Session	Time	Wednesday 15 th May	Session	Time	Thursday 16 th May	Session
10:30am	Seated Exercise Blue room		10:00am	Wii – Let's get active! Peach room		10:00am	NE Worcestershire Stroke Group The 1940's	
11:00am	Art & craft Courtyard		10:00am	Carers Connect Green room				
11:00am	Genealogy Peach room		11:00am	Indoor Activities & Games Blue room				
			11:00am	Craft Circle – Weaving Courtyard				
			11:00am	Indoor Kurling Blue room		12:15pm	Lunch Blue room	
1:30pm	New User Programme Introduction to LASC Blue room		1:00pm	PSI – Strength & Balance Peach room		1:00pm	Knit & Natter Blue room	












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WEEK 4								
Time	Monday 20 th May	Session	Time	Wednesday 22 nd May	Session	Time	Thursday 23 rd May	Session
10:30am	Seated Exercise Blue room		10:00am	Wii – Let's get active! Peach room		10:00am	Bromsgrove Historical walk	
11:00am	Art & craft Courtyard		10:00am	Carers Connect Green room		10:30am	Communication Group Peach room	
11:00am	Genealogy Peach room		11:00am	Indoor Activities & Games Blue room		10:30am	Untutored Craft Circle Blue room	
11:15pm	New user Induction – Healthy living with Pete - blue room		11:00am	Craft Circle – Weaving Courtyard		10:30am	Indoor Kurling Blue room	
			11:00am	Indoor Kurling Blue room		12:15pm	Lunch Peach room	
			1:15pm	PSI – Strength & Balance Peach room		1:00pm	Singing Group Blue room	





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WEEK 5								
Time	Monday 27 th May	Session	Time	Wednesday 29 th May	Session	Time	Thursday 30 th May	Session
	Closed Bank Holiday!!		10:00am	Indoor golf Peach room		10:00am	NE Worcestershire Stroke Group Tai Chi By Alan Sansom	
			10:00am	Carers Connect Green room				
			11:00am	Indoor Activities & Games Blue room				
			11:00am	Indoor Kurling Blue room				
						12:15pm	Lunch Blue room	
			1:00pm	PSI – Strength & Balance Peach room		1:00pm	Knit & Natter Blue room	

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WEEK 6								
Time	Monday 3 rd June	Session	Time	Wednesday 5 th June	Session	Time	Thursday 6 th June	Session
10:30am	Seated Exercise Blue room		10:00am	Indoor golf Peach room				
11:00am	Art & craft Courtyard		10:00am	Carers Connect Green room		10:30am	Communication Group Peach room	
11:00am	Genealogy Peach room		11:00am	Indoor Activities & Games Blue room		10:30am	Untutored Craft Circle Blue room	
			11:00am	Indoor Kurling Blue room		10:30am	Indoor Kurling Blue room	
			11:00am	Craft Circle – Weaving Courtyard		12:15pm	Lunch Peach room	
1:30pm	New User Induction – Neuroplasticity Blue room		1:00pm	PSI – Strength & Balance Peach room		1:00pm	Singing Group Blue room	

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WEEK 7								
Time	Monday 10 th June	Session	Time	Wednesday 12 th June	Session	Time	Thursday 13 th June	Session
10:30am	Seated Exercise Blue room		10:00am	Indoor golf Peach room		10:00am	NE Worcestershire Stroke Group Off site!!	
11:00am	Art & craft Courtyard		10:00am	Carers Connect Green room			Black country Museum outing	
11:00am	Genealogy Peach room		11:00am	Indoor Activities & Games Blue room				
			11:00am	Indoor Kurling Blue room				
			11:00am	Craft Circle – Weaving Courtyard		12:15pm	Lunch Blue room	
1:30pm	New User Programme Emotional effects Blue room		1:00pm	PSI – Strength & Balance Peach room		1:00pm	Knit & Natter Blue room	

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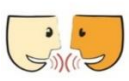








Learning & Activities Programme April - June 2019

WEEK 8

Time	Monday 17 th June	Session	Time	Wednesday 19 th June	Session	Time	Thursday 20 th June	Session
10:30am	Seated Exercise Blue room		10:00am	Indoor golf Peach room				
11:00am	Art & craft Courtyard		10:00am	Carers Connect Green room		10:30am	Communication Group Peach room	
11:00am	Genealogy Peach room		11:00am	Indoor Activities & Games Blue room		10:30am	Untutored Craft Circle Blue room	
			11:00am	Indoor Kurling Blue room		10:30am	Indoor Kurling Blue room	
			11:00am	Craft Circle – Weaving Courtyard		12:15pm	Lunch Peach room	
1:30pm	New User Induction Stroke Association Support Blue room		1:00pm	PSI – Strength & Balance Peach room		1:00pm	Singing Group Blue room	

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PRICING SCHEDULE

	Activity	Cost per session		Activity	Cost per session		Activity	Cost per session
	Art & Craft	£1.50		Knit and Natter	50p		Weaving with Kim	£1.50
	Coffee morning	50p		Kurling & Boccia	50p		Wii Lets get active	50p
	Carers Connect	FREE		Lunch	£2.50			
	Communication Group	50p		New user programme	FREE			
	Genealogy	50p		PSI	£2.00			
	Indoor Activities & Games	£1.00		Seated exercise	£2.00			
	Indoor Archery - LASC	£2.00		Singing Group	FREE			
	Indoor golf	50p		Untutored craft circle	£1.00			

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