

About 30% of stroke survivors will experience communication difficulties after their stroke which can make daily living extremely challenging. Communication service supporters assist stroke survivors whose communication has been affected by their stroke to develop new strategies to aid their communication. In doing so they help people to build their confidence, achieve personal goals and promote independence.

## What the role involves:

- Some of our communication service supporters assist stroke survivors in developing their communication skills in small groups.
- Other communication service supporters assist stroke survivors in developing their communication skills on a one-to-one basis in their homes or out in their local community so that they can access activities and services.

## Who the role might suit:

- To be an effective communication service supporter you need great listening skills and be able to support people in an empathetic and non-judgemental way.
- You need to be willing to learn and use the technique, called 'supported conversation', that is used to support people with communication difficulties.
- If you are someone who enjoys conversation, meeting new people and likes to try new things, then this role might be a good one for you.
- Our communication service supporters also need to be able to adapt to the specific needs of the person they are working with to in order to support them in the most appropriate way.

## What the role can offer you personally:

- Being a communication service supporter means you gain practical experience of working with people who have been affected by stroke, an understanding of the effects it has on them, and the challenges they face.
- As part of the role you will also learn techniques that can aid communication.
- Communication service supporters also find it helps them develop new skills with a well-respected charity which can improve their CV and employability.
- It offers you a chance to meet new people in your community.
- Many of our communication service supporters say that this role is a great way to engage with, and support, their local community. They feel like they are making a difference and giving something back.

## Training for this role:

We provide all of our communication service supporters with training so they feel confident in the role and give the best possible support to stroke survivors.

**Mandatory training** that you need to undertake for this role is as follows:

- The Stroke Association People Induction (2.5hrs online).
- Personal Safety for Volunteers (a two-hour online learning webinar) which is only mandatory if you are visiting stroke survivors in their homes or out in the community.

**Additional learning opportunities** are available to develop your skills and experience: We have a range of other training and information available – if there is something you feel you would like to understand more about, or would like to gain confidence with, do let us know.

**We also offer ongoing support and expenses where appropriate.**

## Where and when you would volunteer:

The role is located in: Various locations addresses below.

- **Tuesdays** - Somercotes Community Centre, Nottingham Road Somercotes - Derbyshire, DE55 4LY
- **Wednesdays** - Erewash Voluntary Action Aid, Granville Ave, Long Eaton, Nottingham NG10 4HD
- **Thursdays** - The Parish of All Saints Church, Mickleover, Derby DE3 0DL

You would be volunteering one afternoon every two weeks in blocks of 6 sessions. Depending on venue chosen, may be Tuesday/Wednesday or Thursday.

The person to contact about this role is: Kelly Tittley, Stroke Association Support Coordinator on 07717 275725 or email [Kelly.Tittley@stroke.org.uk](mailto:Kelly.Tittley@stroke.org.uk) .

A Disclosure and Barring Service (DBS) check, an Access NI check or membership of the Protecting Vulnerable Groups (PVG) scheme is required for this role.

**Our vision** is for there to be fewer strokes, and for people affected by stroke to get the help they need to live the best life they can.

**Our core purpose** is to be the trusted voice of stroke survivors and their families. We want to drive better outcomes in stroke prevention, treatment and lifelong support for everyone affected by stroke.

**Volunteer and  
make a difference.**

Find out more about stroke, what we do and how you can help:  
**stroke.org.uk** or call our  
Stroke Helpline: **0303 3033 100.**

