

Contact us

How can you access our Communication Plus Programme?

You can refer yourself by contacting us using the details below. Or you can be referred by a Speech and Language Therapist or another Healthcare Professional.

The Stroke Association Speech and Language Therapists will be in contact to discuss and agree the support you need, and help you to plan goals for the future.

To request a referral form visit:

stroke.org.uk/finding-support/support-services/belfast-communication-support

Address:

Freeport

Stroke Association
Northern Ireland

Tel: 07947 273033

Email:

CommunicationSupportNI@stroke.org.uk



@strokeassociationni

@strokeassocni

Stroke changes lives in an instant but the brain can adapt.
And so can you. We're here to support people to rebuild their lives after stroke.

Find out more at stroke.org.uk

If you would like to fundraise for the Stroke Association, we would be delighted to hear from you.

Contact our friendly Supporter Care Team on **0300 330 0740** or email supportercare@stroke.org.uk.

We're here for you.

Stroke Helpline: **0303 3033 100**

From a textphone: **18001 0303 3033 100**

Email: helpline@stroke.org.uk

Rebuilding lives after stroke

Stroke
Association

Stroke Association Communication
Plus Programme

Speech and Language Therapy

Northern Ireland

Rebuilding lives after stroke

Stroke
Association



What is the Communication Plus Programme

Our Stroke Association Communication Plus Programmes have been especially designed for Stroke Survivors who have developed a communication difficulty as the result of a stroke.

These programmes are led by a Speech and Language Therapist and take place within a group environment.

How does it work?

You will have your own individual stroke recovery plan containing your communication goals.

You will also have the opportunity to meet and share experiences with other Stroke Survivors living with a communication difficulty after having a stroke.

What do our services include?

Communication skills development

- Support to build new communication strategies tailored to your needs.
- A friendly and safe environment to try new techniques.
- The opportunity to watch and learn from others to improve conversational skills.

Information and advice

- Help and guidance on aphasia and other communication difficulties following a stroke for group members, their families, relatives and friends.

Peer support

- Support from others in a similar situation to you.
- The chance to share experiences and learn from other stroke survivors living with a communication difficulty.
- The opportunity to develop new friends and interests.



Skills for life

- Help to reduce the barriers to communicating.
- Discover new ways of getting your message across.
- Opportunity for family and friends to learn what it is like to live with a communication difficulty.
- Opportunity for family and friends to better understand what they can do to help you get your message across.
- Support to build on strengths to become a successful communicator.



“Working with others brings confidence.”
Iain, stroke survivor

“It helped me to think I am not helpless.”
Jean, stroke survivor

“Being given time to have a conversation.”
Sandra, stroke survivor