

Make **stroke** the priority it needs to be in Scotland

Rebuilding lives after stroke

Stroke
Association

Stroke is **devastating**.

It **destroys lives** and **families**.

Stroke comes at **huge financial** and **social cost** to all of us.

Stroke has **not received** the **same attention** as other serious **health conditions**.

Now is the **time** to **change** that.

Scotland needs a **renewed national focus** on **stroke**.

Too many people **do not get** the **best treatment** and care.

Work to **improve Scotland's stroke services** has started.

Work has been **impacted** by **Covid-19**.

Progress **must continue**.



The **Stroke Association** in Scotland calls for the **Scottish Government** to quickly **establish a new, progressive stroke service**.

All patients should receive timely access to treatment.

It must be **evidence-based**.

It must be provided by **stroke specialists**.

It includes **rehabilitation** and **support**.

1. **Urgently progress** and build on the **current work** to **improve stroke services**.

- Define and implement a **progressive stroke service** covering the full pathway, including **rehabilitation** and long-term support.
- **Improve stroke care bundle** performance in hospitals.
- Make **thrombectomy available** for everyone who needs it.
- **Increase awareness** of the signs of **stroke**, and **stroke prevention**.

2. Establish a **regular reporting** mechanism to **Parliament**.

- We need to **track progress** and ensure **transparency** and **accountability**.
- A **Minister** to report on progress in **Parliament**.
- **MSPs** need to be involved in **overseeing progress**.

3. **Work with people affected by stroke, stroke charities and professionals** to **understand** the **impact** of stroke.

- Change cannot be made without the **insight** and **experience** of **stroke survivors**.
- Work with the **voluntary sector** and the **stroke research community**.
- Make sure **patients, families and carers** are **included** when it comes to **developing** the **pathway**.

Would you like to **find out more**?

Contact us on **email**.
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Stroke facts

Over **128,000** people in **Scotland** are living with the effects of their stroke.

This will **increase** to **175,000** by 2035.

A **stroke** is a **brain attack**.

It happens when the **blood supply** to part of your brain is **cut off**.

Brain **cells** are **damaged** or die.



- **Stroke** is a leading cause of severe **adult disability**.
- **65%** of stroke survivors **leave hospital** with a **disability**.
- Many have problems with **speech** and **communication**, **thinking processes** and **vision**.



- Around **10,000** people have a stroke **every year** in **Scotland**.
- Stroke and cerebrovascular disease **kills** over **3,750**.
- Many more have to **live** with the **effects**.



- By 2025 the **cost of stroke** to **Scotland** will be over **£2.5 billion** a year.
- By 2035 that **rises** to **over £4.5 billion** a year.