

# Spot the signs: do the FAST test

Rebuilding lives after stroke

**Stroke**  
Association



## Face

Can the young person smile? Has their face fallen on one side?

## Arms

Can they raise both arms and keep them there?

## Speech

Can they understand what you say? Is their speech slurred?

## Time

If you spot any of these signs in a baby, child or young person, don't wait. Call 999 straight away.

**Even if the symptoms seem to pass, you should call 999 as it could be a transient ischaemic attack (TIA or mini-stroke).**

## Other signs of childhood stroke may include:

- sudden, severe headache
- seizures (fits) or losing consciousness
- dizziness or a sudden fall
- neck pain or stiffness
- vomiting and sleepiness
- sudden blurred vision or sight loss
- pins and needles, weakness or numbness on one side of the body
- fever and nausea can also be present with a stroke.

Email: [services@stroke.org.uk](mailto:services@stroke.org.uk)

Website: [stroke.org.uk/childhood](http://stroke.org.uk/childhood)