

## Talk two: Introducing the Stroke Group Network and what it means for you

During the live session additional resources and information were discussed. Below are the links to these. To access the links you will need to copy these and paste into an internet browser. Some of the information is on the Stroke Association's intranet pages. If you have trouble accessing these please email [volunteering@stroke.org.uk](mailto:volunteering@stroke.org.uk)

### Additional information:

**The Group Networks Team:** Our Stroke Group Network is a community of stroke support groups across the UK. If you have any questions about the Stroke Group Network you can contact Beth, Julia or Sophia by emailing: [groupnetworks@stroke.org.uk](mailto:groupnetworks@stroke.org.uk)

**Information for Support Groups:** On the Stroke Association website there is a post code search facility to find support services or local support groups in a given area. You can also find details of online support groups. To find out more visit the web pages for support groups here [stroke.org.uk/finding-support/support-services](http://stroke.org.uk/finding-support/support-services)

If you like to add your stroke support group to the list or update any of the details, please contact the Group Networks team by emailing: [groupnetworks@stroke.org.uk](mailto:groupnetworks@stroke.org.uk)

**Connecting leaders together:** Some areas hold local forums to help connect group leaders, share experiences and learn from each other. To find out more about local sessions in your area contact your locality staff.

Locality	Who to contact for local forums
East of England	Louise.Hornagold@stroke.org.uk
London	Yvonne.Lentge@stroke.org.uk
Midlands	EngagementTeamMidlands@stroke.org.uk
North East & Yorkshire	EngagementTeamNEandYorkshire@stroke.org.uk
Northern Ireland	Mark.Dyer@stroke.org.uk
North West	EngagementNW@stroke.org.uk
Scotland	engagementteamsotland@stroke.org.uk
South East	Jessica.Rich@stroke.org.uk
South West	Sonya.Webb@stroke.org.uk
Wales	LlinosWyn.Parry@stroke.org.uk

**National partnerships:** We have teamed up with the following organisations to support group leaders run their groups and support their members.

- **Self Help UK** – are a leading specialist organisation in promoting, supporting and encouraging Self Help Groups, both locally in Nottinghamshire and nationwide. To find out more visit [selfhelp.org.uk/](http://selfhelp.org.uk/)
- **InterAct Stroke Support** - is a charity dedicated to supporting stroke recovery and delivering ongoing community support. They can help with delivering group activities to help relieve the pressure from leaders and volunteers. They are currently helping over 50 stroke clubs with reading groups and other activities. To find out more visit [interactstrokesupport.org/interact-at-home](http://interactstrokesupport.org/interact-at-home)
- **AbilityNet** - can help people get online and access technology. To find out more visit [abilitynet.org.uk](http://abilitynet.org.uk) or call **0800 048 7642** during UK office hours

**Local partnerships:** During this talk we heard from Velma, Fred and Llinos about partnership working in their areas. You can find out more about these using the links below:

- Canal and River Trust - [canalrivertrust.org.uk/](http://canalrivertrust.org.uk/)
- Community Steps programme [stroke.org.uk/finding-support/community-steps-programme](http://stroke.org.uk/finding-support/community-steps-programme)