



Participant Information Leaflet

Study Title: Understanding the role of wellbeing on travel choices for sustainable policymaking.

Investigator(s): Miss Shravani Sharma, Dr Roger Woodman, Dr Mark T Elliott

Introduction

You are invited to take part in a research study. Before you decide, you need to understand why the research is being done and what it would involve for you. Please take the time to read the following information carefully. Talk to others about the study if you wish. Please ask us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

Who is organising and funding the study?

The study is being organised by the University of Warwick as a part of the project 'Understanding the role of wellbeing on travel choices for sustainable policymaking' in the future.

What is the study about?

Wellbeing is a complex matter to understand and even harder to define. This becomes more difficult when we consider specific areas, such as transport-related wellbeing. In the past, the impact of changes to transport services and infrastructure has been measured in terms of economic, performance or environmental indicators. As such, little attention has been given to evaluating the effects on the wellbeing of the citizens. With the rapid rise of new technologies in the transport sector, it is difficult to keep up with changing travel needs and preferences of the people and plan and design cities in a sustainable manner. Therefore, through these surveys, this project aims to evaluate the impact of travel choices that people make and support the government to make strategic decisions on policy, investments, infrastructure etc. for the future that has a balance of new and sustainable technologies in transport which is in alignment with the wellbeing of the citizens.

What would taking part involve?

You will be asked a set of questions that would aim to capture the wellbeing of the citizens as an impact of the travel choices. The questionnaire will take a maximum of 15 minutes to finish and will be in the form of electronic copies. There are no right or wrong answers for this study and are entirely based on self-evaluation. You will be mainly asked questions related to your overall wellbeing in life on parameters such as happiness, anxiety, life satisfaction, worthwhileness, safety, etc. These are based on a well-established questionnaire that are been used in the United Kingdom to capture the overall subjective wellbeing of the citizens. Please read each question fully and answer as honestly as you can. This information will be anonymised after the data has been collected, therefore there are no potential risks for this information. This information will also only be viewed by the investigators named in this document and stored in a secure manner.

Do I have to take part?

No. Participation in this study is completely voluntary and choosing not to take part will not affect you in any way. You can also choose to withdraw your participation at any time without giving a reason by

contacting one of the research team. Further details about withdrawing from the study are provided later on in this document. However, once the form is submitted, it will not be possible to delete the information as all the participants will be anonymised and be given a unique ID. Therefore, it would be difficult to identify a specific participant's information if the request arises.

What are the possible benefits of taking part in this study?

By participating in this study, you will have the opportunity to learn about wellbeing and transport and be able to contribute to valuable research which aims to support the development of forward-looking policies in the United Kingdom in the future that considers people-centric views.

What are the possible disadvantages, side effects or risks, of taking part in this study?

You will not be exposed to any risks or discomfort during the surveys. You are free to quit the survey at any time. The only potential disadvantage is the time taken to do the survey. Questions on wellbeing will be asked. However, they will not be intrusive questions and hence we see no foreseeable risks. More so ever, if you in any way feel triggered with these questions that might have affected your personal circumstances, there will always be a choice of 'Prefer not to say' for you to avoid answering them.

After the survey, if there will be a need to talk to someone due to triggers, please contact the principal investigator, Shravani Sharma for support.

Alternatively, here are a few useful links:

- Find information and advice about different treatments for mental health problems, including talking therapies, counselling and medicines :
<https://www.nhs.uk/mental-health/talking-therapies-medicine-treatments/>
- Find tips, guides, tools and activities to support and improve mental health :
<https://www.nhs.uk/mental-health/self-help/>
- Find out how to access NHS mental health services and where to get urgent help :
<https://www.nhs.uk/nhs-services/mental-health-services/>
- For online mental health support tools:
<https://www.mind.org.uk/information-support/tips-for-everyday-living/online-mental-health/online-mental-health-tools/>

Expenses and payments

No expenses or payments will be made to participants.

Will my taking part be kept confidential?

None of the information captured during the study will be attributed to any individual. All information will be converted to an electronic copy and stored on a password-protected computer at the University of Warwick. The anonymised data will only be accessible to the investigators named on this information sheet. Once data from the study have been combined, it will not be possible to identify or remove your individual data.

What will happen to the data collected about me?

As a publicly funded organisation, the University of Warwick has to ensure that it is in the public interest when we use personally-identifiable information from people who have agreed to take part in the research. This means that when you agree to take part in a research study, such as this, we will use your data in the ways needed to conduct and analyse the research study. We will be using information from you in order to undertake this study and will act as the data controller for this study. We are committed to protecting the rights of individuals in line with data protection legislation. The University of Warwick will keep identifiable information about you for a maximum of 10 years after the study has finished. Research data will be anonymised as quickly as possible after data collection. This means all direct and indirect identifiers will be removed from the research data and will be replaced with a unique ID. After the study will be combined and it will not be possible to identify or remove your data.

Data Sharing

Your rights to access, change or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. The University of Warwick has in place policies and procedures to keep your data safe. This data may also be used for future research, including impact activities following review and approval by an independent Research Ethics Committee and subject to your consent at the outset of this research project.

For further information, please refer to the University of Warwick Research Privacy Notice which is available here: <https://warwick.ac.uk/services/idc/dataprotection/privacynotices/researchprivacynotice> or by contacting the Information and Data Compliance Team at GDPR@warwick.ac.uk.

What will happen if I don't want to carry on being part of the study?

Participation in this study is entirely voluntary. Refusal to participate will not affect you in any way. If you decide to take part in the study, you will need to tick a consent form that states that you have given your consent to participate. If you agree to participate, you may nevertheless withdraw from the study at any time without affecting you in any way. You have the right to withdraw from the study.

Please note withdrawing participation is separate from withdrawing data that has already been collected during the study. If you wish to withdraw from the study after your data has been collected, it will not be possible to withdraw your data. To safeguard your rights, we will use no personally identifiable information and keep the data secure in line with the University's Information and Data Compliance policies.

What will happen to the results of the study?

The findings from the study will form the research data and will be used for one or more publications on the subject of role of wellbeing on transport choices.

Who has reviewed the study?

This study has been reviewed and given favourable opinion by the University of Warwick's Biomedical & Scientific Research Ethics Committee (BSREC)

Who should I contact if I want further information?

This study is covered by the University of Warwick's insurance and indemnity cover. If you have an issue, please contact the Chief Investigator of the study: **Miss Shravani Sharma** (shravani.sharma@warwick.ac.uk)

Who should I contact if I wish to make a complaint?

Any complaint about the way you have been dealt with during the study or any possible harm you might have suffered will be addressed. Please address your complaint to the person below, who is a senior University of Warwick official entirely independent of this study:

Head of Research Governance

Research & Impact Services
University House
University of Warwick
Coventry
CV4 8UW

Email: researchgovernance@warwick.ac.uk

Tel: 02476 575733

If you wish to raise a complaint about how we have handled your personal data, you can contact our Data Protection Officer who will investigate the matter: DPO@warwick.ac.uk.

If you are not satisfied with our response or believe we are processing your personal data in a way that is not lawful you can complain to the Information Commissioner's Office (ICO).

Thank you for taking the time to read this Participant Information Leaflet