

Our lived experience engagement

Keeping stroke recoveries in mind

Activities

Throughout September 2022, we undertook a programme of lived experience engagement to inform and shape our campaign messaging.

We ran an online survey that was open to all stroke survivors across Scotland. We asked them about the impact of their stroke on their psychological wellbeing, any physical impact because of their stroke and what care they were offered for both. We did this to better understand whether people were receiving the right care for them after their stroke. Main results included in the report but please email Katie.macgregor@stroke.org.uk for the full results breakdown.

We also ran two roundtable sessions where we heard directly from both stroke survivors and carers of stroke survivors to gather personal experiences and hear about what they think should change for the future population of stroke survivors.

Lastly, we spoke 1:1 with a number of stroke survivors to make sure we were hearing from stroke survivors from across the whole country. From this it was clear that there was significant variation in care offered, both for physical and psychological impact, after their stroke.