**Organise your Know Your Blood Pressure event**

Get started organising your event by following the simple steps below.

**1. Read our event guidelines**

**2. Target your audience**

**3. Arrange your venue and date**

**4. Identify who will take blood pressures**

**5. Register your event**

**6. Order your materials**

**7. Complete your Safety Checklist**

**8. Promote your event**

**9. Prepare for your event**

**10. Run your event**

**11. Return your event forms**