

# Life After Stroke Training

Providing training opportunities to drive up  
stroke care standards



WHAT IF YOU HAD A STROKE?	
TRAP UNABLE TO MOVE HUNGRY, UNCOMFOR- TABLE RESTRICTED FRUSTRATED DEPENDABLE DEPRESSED	MAKE THEM COM- FORTABLE CATER TO THEIR NEEDS REGULAR TURNING ENCOURAGE INDE- PENDENCE PHYSICAL AND EMOTI- ONAL NEEDS BEING RESPONSIBLE
GETTING UP	CHECK ABILITY TO MOBILIZED OR CONDITION IF THIS IS ADVISABLE TO GET UP NOT PLAN WELL
WASHING + DRESSING	PERSONAL SPACES INVADED DEPENDING ON THE AFFECTED SIDE
BED	

# We're for life after stroke



**We provide high quality bespoke training and further education for stroke care. Our accredited courses are recognised as the optimum solution for comprehensive stroke training and have been for the last 20 years.**

Stroke has a massive and sudden impact. As the leading UK wide stroke charity, we understand the needs, challenges and aspirations of people affected by stroke.

Stroke is the biggest cause of severe adult disability in the UK, with 1.1 million people living with the effects of stroke. Half of these are dependent on others for everyday tasks.

We believe it is essential that everyone who works with those affected by stroke give the best quality care and treatment. Our training will equip you with the knowledge, skills and mind-set needed to drive up standards of stroke care.

Our training delivery across the UK is underpinned by the research and knowledge of the Stroke Association. Our specialist stroke trainers work with you to tailor the training solution to fit your needs.

## How you can access our training

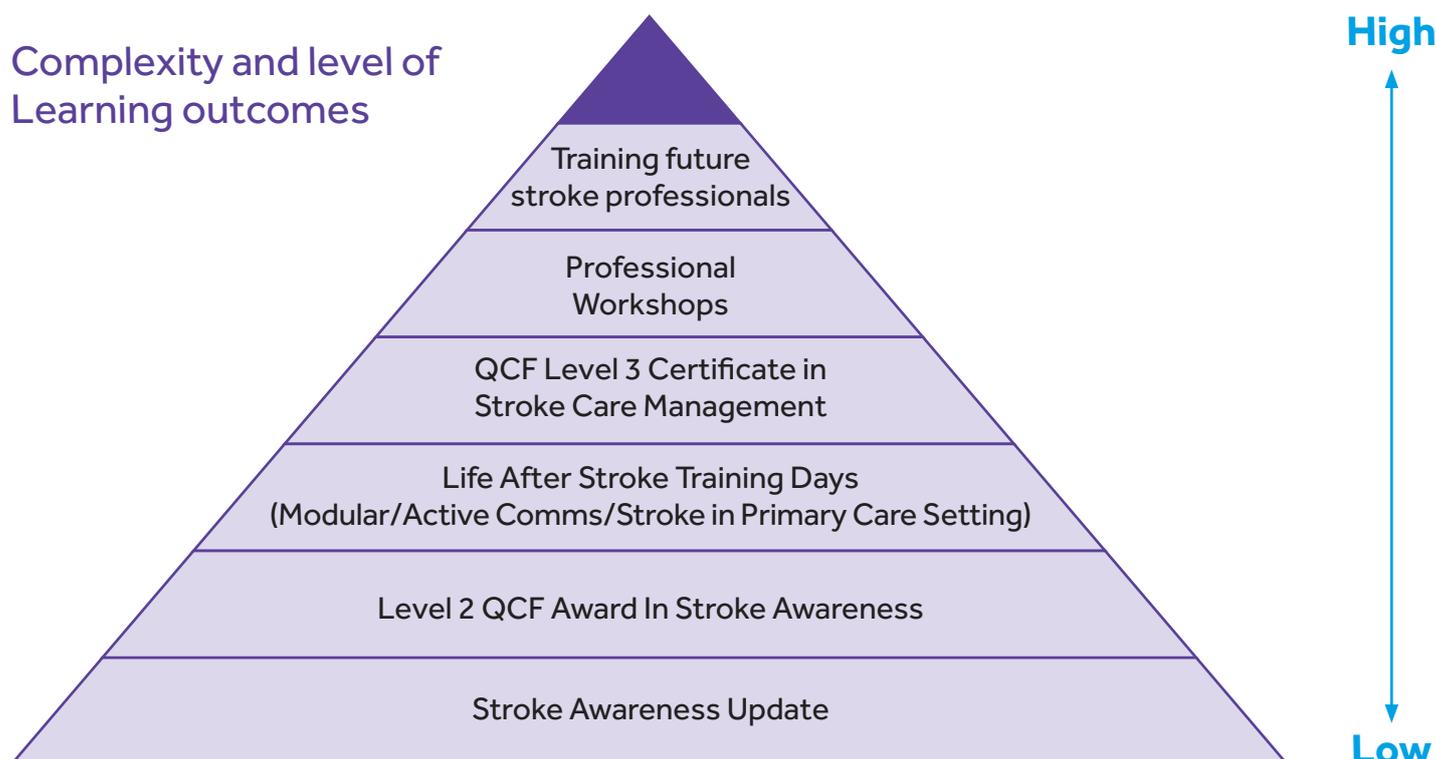
Our courses are available as a in-house training for up to 20 delegates in your workplace. Or can be accessed for individual learners at various locations around the UK.

For more information please visit our website [www.stroke.org.uk/training](http://www.stroke.org.uk/training) or call us on **01527 903911**.

## Quality training

### What we offer

Complexity and level of Learning outcomes



## Training future professionals Level 6&7 (University Workshops)

### Supporting Stroke Survivors: Communication in Clinical Practice

This course provides the opportunity for you to speak with stroke survivors with communication difficulties away from the medical setting. You will learn about the appropriate use of supported conversation techniques and gain confidence supporting stroke survivors with communication difficulties, during this interactive workshop.

### Stroke Management and Care (30 credits at level 6)

We also work with Universities to provide a post registration level qualification to enable professionals working in stroke to understand the issues surrounding stroke and how to be confident in providing a high quality service for stroke survivors in your care.

## Professional Workshops

We provide stroke specific study days for allied health care professionals, social care and medical professionals. These study days will focus on current best practice and latest research within stroke, allowing the professional to develop their knowledge of stroke and translate this into their everyday practice.

## QCF Level 3 Certificate in Stroke Care Management

Our QCF level 3 Certificate in Stroke Care Management is for those who work with stroke survivors or those at risk of stroke in the care setting, whether you are in the residential, community or healthcare environment.

This CQC recognised qualification is comprised of 7 units and is delivered over eight full contact days of teaching and guided distance learning via workbooks. There are also work place assessments that need to be completed as part of this course, which helps you to translate what you have learned in the classroom to your work place.\*

## Life After Stroke Modular Programme

To fully understand the complex nature of stroke we have developed a three day programme of units that cover the stroke pathway. These modules can be flexible and chosen to suit your provision needs.

Day 1 – Stroke Fundamentals and Recovery	Day 2 – Supporting Life After Stroke	Day 3 – Stroke Prevention and Holistic Management
Stroke Fundamentals* ( <b>compulsory</b> )	Stroke care pathway	Stroke prevention
Recovery, relearning and reablement	Vision and sensory impact	Stroke and end of life care
The impact of stroke on swallowing	Physical needs post stroke	Advocacy skills
Supporting communication	Family, carer and relationships	Holistic assessment
Psychological impact of stroke	Cognitive effects of stroke	Goal setting

### Cost -

**£800 for full day training (5 modules) for up to 20 people**, which equates to just £40 per person

**£550 for half day training (3 modules) for up to 20 people**, which equates to just £27.50 per person

## Active Communication

This full day course enables delegates to be able to support communication with people who have communication difficulties.

**Costs - £800 per day for up to 20 people**, which equates to just £40 per person

## Stroke in the primary care setting

This course is aimed to health care professionals who work in a primary care setting. It looks at primary and secondary prevention, emergency response and how you can support stroke as a long term condition.

**Costs - £800 per day for up to 20 people**, which equates to just £40 per person

## QCF Level 2 Award in Stroke Awareness

This qualification provides an introduction to stroke and Acquired Brain Injury. This is delivered as 3 units as a face to face course over 2 full days, including a work place assessment. From November 2014 2 units will be available via eLearning.

This qualification is recognised for funding from the Workforce Development Fund, if your staff are registered on the NMDS-SC in England. Please call us to discuss the price of this training.\*

## Stroke Awareness Lead Training

We can train a stroke awareness lead for your organisation who will be able to cascade their knowledge of stroke and provide an introduction to what a stroke is and how to respond to a stroke or TIA.

**\* The QCF qualifications qualify for funding through the Workforce Development Fund if you are eligible in England.**



## Contact us

For more information or to discuss your training needs, please contact the team:

**Telephone:** 01527 903911

**Email:** [stroketraining@stroke.org.uk](mailto:stroketraining@stroke.org.uk)

**Website:** [stroke.org.uk/training](http://stroke.org.uk/training)

