

Monday 31 st August	Tuesday 1 st September	Wednesday 2 nd September	Thursday 3 rd September	Friday 4 th September
<p>BANK HOLIDAY NO ZOOM SESSIONS!!</p>	<p>11.30am Men in sheds/ houses</p> <p>A chance to get together and banter – women allowed but I think we’d be bored 😊</p>	<p>11.30 am Me and my stroke</p> <p>This is a safe space where people can talk to each other about their stroke, share experiences and tips, and receive peer support from each other</p>	<p>10.30am Communication</p> <p>Drop in with Jo and have a catch up with your friends</p> <p>(This session is temporarily closed to new members)</p>	<p>11.30pm Zoom welcome session</p> <p>A chance for new members to meet each other and find out more about our zoom sessions</p>
	<p>2.00pm Singing</p> <p>Have a good old finale sing song with Karen! Today’s theme is Musicals</p>	<p>2.00pm Logo Game</p> <p>How good do you know your logos? Join us to test your wits!</p>	<p>2.00pm Riddler on the roof</p> <p>Can you get your head around these play on words?</p>	<p>2.00pm Friday Quiz (Swinging 60’s)</p> <p>Join us for our Friday quiz and test your knowledge on the swinging 60’s</p>

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Tel: 07717 275 800 or email lasc@stroke.org.uk

Monday 7 th September	Tuesday 8 th September	Wednesday 9 th September	Thursday 10 th September	Friday 11 th September
<p>1.00pm Genealogy</p> <p>Catch up with Linda, Joyce and John and update them on your progress and ask any questions to help you on your way</p>	<p>11.30am Men in sheds/ houses</p> <p>A chance to get together and banter – women allowed but I think we'd be bored 😊</p>	<p>11.30 am Me and my stroke</p> <p>This is a safe space where people can talk to each other about their stroke, share experiences and tips, and receive peer support from each other</p>	<p>10.30am Communication</p> <p>Drop in with Jo and have a catch up with your friends</p> <p>(This session is temporarily closed to new members)</p>	<p>11.30pm Zoom welcome session</p> <p>A chance for new members to meet each other and find out more about our zoom sessions</p>
<p>2.00pm Name that tune</p> <p>Test your music knowledge and listening skills. Have some fun doing it too!</p>	<p>2.00pm Name, place, animal, thing</p> <p>Pick a letter and name one thing from each topic beginning with that letter. It might sound easier than it is!!</p>	<p>2.00pm Fill in the gaps</p> <p>Join us for some interactive fun. How well do you know your quotes, can you fill in the missing words???</p>	<p>2.00pm Singing</p> <p>Have a good old sing song! Today's theme is ABBA</p>	<p>2.00pm Friday Quiz (General knowledge)</p> <p>Join us for our Friday quiz and test your general knowledge</p>

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Monday 14 th September	Tuesday 15 th September	Wednesday 16 th September	Thursday 17 th September	Friday 18 th September
<p>1.00pm Genealogy</p> <p>Catch up with Linda, Joyce and John and update them on your progress and ask any questions to help you on your way</p>	<p>11.30am Men in sheds/ houses</p> <p>A chance to get together and banter – women allowed but I think we'd be bored 😊</p>	<p>11.30 am Me and my stroke</p> <p>This is a safe space where people can talk to each other about their stroke, share experiences and tips, and receive peer support from each other</p>	<p>10.30am Communication</p> <p>Drop in with Jo and have a catch up with your friends</p>	<p>11.30pm Zoom welcome session</p> <p>A chance for new members to meet each other and find out more about our zoom sessions</p>
<p>2.00pm Share your thoughts</p> <p>Bring your favourite mug/ cup/ glass to the session and share your thoughts</p>	<p>2.00pm Singing</p> <p>Have a good old sing song! Today's theme is Swinging 60's</p>	<p>2.00pm Memory test</p> <p>Can you remember the items we show you??? Let's put it to the test</p>	<p>2.00pm Like and dislike (Music)</p> <p>How well do you know your friends? Can you tell their likes from dislikes?</p>	<p>2.00pm Friday Quiz (Anything goes)</p> <p>Join us for our Friday quiz and test your knowledge. It could be about absolutely anything</p>

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Monday 21 st September	Tuesday 22 nd September	Wednesday 23 rd September	Thursday 24 th September	Friday 25 th September
<p>1.00pm Genealogy</p> <p>Catch up with Linda, Joyce and John, update them on your progress and ask any questions to help you on your way</p>	<p>11.30am Men in sheds/ houses</p> <p>A chance to get together and banter – women allowed but I think we'd be bored 😊</p>	<p>11.30 am Me and my stroke</p> <p>This is a safe space where people can talk to each other about their stroke, share experiences and tips, and receive peer support from each other</p>	<p>10.30am Communication</p> <p>Drop in with Jo and have a catch up with your friends</p>	<p>11.30pm Zoom welcome session</p> <p>A chance for new members to meet each other and find out more about our zoom sessions</p>
<p>2.00pm Voices</p> <p>Can you recognise which voice belongs to which famous person?</p>	<p>2.00pm Singing</p> <p>Have a good old sing song! Today's theme is The Beatles</p>	<p>2.00pm Guess who's garden, plants and flowers</p> <p>Time to share your gardens, plants or flowers with the group. Can you guess which belongs to who?</p>	<p>2.00pm 1 truth 1 lie and a crazy fact</p> <p>Can you work out the truth from the lies??? Who knows, but I'm sure we'll have fun trying</p>	<p>2.00pm Friday Quiz (TV and film)</p> <p>Join us for our Friday quiz and test your TV and film knowledge</p>

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Monday 28 th September	Tuesday 29 th September	Wednesday 30 th September	Thursday 1 st October	Friday 2 nd October
<p>1.00pm Genealogy</p> <p>Catch up with Linda, Joyce and John, update them on your progress and ask any questions to help you on your way</p>	<p>11.30am Men in sheds/ houses</p> <p>A chance to get together and banter – women allowed but I think we'd be bored 😊</p>	<p>11.30am Drop in session</p> <p>Drop in and speak to the team about any concerns. or use the time to give us your feedback about previous and upcoming zoom sessions</p>	<p>10.30am Communication</p> <p>Drop in with Jo and have a catch up with your friends</p> <p>(This session is temporarily closed to new members)</p>	<p>11.30pm Zoom welcome session</p> <p>A chance for new members to meet each other and find out more about our zoom sessions</p>
<p>2.00pm Finish the song</p> <p>Can you finish the sentence to the chorus of song?</p>	<p>2.00pm Give us a clue (All about music)</p> <p>We'll give you three clues, you guess the answer</p>	<p>2.00pm Charades</p> <p>How good are your acting and miming skills? Let's put it to the test and have some fun whilst we try</p>	<p>2.00pm Singing</p> <p>Have a good old sing song! Today's theme is Rock n roll</p>	<p>2.00pm Friday Quiz (Music)</p> <p>Join us for our Friday quiz and test your Music knowledge</p>

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