# 7th Northern Ireland Stroke Conference
## Tuesday 12 June 2018

### Preliminary Programme as of 21.05.18

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Activity</th>
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<tr>
<td>08:00 – 09:00</td>
<td>Grand Ballroom Lobby and Pre-Function Lounge</td>
<td>Registration, Exhibition and Refreshments</td>
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**Conference Chairs:** Dr Patricia Gordon *(Consultant Physician, Belfast Health and Social Care Trust)* and Nicola Moran *(NIMAST Chair & Clinical Physiotherapy Specialist in Stroke, Belfast Health and Social Care Trust)*

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>09:00 – 10:30</td>
<td>Grand Ballroom Section 3</td>
<td>Plenary 1</td>
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<td><strong>Advancing the stroke care pathway</strong></td>
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<td><strong>Chair:</strong> Dr Patricia Gordon <em>(Consultant Physician, Belfast Health and Social Care Trust)</em> Nicola Moran <em>(NIMAST Chair &amp; Clinical Physiotherapy Specialist in Stroke, Belfast Health and Social Care Trust)</em></td>
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<tr>
<td>09:00 – 09:10</td>
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<td>Welcome and introductions</td>
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<td>09:10 – 09:25</td>
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<td>The future of stroke services in NI</td>
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<td>Richard Pengelly <em>(Permanent Secretary of the Department of Health and Chair of the Transformation Implementation Group)</em></td>
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<td>09:25 – 09:45</td>
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<td>Reshaping stroke services</td>
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<td>Emer Hopkins <em>(Co-ordinator Northern Ireland Stroke Network)</em></td>
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<td>09:45 – 10:15</td>
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<td>Journey Times: the stroke survivor experience</td>
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<td>Stroke Survivors Paul McLean and Kim Colhoun will share their experiences of stroke and their recovery. This includes them travelling a longer distance beyond their local area for acute treatment and their transition from one hospital to another</td>
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<td>10:15 – 10:30</td>
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<td>Question and answers</td>
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<td>10:30 – 11:15</td>
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<td>Exhibition, Posters and Refreshments</td>
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<tr>
<td>11:15 – 12:30</td>
<td>Grand Ballroom Section 3</td>
<td>Parallel 1A</td>
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<td><strong>Food for thought</strong></td>
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<td><strong>Chair:</strong> Carolee McLoughlin <em>(Clinical lead SLT, Belfast Health and Social Care Trust)</em></td>
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11:15 – 11:20 Welcome and introductions

11:20 – 11:40 Yes or no? Assessing decision making and mental capacity in adults with communication difficulties
Anna Volkmer (Speech and Language Therapist / NIHR Doctoral Research Fellow)

11:40 – 12:00 Dysphagia, nutrition and hydration bundle – supporting decision making
Amy Holehouse (Dietitian, University of Chester)

12:00 – 12:20 Stroke associated pneumonia and dysphagia
Dr Lucy Bolger (Medical Intern)

12:20 – 12:30 Question and Answers

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11:15 – 12:30 Parallel 1B
Grand Ballroom
Section 1

Welcome and introductions

11:15 – 11:20 Vestibular symptoms - differentiating central versus peripheral causes
Dr Douglas Duffy (Physiotherapist Royal Victoria Eye and Ear Hospital and The Balance Centre)

11:20 – 11:40 Functional neurological disorders mimicking stroke
Dr Ingrid Hoeritzauer (ABN / Patrick Berthoud Charitable Trust CRTF)

11:40 – 12:00 The Clinical Features of Migraine
Dr Raeburn Forbes (Consultant Neurologist, Craigavon Area Hospital, Southern Health and Social Care Trust)

12:00 – 12:20 Question and answers

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11:15 – 12:30 Parallel 1C
Second Floor
Birch

Welcome and introductions

11:15 – 11:35 Fatigue: is there anything clinicians can do?
Professor Avril Drummond (Occupational Therapist and Professor of Healthcare Research, University of Nottingham)

11:35 – 11:55 Driving after stroke
Professor Nadina Lincoln (Professor of Clinical Psychology, University of Nottingham)
Long-term neuropsychological and psychological sequelae of subarachnoid haemorrhage (SAH)
Dr Colin Wilson (Consultant Clinical Neuropsychologist RABlU, Belfast HSC Trust)

Closing the gap on meeting the emotional wellbeing needs of stroke survivors & carers - Liverpool service model
Kate Charles (Head of Stroke Support, North West, Life After Stroke Services, Stroke Association)

Question and answers

12:30 – 13:30 Lunch, Exhibition and Poster Viewing

12:40 – 13:20 Lunchtime robust research workshop
Chair: Dr Liz Laird (Lecturer of Nursing, Ulster University)
It is important that research projects are designed to be as robust as possible within timeframe and funding restraints. Hallmarks of robust research include PPI (public and professional involvement in planning the research), the fitness of methods to address the research question, attention to sample size, attention to elimination/reduction of bias, adherence to research ethics governance, diligence in data analysis, cautious interpretation, and transparent reporting. We will learn practical tips on planning and undertaking robust stroke research from a range of researchers.

Working up a research proposal re: mirror therapy for stroke
Dr Alison Porter-Armstrong (Senior Lecturer in Rehabilitation Sciences in School of Health Sciences at Ulster University)

Challenges of technology research in stroke rehabilitation
Professor Suzanne McDonough (Professor of Health and Rehabilitation in School of Health Sciences at Ulster University) and Dr Darryl Charles (Senior Lecturer in School of Computing at Ulster University)

The CONVINCE trial
Professor Peter Kelly (Consultant Stroke Neurologist and Director of the Stroke Service at the Mater University Hospital, Dublin)

Question and answers

13:30 – 15:00 Parallel 2A
High scoring abstracts
Chair: Professor Peter Kelly (Consultant Stroke Neurologist and Director of the Stroke Service at the Mater University Hospital)

Outcomes of cognitive impairment post-stroke: A five-year follow-up of the ASPIRE-S cohort
Daniela Rohde (PhD student, Royal College of Surgeons in Ireland)
A streamlined approach to atrial fibrillation screening – partnership between the cardiac rhythm management team and department of stroke medicine
John Dowds (Chief Cardiac Physiologist, Belfast Health & Social Care Trust) and John Britton (Senior Cardiac Physiologist, Belfast Health & Social Care Trust)

An adapted home-based cardiac rehabilitation programme for TIA and ‘minor’ stroke patients? SPRITE - A pilot study
Dr Neil Heron (NIHR PhD Clinical Fellow in GP and Sport and Exercise Medicine)

Evaluating a stroke prevention review in 12,392 patients with atrial fibrillation across GP surgeries in Northern Ireland
Anne O’Brien (Clinical Pharmacist)

Enhanced Stroke Early Supported Discharge Team improves patient experience, reduces length of stay in Acute Hospital Trust and reduces dependence on social care packages
Alice Podmore (Stroke Therapy Manager/ Advanced Occupational Therapist)

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13:30 – 15:00  Parallel 2B
Grand Ballroom
Section 1

Welcome and introductions

Re-thinking falls-risk after stroke
Dr Mary Walsh (Postdoctoral Research Fellow and Honorary Lecturer in Physiotherapy, Royal College of Surgeons in Ireland)

Spasticity management
Dr Sheena Caldwell (Consultant in Rehabilitation Medicine, Regional Acquired Brain Injury Unit, Belfast Health & Social Care Trust)

An integrated therapeutic approach to intensive upper limb rehabilitation
Fran Brander (Consultant Physiotherapist, National Hospital for Neurology & Neurosurgery) and Kate Kelly (Consultant Occupational Therapist, National Hospital for Neurology and Neurosurgery)

Question and answers

13:30 – 15:00  Parallel 2C
Second Floor
Birch

Welcome and Introductions

Stroke response – upping the game
Dr Nigel Ruddell *(Interim Medical Director, Northern Ireland Ambulance Service)*

13:55 – 14:25 **Implementing and sustaining centralised hyperacute stroke systems**
Dr Angus Ramsay *(Senior Research Associate, UCL)*

14:20 – 14:40 **Practicalities and overcoming challenges in delivering hyperacute stroke care**
Maria Kinnaird *(Department of Stroke Medicine, Belfast Health & Social Care Trust)*

14:45 – 15:00 **Questions and answers**

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CaptureStroke

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**15:00 – 15:30** **Exhibition, Posters and Refreshments**

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**15:30 – 17:00** **Grand Ballroom**

**Section 3**

**Plenary 2**
**FAST, SSNAP and recruit**

**Chairs:** Dr Patricia Gordon *(Consultant Physician, Belfast Health and Social Care Trust)* and Nicola Moran *(NIMAST Chair, Clinical Physiotherapy Specialist in Stroke, Belfast Health and Social Care Trust)*

15:30 – 15:40 **Welcome and Introductions**

15:40 – 16:10 **SSNAP data**
Gillian Cluckie *(Stroke Nurse Consultant Neurology, St George’s University Hospitals NHS Foundation Trust)*

16:10 – 16:30 **Pre-hospital assessment: faster than FAST?**
Dr Chris Price *(Clinical Reader in Stroke Medicine, Newcastle University)*

16:30 – 16:50 **NI stroke clinical research / incorporating research into everyday practice**
Dr Michael Power *(Ulster hospital, Southern Eastern Health and Social Care Trust)*

16:50 – 17:00 **Prize Giving, Close and Final Remarks**

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**17:00** **Conference Ends**

**17:00 - 18:00** **NIMAST AGM**