

Nursing and Rehabilitation Workshops Schedule - Tuesday 28 November 2017

	Room 4 (60 cabaret)	Room 12 (60 cabaret)	Room 11 B+C (80 cabaret)	Room 3A (80 cabaret)	Room 1B (240 theatre)
Slot 1 12:30 – 13:25	<p>Re-thinking falls risk and management after stroke</p> <p>Chair: Professor Pip Logan (<i>Professor of Rehabilitation Research, College of Occupational Therapists Specialist Section Neurological Practice</i>)</p> <p>Speakers</p> <p>Dr Mary Walsh (<i>Physiotherapist and Researcher, School of Physiotherapy, Royal College of Surgeons in Ireland, Dublin</i>)</p> <p>Assistant Professor Kate Robertson (<i>Occupational Therapist, University of Nottingham</i>)</p> <p>Session Overview</p> <p>The current evidence for methods of falls-prediction and prevention will be presented. Results from qualitative research around stroke survivors own experiences of living with falls-risk will also be described. Participants of this workshop will be challenged to reflect and discuss their understanding of falls-risk specifically in relation to stroke survivors living in the community. Problem-solving through different clinical scenarios will be facilitated. Participants will be encouraged to share their experience and knowledge of specific management strategies and to consider how they would work in practice.</p>	<p>Relationship changes after stroke: psychological tips for the whole team</p> <p>Chair: Dr Shirley Thomas (<i>Associate Professor in Rehabilitation Psychology, University of Nottingham</i>)</p> <p>Speakers</p> <p>Dr Posy Knights (<i>Lead Clinical Psychologist for Stroke, Nottinghamshire Healthcare NHS Foundation Trust</i>)</p> <p>Dr Tabatha Kon (<i>Senior Clinical Psychologist, South West Yorkshire Partnership Foundation NHS Trust</i>)</p> <p>Session Overview</p> <p>It is easy for close relationships to deteriorate in the months following a stroke. This workshop draws upon both research in this area and couple's therapy to provide small interventions, questions that can be slipped into everyday conversations with patients, partners and carers that may help couples keep their relationships on track. Learn about relationship dynamics and how key communications can help to keep relationships strong through the challenges of a major unplanned life event.</p>	<p>Oral care: tailoring individual care needs</p> <p>Chair: Professor Sue Pownall (<i>Head of Speech and Language Therapy & Clinical Lead in Dysphagia, Sheffield Teaching Hospitals NHS Foundation Trust</i>)</p> <p>Speaker</p> <p>Dr Heather Gray (<i>Senior Lecturer, Glasgow Caledonian University</i>)</p> <p>Session Overview</p> <p>TBC</p>	<p>Upper limb rehabilitation</p> <p>Chair: Professor Jane Burridge (<i>President of ACPIN, Professor of Restorative Neuroscience, University of Southampton</i>)</p> <p>Speaker</p> <p>Dr Nick Ward (<i>Reader in Clinical Neurology & Honorary Consultant Neurologist, Sobell Department of Motor Neuroscience UCL Institute of Neurology and National Hospital for Neurology and Neurosurgery</i>)</p> <p>Session Overview</p> <p>TBC</p>	<p>12:40 – 14:30</p> <p>DEBATE Session: This house believes that therapy doesn't make any difference to patient outcomes!</p> <p>Chair: Professor Audrey Bowen (<i>Stroke Association /John Marshall Memorial Professor of Neuropsychological Rehabilitation, University of Manchester</i>)</p> <p>Speakers</p> <p>Dr Andrew Bateman (<i>Director of Research at The Oliver Zangwill Centre for Neuropsychological Rehabilitation, University of Cambridge</i>)</p> <p>Professor John Krakauer (<i>Professor of Neurology, Neuroscience, and Physical Medicine & Rehabilitation, John Hopkins University</i>)</p> <p>VS</p> <p>Professor Avril Drummond (<i>Outgoing Chair of UK Stroke Forum; Occupational Therapist and Professor of Healthcare Research, University of Nottingham</i>)</p> <p>Professor Sarah Tyson (<i>Professor of Rehabilitation in the Stroke Research Centre and School of Nursing at the University of Manchester</i>)</p> <p>Session Overview</p> <p>Intensive therapy (at least 3 hours a day) has been suggested as being needed in order to have any chance of making a difference to patient outcomes after stroke. However, there is much debate about how to interpret current evidence. In fact some would suggest that not only is the required level of intensity not achievable, but that even if achieved, that it would not make any difference to patient's outcomes. Two teams of researchers will present arguments for and against the motion.</p>
10 minute changeover					
Slot 2 13:35 – 14.30	Repeat of above workshops				

Refreshment Break: 14:30 – 15:00

Slot 3 15:00 – 15:55	<p>How can we promote plasticity after stroke? Motor and sensory adjuncts to therapy</p> <p>Chair: Dr Ulrike Hammerbeck (<i>Research Physiotherapist, University of Manchester</i>)</p> <p>Speakers</p> <p>Professor Frederike Van Wijck (<i>Professor in Neurological Rehabilitation, Glasgow Caledonian University</i>)</p> <p>Dr David Punt (<i>Senior Lecturer, School of Sport, Exercise and Rehabilitation Sciences, University of Birmingham</i>)</p> <p>Session Overview Neuroplasticity is the brain's ability to change. Rehabilitation aims to capitalise on this plasticity to achieve the best possible recovery, i.e. by using an array of motor and sensory adjuncts to therapy. The aim of this workshop is to summarise the evidence for these priming techniques and promote discussion of how they may be integrated into clinical practice to optimise therapy outcomes.</p>	<p>Using apps and websites to rehabilitate post stroke visual impairments</p> <p>Chair: TBC</p> <p>Speaker</p> <p>Alexander Green (<i>Stroke Specialist orthoptist, Wales</i>)</p> <p>Session Overview Overview of the applications and websites which are available to provide therapy and information resources for patients, families, carers and professionals in the area of post stroke visual impairment.</p>	<p>Recognising stroke and stroke mimics</p> <p>Chair: Dr Christopher Price (<i>Clinical Reader in Stroke Medicine, Newcastle University</i>)</p> <p>Speakers</p> <p>Is it a stroke? Identification scores in practice Dr Matthew Rudd (<i>ST7 Stroke Medicine/ Geriatric Medicine / GIM, Health Education North East / Northumbria Healthcare NHS FT</i>)</p> <p>But is it a mimic? Graham McClelland (<i>Research Paramedic, North East Ambulance Service, Newcastle University</i>)</p> <p>Interactive case presentations Dr Louise Southern (<i>Stroke Fellow, Northumbria NHS Trust</i>)</p> <p>Session Overview Stroke identification is challenging and there are a number of symptom checklists to help identify the commonest presentations. This session will present an overview of the pros and cons of different approaches to early stroke identification, and consider additional information which will specifically aid identification of stroke mimic conditions. There will be interactive case presentations to illustrate learning</p>	<p>'I never felt this tired before' Fatigue- is there anything clinicians can do?</p> <p>Chair: Professor Maree Hackett (<i>Professor of Epidemiology, UCLAN, Acting Director, Neurological & Mental Health Division, The George Institute for Global Health, UNSW</i>)</p> <p>Speakers</p> <p>Professor Avril Drummond (<i>Outgoing Chair of UK Stroke Forum; Occupational Therapist and Professor of Healthcare Research, University of Nottingham</i>)</p> <p>Louise Hawkins (<i>Faculty of Medicine and Health Sciences, University of Nottingham</i>)</p> <p>Session Overview Fatigue is common after stroke. However despite a wealth of publications and research on the topic, there are relatively few clinical recommendations for treatment and management. The aim of this session is to explore possible coping strategies and to provide practical guidance for clinicians.</p>	15:10 – 17:00	<p>Unilateral spatial neglect: a practical workshop on standardised functional assessment and prism adaptation training</p> <p>Chair: Dr Charlie Chung (<i>Occupational Therapist, NHS Fife</i>)</p> <p>Speakers</p> <p>Dr Peii Chen (<i>Research Scientist, Kessler Foundation, United States of America</i>)</p> <p>Dr Kimberley Hreha (<i>(Post-Doctoral Fellow, University of Washington, United States of America)</i>)</p> <p>Session Overview Spatial neglect commonly occurs after stroke. It is the failure or slowness to attend, orient, and/or make movements towards stimuli in the contra-lesional side of space. Prism adaptation treatment is one of the most promising interventions. We will highlight spatial neglect's clinical impact, demonstrate prism adaptation, and discuss our ongoing efforts in clinical implementation. In addition, we will introduce the KF-NAP, a standardized method using the Catherine Bergego Scale assessing neglect symptoms during daily activities.</p>
10 minute changeover						
Slot 4 16:05 – 17:00	Repeat of above workshops					

(Pre booking is NOT required for these workshops; these will be allocated on a first come, first served basis)