

Nursing and Rehabilitation Workshops Schedule - Tuesday 28 November 2017

	Room 4	Room 12	Room 11 B+C	Room 3A	Room 1B
Slot 1 12:30 – 13:25	<p style="text-align: center;">Re-thinking falls risk and management after stroke</p> <p>Chair: Professor Pip Logan (<i>Professor of Rehabilitation Research, College of Occupational Therapists Specialist Section Neurological Practice</i>)</p> <p>Speakers</p> <p>Dr Mary Walsh (<i>Physiotherapist and Researcher, School of Physiotherapy, Royal College of Surgeons in Ireland, Dublin</i>)</p> <p>Assistant Professor Kate Robertson (<i>Occupational Therapist, University of Nottingham</i>)</p> <p>Session Overview The current evidence for methods of falls-prediction and prevention will be presented. Results from qualitative research around stroke survivors own experiences of living with falls-risk will also be described. Participants of this workshop will be challenged to reflect and discuss their understanding of falls-risk specifically in relation to stroke survivors living in the community. Problem-solving through different clinical scenarios will be facilitated. Participants will be encouraged to share their experience and knowledge of specific management strategies and to consider how they would work in practice.</p>	<p style="text-align: center;">Relationship changes after stroke: psychological tips for the whole team</p> <p>Chair: Dr Shirley Thomas (<i>Associate Professor in Rehabilitation Psychology, University of Nottingham</i>)</p> <p>Speakers</p> <p>Dr Posy Knights (<i>Lead Clinical Psychologist for Stroke, Nottinghamshire Healthcare NHS Foundation Trust</i>)</p> <p>Dr Tabatha Kon (<i>Senior Clinical Psychologist, South West Yorkshire Partnership Foundation NHS Trust</i>)</p> <p>Session Overview It is easy for close relationships to deteriorate in the months following a stroke. This workshop draws upon both research in this area and couple's therapy to provide small interventions, questions that can be slipped into everyday conversations with patients, partners and carers that may help couples keep their relationships on track. Learn about relationship dynamics and how key communications can help to keep relationships strong through the challenges of a major unplanned life event.</p>	<p style="text-align: center;">Oral care: tailoring individual care needs</p> <p>Chair: Clare Gordon (<i>NIHR Clinical Academic Fellow, Royal Bournemouth Hospital</i>)</p> <p>Speaker</p> <p>Dr Heather Gray (<i>Senior Lecturer, Glasgow Caledonian University</i>)</p> <p>Session Overview The World Health Organisation (2006) highlights that oral health is an essential element of general health and emphasises that trained non-dental healthcare professionals play an important role in oral healthcare. This workshop will take nursing and rehabilitation professionals through a comprehensive, evidence informed oral health care assessment and protocol that can be tailored for individual patients' requirements whether in hospital or community based settings. The assessment and protocol were developed for use in the Stroke Oral healthCare pLan Evaluation (SOCLE): phase II stepped-wedge cluster randomised controlled trial.</p>	<p style="text-align: center;">Upper Limb Neurorehabilitation</p> <p>Chair: Michelle Price (<i>Consultant Therapist for Stroke and Neurorehabilitation, Powys Teaching Health Board</i>)</p> <p>Speakers</p> <p>Professor Nick Ward (<i>Professor of Clinical Neurology & Honorary Consultant Neurologist, Sobell Department of Motor Neuroscience UCL Institute of Neurology and National Hospital for Neurology and Neurosurgery</i>)</p> <p>Kate Kelly (<i>Consultant Occupational Therapist, National Hospital for Neurology & Neurosurgery</i>)</p> <p>Fran Brander (<i>Consultant Physiotherapist, National Hospital for Neurology & Neurosurgery</i>)</p> <p>Session Overview Management of the upper limb after stroke can be complex. Evidence is emerging that high intensity, high dose therapy, whilst avoiding complications, can have a clinically meaningful impact on the post-stroke upper limb. Here, we will explore the key factors important for delivering a step change in the recovery profiles of people suffering from stroke, and describe how we have begun to implement this in the Queen Square Upper Limb Neurorehabilitation Programme.</p>	<p style="text-align: center;">12:40 – 14:30</p> <p style="text-align: center;">This house believes that machines have NO part to play in therapy</p> <p>Chair: Professor Avril Drummond (<i>Outgoing Chair of UK Stroke Forum; Occupational Therapist and Professor of Healthcare Research, University of Nottingham</i>)</p> <p>Speakers</p> <p>Professor Jane Burridge (<i>President of ACPIN, Professor of Restorative Neuroscience, University of Southampton</i>)</p> <p>Dr Rebecca Palmer (<i>Senior Lecturer, University of Sheffield</i>)</p> <p style="text-align: center;">VS</p> <p>Dr Louise Connell (<i>Reader in Rehabilitation, University of Central Lancashire</i>)</p> <p>Professor Fiona Jones (<i>Professor of Rehabilitation, St George's University of London and Kingston University</i>)</p> <p>Session Overview Whilst we are all convinced that a key component of rehabilitation post-stroke requires therapy supported repetitive functional task practice, it is clear that in times of austerity and cuts that alternative approaches to providing therapy are required. Some people believe that robotics and other technologies may provide cost-effective solutions and so reduce the number of therapists required to deliver stroke rehabilitation. This house believes that machines have no part to play in the provision of therapy, and insist that therapy should be provided by, or at least supported by, therapists.</p>
10 minute changeover					

Slot 2 13:35 – 14.30	Repeat of above workshops				
Refreshment Break: 14:30 – 15:00					
Slot 3 15:00 – 15:55	<p style="text-align: center;">How can we promote plasticity after stroke? Motor and sensory adjuncts to therapy</p> <p>Chair: Dr Ulrike Hammerbeck (<i>Research Physiotherapist, University of Manchester</i>)</p> <p>Speakers</p> <p>Professor Frederike Van Wijck (<i>Professor in Neurological Rehabilitation, Glasgow Caledonian University</i>)</p> <p>Dr David Punt (<i>Senior Lecturer, School of Sport, Exercise and Rehabilitation Sciences, University of Birmingham</i>)</p> <p>Session Overview Neuroplasticity is the brain's ability to change. Rehabilitation aims to capitalise on this plasticity to achieve the best possible recovery, i.e. by using an array of motor and sensory adjuncts to therapy. The aim of this workshop is to summarise the evidence for these priming techniques and promote discussion of how they may be integrated into clinical practice to optimise therapy outcomes.</p>	<p style="text-align: center;">Using apps and websites to rehabilitate post stroke visual impairments</p> <p>Chair: Lauren Hepworth (<i>Research Orthoptist, University of Liverpool</i>)</p> <p>Speaker</p> <p>Alexander Green (<i>Orthoptist in Stroke Care, Betsi Cadwaladr University Health Board</i>)</p> <p>Session Overview Overview of the applications and websites which are available to provide therapy and information resources for patients, families, carers and professionals in the area of post stroke visual impairment.</p>	<p style="text-align: center;">Recognising stroke and stroke mimics</p> <p>Chair: Dr Christopher Price (<i>Clinical Reader in Stroke Medicine, Newcastle University</i>)</p> <p>Speakers</p> <p>Is it a stroke? Identification scores in practice Dr Matthew Rudd (<i>ST7 Stroke Medicine/ Geriatric Medicine / GIM, Health Education North East / Northumbria Healthcare NHS FT</i>)</p> <p>But is it a mimic? Graham McClelland (<i>Research Paramedic, North East Ambulance Service, Newcastle University</i>)</p> <p>Interactive case presentations Dr Louise Southern (<i>Stroke Fellow, Northumbria NHS Trust</i>)</p> <p>Session Overview Stroke identification is challenging and there are a number of symptom checklists to help identify the commonest presentations. This session will present an overview of the pros and cons of different approaches to early stroke identification, and consider additional information which will specifically aid identification of stroke mimic conditions. There will be interactive case presentations to illustrate learning.</p>	<p style="text-align: center;">'I never felt this tired before' Fatigue- is there anything clinicians can do?</p> <p>Chair: Professor Maree Hackett (<i>Professor of Epidemiology, UCLAN and The George Institute for Global Health, UNSW</i>)</p> <p>Speaker</p> <p>Professor Avril Drummond (<i>Outgoing Chair of UK Stroke Forum; Occupational Therapist and Professor of Healthcare Research, University of Nottingham</i>)</p> <p>Session Overview Fatigue is common after stroke. However despite a wealth of publications and research on the topic, there are relatively few clinical recommendations for treatment and management. The aim of this session is to explore possible coping strategies and to provide practical guidance for clinicians.</p>	<p style="text-align: center;">15:10 – 17:00</p> <p style="text-align: center;">Unilateral spatial neglect: a practical workshop on standardised functional assessment and prism adaptation training</p> <p>Chair: Dr Charlie Chung (<i>Occupational Therapist, NHS Fife</i>)</p> <p>Speakers</p> <p>Dr Peii Chen (<i>Research Scientist, Kessler Foundation, United States of America</i>)</p> <p>Dr Kimberley Hreha (<i>Post-Doctoral Fellow, University of Washington, United States of America</i>)</p> <p>Session Overview Spatial neglect commonly occurs after stroke. It is the failure or slowness to attend, orient, and/or make movements towards stimuli in the contra-lesional side of space. Prism adaptation treatment is one of the most promising interventions. We will highlight spatial neglect's clinical impact, demonstrate prism adaptation, and discuss our ongoing efforts in clinical implementation. In addition, we will introduce the KF-NAP, a standardized method using the Catherine Bergego Scale assessing neglect symptoms during daily activities.</p>
10 minute changeover					
Slot 4 16:05 – 17:00	Repeat of above workshops				

(Pre booking is NOT required for these workshops; these will be allocated on a first come, first served basis)