

13th UK Stroke Forum Conference

Tuesday 4 – Thursday 6 December 2018
The International Centre, Telford

Preliminary Programme as of 02.11.18

(The UKSF reserves the right to amend speakers and content within this preliminary programme)

Training Day – Tuesday 4 December

10:00 – 17:00 **Registration open**
Refreshments served from 10:00 in the Exhibition Hall – Hall 1

10:00 – 18:00 **Lunch served at 11:30-12:30 in the Exhibition Hall – Hall 1**

Exhibition open

10:00 – 12:15 **National Stroke CLAHRC Meeting (*invitation only*)**
Ludlow 1
Chair: Dr Rebecca Fisher (*Stroke Association Senior Lecturer, University of Nottingham*)

11:00 – 11:45 **PRECIOUS Trial Meeting**
Coalport
Chair: Dr H. Reinink (*Sponsor's PRECIOUS Trial Coordinator, University Medical Center Utrecht*)

11:00 – 12:00 **National Stroke Nursing Forum AGM**
Newport
Chair: Dr Liz Lightbody (*Chair of National Stroke Nursing Forum, Reader in Health Services Research, University of Central Lancashire*)

Training Stream 1

12:30 – 14:30 **British Association of Stroke Physicians Training (Part 1)**
Ironbridge Suite
Chairs: Dr Declan O'Kane (*BASP Education and Training Committee Chair, Stroke Physician, Brighton*)
Professor Thompson Robinson (*President of British Association of Stroke Physicians, Head of Department of Cardiovascular Sciences and Professor of Stroke Medicine, University of Leicester*)
Dr Iain McGurgan (*Neurology Trainee, University of Oxford*)

12:30 – 12:35 **Welcome and Introductions**

12:35 – 13:35 **Interesting cases with expert panel discussion**
Dr Mingzhan Lim (*Stroke HST, Brighton and Sussex University Hospital Trust*)
Dr Karen Adams (*Stroke Specialty Doctor, Royal Victoria Hospital, Belfast*)
Dr Iain McGurgan (*Neurology Trainee, University of Oxford*)

13:35 – 14:30 **Evidence-based update (2018) for stroke physicians**
Review of Important Stroke Trials 2018
Dr Ajay Bhalla (*Stroke Physician, Guy's and St Thomas' NHS Foundation Trust*)

14:30 – 15:00

EXHIBITION & REFRESHMENTS – Hall 1

15:00 – 17:00

Ironbridge Suite

British Association of Stroke Physicians Training (Part 2)

Chairs: Dr Declan O’Kane (*BASP Education and Training Committee Chair, Stroke Physician, Brighton*)

Professor Thompson Robinson (*President of British Association of Stroke Physicians, Head of Department of Cardiovascular Sciences and Professor of Stroke Medicine, University of Leicester*)

Dr Iain McGurgan (*Neurology Trainee, University of Oxford*)

15:00 – 15:05

Welcome and Introductions

15:05 – 15:35

Invited Lecture: The Dublin Thrombectomy Model

Dr Barry Moynihan (*Consultant Stroke Physician, Beaumont Hospital, Dublin*)

15:35 – 16:10

Invited lecture: Cerebral Venous Thrombosis and Venous Stroke: Diagnosis and treatment decisions

Dr Martin Punter (*Consultant Neurologist, Salford Royal NHS Foundation Trust*)

16:10 – 16:45

BASP 20th Anniversary Lecture

Professor Thompson Robinson (*President of British Association of Stroke Physicians, Head of Department of Cardiovascular Sciences and Professor of Stroke Medicine, University of Leicester*)

16:45 – 17:00

Question and Answers

Training Stream 2

12:30 – 17:00

Wenlock Suite

Stroke Research Training Stream (Part 1 and Part 2) – Pre Booking Required

Chair: Dr Kate Holmes (*Assistant Director of Research, Stroke Association*)

Aims

The Stroke Research Training Day is an excellent networking event and development opportunity. It is aimed at those who want to get involved in research for the first time as well as those who have already started in a research career.

Researchers at all career levels are welcome; we aim to provide engaging sessions and activities that are useful for all. However, this year we have split the afternoon into two distinct sessions in research.

The 12.30 - 14.30 session is tailored for those interested in becoming involved in research for the first time including applying for some PhD funding (Earliest careers).

The session at 15:00- 17:00 is a session tailored for those who have begun a stroke research career, but are still at the early stages, perhaps still studying their PhD or at the beginning of a Postdoctoral fellowship (Early careers).

The Stroke Association's Lecturers, Senior Lecturers and Readers will facilitate discussions. Our aim is to provide a friendly, fun and supportive environment which will allow you to: have an opportunity to discuss your research ideas with experts, hear some tips on how to create good posters, funding applications and publications, get advice on engaging stroke survivors in research and learn about clinical trial development.

Training Stream 3

[Nursing and Rehabilitation Training Workshops – Research Into Practice](#)

Delegates can choose to attend four workshops in total (one workshop from each set) Please note some workshops are repeated. These workshops feature practical activities to help you to support stroke survivors.

Spaces on these workshops are limited due to the nature of the sessions, therefore delegates are asked to arrive 5 – 10 minutes before the workshop begins and form a queue, spaces will be allocated on a first-come-first-served basis.

Please see the nursing/rehabilitation workshop timetable for a full schedule

A refreshment break is scheduled from 14:30 – 15:00 in Exhibition Hall – Hall 1

12:30 – 13:25
Ludlow 1

[Psychological Support: Hints and Tips](#)

Repeated
13:35 – 14:30

Chair: Dr Shirley Thomas (*Lecturer in Rehabilitation Psychology, University of Nottingham*)

Speakers: Dr Shirley Thomas (*Lecturer in Rehabilitation Psychology, University of Nottingham*)

Dr Liz Lightbody (*Reader in Health Services Research, University of Central Lancashire*)

Session Overview

The session aims to provide practical hints and tips relevant to all members of the multidisciplinary team to –

- Overview of psychological difficulties after stroke;
 - Starting conversations and keeping conversations going;
 - General counselling techniques;
 - Behavioural activation approaches for low mood;
 - Supporting people with aphasia.
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12:30 – 13:25
Ludlow 2

[Incorporating and/or strengthening eye services in the stroke team](#)

Repeated
13:35 – 14:30

Chairs: Dr Lauren Hepworth (*Research Orthoptist, University of Liverpool*) and Lizzie Printer (*Stroke Survivor*)

Speakers: Dr Andrew Hill (*Consultant Stroke Physician and Clinical Lead for Stroke Services, St Helens and Knowsley Teaching Hospitals NHS Trust*)

Jamie Spofforth (*Deputy Head Orthoptist, Imperial College Healthcare NHS Trust*)

Session Overview

Currently in the UK, vision services provided to stroke survivors varies considerably. Two clinicians will present their stories on the development and strengthening of vision services in stroke care; from a stroke unit and an orthoptic department point of view. The aim of this workshop is to discuss the essential and desirable criteria of vision services within stroke care and how these can be encouraged and achieved, the resources required and how barriers can be overcome.

12:30 – 13:25
Ludlow 3

Early physiological changes and actions

Chair: Dr Paula Beech (*Stroke Nurse Consultant, Salford Royal NHS Foundation Trust*)

Repeated
13:35 – 14:30

Speakers: Cath Curley (*Consultant Stroke Nurse, East Lancashire Healthcare Trust*)

Clare Gordon (*Consultant Nurse and NIHR Clinical Academic Fellow, Royal Bournemouth & Christchurch Hospitals NHS Foundation Trust*)

Session Overview

This training session will be an interactive workshop covering three aspects of acute stroke care: Early ischaemic changes; Thrombectomy; and Intracerebral haemorrhage. It will cover the pathophysiology and current evidence informing the management of these three aspects of acute stroke care. Case study discussion will enable attendees to explore the implications for their own nursing practice, and share best practice with other attendees.

12:30 – 13:25
Newport

Cognitive rehabilitation for everyone – embedding enhanced learning techniques into your practice

Chair: Dr Charlie Chung (*Rehabilitation Manager, Fife Health and Social Care Partnership*)

Repeated
13:35 – 14:30

Speakers: Dr Viki Teggart (*Clinical Neuropsychologist, Greater Manchester Mental Health NHS Foundation Trust*)

Dr Natalie Arran (*Clinical Psychologist Specialising in Neuropsychology, Salford Royal Foundation Trust*)

Session Overview

Cognitive deficits can impact upon a person's ability to learn new skills and information, which can reduce the effectiveness of rehabilitation strategies. This session will consider how enhanced learning techniques can be incorporated into all aspects of stroke rehabilitation to support people with cognitive deficits in learning or re-learning skills after a stroke. Worked examples of adapted interventions will be provided and participants will be encouraged to apply enhanced learning strategies to their own area of work.

12:30 – 13:25
Coalport

How to optimise aphasia recovery through self-help and peer support initiatives

Chair: Professor Marian Brady (*Professor of Stroke Care & Rehabilitation, Glasgow Caledonian University*)

Repeated
13:35 – 14:30

Speakers: Melanie Derbyshire (*Assistant Director – Aphasia, Stroke Association*)

Gill Pearl (*Speech and Language Therapist and CEO, Speakeasy*)

Patricia Sweetingham (*Stroke Survivor, Basingstoke Stroke Support Group*)

Janet Rockcliff (*Stroke Survivor, Aphasia Project Officer Outreach support*)

Session Overview

- Explore the role of health professionals in enabling and encouraging people with Aphasia to access opportunities for self-help and peer support;
- Learn about both models and the respective benefits for people with Aphasia;
- Understand the experience from the perspective of someone with Aphasia;
- Join our round-table discussions about the necessary transition from 'health care' to 'peer support' and how health professionals can help to make this

transition intuitively natural and beneficial.

12:40 – 14:30
Atcham Suite

How can we increase patient's uptake of rehab? The environment?

Chairs: Dr Ulrike Hammerbeck (*Stroke Association Post-Doctoral Research Fellow, University of Manchester*) and Shani Shamah (*Stroke Survivor*)

Enriched environments: Why are they important?

Dr Heidi Janssen (*NSW Health Early to Mid-Career Research Fellow and Physiotherapist, Hunter New England Health, Australia*)

Building the clinical evidence for use of enriched environment after stroke

Dr Heidi Janssen (*NSW Health Early to Mid-Career Research Fellow and Physiotherapist, Hunter New England Health, Australia*)

Increasing activity after stroke: a co-design approach

Dr David Clarke (*Associate Professor in Stroke Care, University of Leeds*) and Dr Karolina Gombert (*Research Associate, Kingston University London*)

How can we change practice?

Dr Louise Connell (*Reader in Rehabilitation, University of Central Lancashire*)

Session Overview

Animal studies have demonstrated that providing a stimulating environment enhances both activity and recovery after a stroke. Recent work in Australia and the UK has translated these findings into studies in stroke units to increase stroke survivors' activity. This interactive session will provide you with information of the theory behind enriched environments, results from innovative studies designing and testing how to change the environment and ideas for changing your own practice.

Panel Q&A

14:30 – 15:00

EXHIBITION & REFRESHMENTS - Hall 1

15:00 – 15:55
Ludlow 1

How to do a great six month review of stroke survivors' unmet needs

Chair: Professor Audrey Bowen (*Stroke Association's John Marshall Memorial Professor, University of Manchester*)

Repeated
16:05 – 17:00

Speaker: Dr Emma Patchwood (*Research Associate for Stroke, University of Manchester*)

Session Overview

Conducting a useful and positive six month review takes skills and resources. This workshop will help equip you with those. We will discuss principles of a good review and practical tips. Attendees will have 'first look' at new versions of the modified Greater Manchester Stroke Assessment Tool (mGM-SAT). mGM-SAT resources have been updated to support a comprehensive review and help professionals focus on the actions and outcomes that are most important to service users.

15:00 – 15:55
Ludlow 2

Finding true LVO (large vessel occlusion)

Chair: Dr Christopher Price (*Stroke Association HRH The Princess Margaret Clinical Reader in Stroke Medicine, Newcastle University*)

Repeated
16:05 – 17:00

Early identification of patients for thrombectomy

Dr Christopher Price (*Stroke Association HRH The Princess Margaret Clinical Reader in Stroke Medicine, Newcastle University*)

The ABC of CTA

Dr Mat Elameer (*Academic Clinical Fellow (Radiology), Newcastle University*)

Interactive clinical cases

Dr Mark Garside (*Consultant Stroke Physician, Northumbria Healthcare NHS Foundation Trust*)

Session Overview

A good outcome after thrombectomy is more likely when patients are treated early. This requires early identification of individuals with clinical features suggestive of large vessel occlusion, but due to the centralised provision of thrombectomy, it is also important to minimise over diagnosis. Clinical screening must be combined with radiological appearances confirming large vessel occlusion and anatomy, which is suitable for thrombectomy.

This session will provide an overview for an audience with limited or no experience about approaches to the clinical and radiological identification of patients with large vessel occlusion, illustrated by interactive cases.

15:00 – 15:55
Ludlow 3

Assessing mental capacity

Chair: Dr Nele Demeyere (*Stroke Association Lord Leonard & Lady Estelle Wolfson Foundation Lecturer and Associate Professor of Experimental Psychology, University of Oxford*)

Repeated
16:05 – 17:00

Speakers:

Dr Terry Quinn (*Stroke Association / CSO Senior Clinical Lecturer, University of Glasgow*)

Anna Volkmer (*Senior Research Fellow, University College London*)

Session Overview

The session aims to provide the multidisciplinary team with a greater understanding of decision making and mental capacity assessments. To provide practical tips on about how to assess capacity in patients with communication difficulties. The objectives are:

- To understand what a mental capacity assessment is and why it is important
- To have a greater understanding of the communication challenges brain injury patients may have and how to overcome them
- Experience in implementing the practicalities of a mental capacity assessment.

15:00 – 15:55
Newport

Rehabilitation of bladder function following stroke

Chair: Professor Marian Brady (*Professor of Stroke Care & Rehabilitation, Glasgow Caledonian University*)

Repeated
16:05 – 17:00

Speakers: Professor Joanne Booth (*Professor of Rehabilitation Nursing, Glasgow Caledonian University*)

Professor Lois Thomas (*Professor of Health Services Research, University of Central Lancashire*)

Session Overview

This workshop will identify types and causes of bladder dysfunction following stroke. The features of a comprehensive continence assessment will be explored and how the process can be used to accurately identify specific bladder problems commonly experienced.

Approaches to effective continence promotion following stroke, by actively treating acute bladder dysfunction using both established and novel interventions, in line with current clinical guidelines, are presented. Important gaps in our evidence for practice will be highlighted for future research consideration.

15:00 – 15:55
Coalport

Skills for supporting self-management: a brave new world!

Chairs: Dr Lisa Kidd (*Reader in Supported Self-Management, University of Glasgow*) and Shani Shamah (*Stroke Survivor*)

Repeated
16:05 – 17:00

Speakers: Anne Armstrong (*Specialist Stroke Practitioner, Chest, Heart & Stroke Scotland, NHS Lanarkshire*)

Professor Fiona Jones (*Professor of Rehabilitation Research, St Georges University of London and Kingston University*)

Session Overview

Supporting person-centred self-management involves a cultural shift in the relationships that we have with stroke survivors and their families; listening to what matters to, and working collaboratively with, stroke survivors and families to help them self-manage in a way that makes sense to them.

This workshop encourages practitioners to consider best practice and to reflect on real world experiences and challenges in integrating the principles of a shared approach to self-management into their practice/clinical teams.

15:10 – 17:00
Atcham Suite

Activities post stroke

Chair: Professor Dame Caroline Watkins (*Chair Elect of UK Stroke Forum, Professor of Stroke and Older People's Care, University of Central Lancashire*)

15:10 – 15:15

Welcome and introductions

15:15 – 15:30

Keep on pedalling!

Robin Cant (*Stroke Survivor*)

15:30 – 15:50

Physiological benefits of physical activity

Dr David Saunders (*Lecturer, University of Edinburgh*)

15:50 – 16:10

Exercise and depression

Dr Liz Lightbody (*Chair of National Stroke Nursing Forum, Reader in Health*)

Services Research, University of Central Lancashire)

16:10 – 16:25 **Stroke, Life and Leisure Research Survey – interim findings**
Naomih McMahon (*Research Associate, University of Central Lancashire*)

16:25 – 16:40 **‘Getting back into the Swing of Things’: A Qualitative Study into Barriers and Facilitators to Golf Participation for Stroke Survivors**
Dr John Fry (*Research Lead for Sport, University Centre Myerscough*)

16:40 – 16:45 **Range of different activities after stroke (Stroke Association Video)**

16:45 – 17:00 **Question and Answers**

17:00 – 17:40 **Reducing sedentary behaviour after stroke. Introduction to the RECREATE trial**
Coalport

Chair: Professor Anne Forster (*Professor of Stroke Rehabilitation, University of Leeds*)

17:00 – 18:00 **Welcome Drinks Reception – Hall 1**
Exhibition Hall

Network with colleagues over welcome drinks and canapés and be part of the interactive activities demonstrated by local stroke survivors.

17:15 – 18:30 **FOCUS Trial Collaboration Meeting - invitation only**
Atcham Suite

Chairs: Professor Martin Dennis (*Professor of Stroke Medicine, University of Edinburgh*) and Professor Gillian Mead (*Professor of Stroke and Elderly Care Medicine, University of Edinburgh*)

Main Conference Day 1 – Wednesday 5 December

08:00 – 17:00 **Registration and Exhibition open**

Registration is open from **08:00** in the Entrance Foyer

Refreshments served from **08:00** in the Exhibition Hall - Hall 1

Breakfast Sessions

08:10 – 08:50
Ironbridge Suite

Satellite Symposium: Bayer
Prescribing anticoagulation for the renally impaired patient



Chair: Dr David Hargroves (*Consultant Physician and Clinical Lead for Stroke Medicine, East Kent Hospital University NHS Foundation Trust*)

08:00 – 08:50
Ludlow 1 & 2

BASP – Trainee Abstract Session

Chair: Professor Nikola Sprigg (*Professor of Stroke Medicine, University of Nottingham*)

08:00 – 08:05

Welcome and introductions

08:05 – 08:20

Platelet receptor glycoprotein VI-dimer is overexpressed in ischaemic but not

haemorrhagic stroke; a promising future anti-thrombotic target?
Dr Isuru Induruwa (*Clinical Research Fellow, University of Cambridge*)

08:20 – 08:35 **Time varying cerebral autoregulation in response to gradual transition in head positioning – experiences in acute ischaemic stroke and healthy controls**
Dr Man Yee Lam (*Consultant in Geriatric Medicine, University Hospitals of Leicester NHS Trust*)

08:35 – 08:50 **The association of imaging markers of small vessel disease and ‘brain frailty’ with clinical outcome following acute stroke**
Dr Jason Appleton (*Clinical Research Fellow in Stroke Medicine, University of Nottingham*)

08:15 – 08:45 **Yoga Wellbeing Session**

Wenlock Suite Stroke Association are delighted to offer yoga sessions at the UK Stroke Forum. You don't have to be a yoga aficionado to attend: sessions are suitable for all levels. They are friendly and fun with many benefits. Please bring comfortable clothing and a towel, yoga mats will be supplied but participants can bring their own.

Plenary 1 **Stroke – learning from the present and looking to the future**

09:00 – 10:30
Ironbridge Suite **Chairs:** Professor Peter Langhorne (*Chair of UK Stroke Forum, Professor of Stroke Care, University of Glasgow*) and Juliet Bouverie (*CEO, Stroke Association*)

09:00 – 09:10 **Welcome from the UK Stroke Forum Chair**
Professor Peter Langhorne (*Chair of UK Stroke Forum, Professor of Stroke Care, University of Glasgow*)

09:10 – 09:20 **Evidence from experience**
Abi Woodham (*Stroke Survivor*) and Juliet Bouverie (*CEO, Stroke Association*)

09:20 – 09:35 **Reflections on re-organising the stroke pathway; giving the view from Northern Ireland and linking it with learning for and from the rest of the UK**
Dr Brid Farrell (*Assistant Director of Service Development, Northern Ireland*)

09:35 – 09:45 **Feasibility of paramedic delivered ultra-acute stroke treatment in an ambulance (Rapid Intervention with Glyceryl trinitrate in Hypertensive stroke Trial - RIGHT-2)**
Professor Philip Bath (*Professor of Stroke Medicine and Head of Division of Clinical Neuroscience, University of Nottingham*)

09:45 – 09:55 **Does a six month course of Fluoxetine improve recovery after stroke? Results of the Fluoxetine Or Control Under Supervision (FOCUS) trial.**
Professor Martin Dennis (*Professor of Stroke Medicine, University of Edinburgh*)

09:55 – 10:00 **Reflections from a stroke survivor research trial participant**

10:00 – 10:20 **Looking ahead for stroke: a national perspective**
Professor Steve Powis (*Medical Director NHS England and Co-Chair for the National Stroke Plan*)

10:20 – 10:30 **Questions and answers**

10:30 – 11:45 REFRESHMENTS & EXHIBITION - Hall 1

10:45 – 11:35 POSTER TOURS

11:15 – 11:30 SOAPBOX SCIENCE – Bayer Detecting and treating AF: A case study



10:50 – 11:40 **Reducing Risk of Recurrence: stroke secondary prevention behavioural / lifestyle interventions**
Ludlow 1 & 2

Chair: Dr Maggie Lawrence (*Reader in Stroke Prevention, Glasgow Caledonian University*)

10:50 – 11:40 **Carers experience - through a carers' eyes**
Ludlow 3

Chair: Elaine Roberts (*Director of Stroke Support England, Stroke Association*)

10:50 – 11:40 **Collaboration in Global Stroke Research**
Atcham Suite

Chair: Dr Liz Lightbody (*Reader in Health Services Research, University of Central Lancashire*)

10:50 – 11:40 **Rates, Risks and Routes to Reduce Vascular Dementia Steering Committee meeting**
Wenlock Suite

Chair: Professor Gary Ford (*Professor of Stroke Medicine, Oxford University*)

Parallel Sessions 1

11:45 – 13:00 **Parallel Session 1A**
Ironbridge Suite **Mood and recovery**

Chair: Dr Shirley Thomas (*Lecturer in Rehabilitation Psychology, University of Nottingham*)

11:45 – 11:50 **Welcome and introductions**

11:50 – 12:10 **The role of Selective serotonin reuptake inhibitors in the prevention and management of mood disorders after stroke**

Professor Gillian Mead (*Professor of Stroke and Elderly Care Medicine, University of Edinburgh*)

12:10 – 12:30 **Impact of mindful music listening on cognitive recovery and mood: the MELLO pilot feasibility randomised controlled trial**

Dr Satu Baylan (*Research Associate, University of Glasgow*)

12:30 – 12:50 **Brief Group-Based Acceptance and Commitment Therapy (ACT) for Stroke Survivors (ACTivate Your Life after Stroke)**

Professor Reg Morris (*Programme Director and Consultant Clinical Psychologist, Cardiff University*)

12:50 – 13:00 **Questions and answers**

11:45 – 13:00 Ludlow 1 & 2	<p>Parallel Session 1B LVO at first sight</p> <p>Chair: Dr Christopher Price (<i>Stroke Association HRH The Princess Margaret Clinical Reader in Stroke Medicine, Newcastle University</i>)</p>
11:45 – 11:50	Welcome and introductions
11:50 – 12:10	<p>To drip or ship: a UK perspective Professor Gary Ford (<i>Professor of Stroke Medicine, Oxford University</i>)</p>
12:10 – 12:30	<p>Pre-hospital identification of LVO Dr Natalia Pérez de la Ossa Herrero (<i>Neurologist, Germans Trias i Pujol Hospital, Spain</i>)</p>
12:30 – 12:50	<p>Reperfusion therapies today and tomorrow Professor Keith Muir (<i>SINAPSE Professor of Clinical Imaging & Consultant Neurologist, University of Glasgow</i>)</p>
12:50 – 13:00	Questions and answers

11:45 – 13:00 Ludlow 3	<p>Parallel Session 1C The severely affected upper limb: complications and clinical solutions</p> <p>Chair: Dr Jacqui Morris (<i>Reader in Rehabilitation Research, University of Dundee</i>)</p>
11:45 – 11:50	Welcome and introductions
11:50 – 12:10	<p>The profoundly affected arm: the longitudinal profile and predicting difficulty providing care Dr Rhoda Allison (<i>Consultant Physiotherapist, Torbay & South Devon NHS Foundation Trust</i>)</p>
12:10 – 12:30	<p>Central post-stroke pain syndrome: aetiology, diagnosis and treatment Dr Paul Cameron (<i>National Lead Clinician – Chronic Pain, Scottish Government / NHS Fife</i>)</p>
12:30 – 12:50	<p>National spasticity guidelines: Management using botulinum toxin Dr Stephen Ashford (<i>Senior Clinical Lecturer & Consultant Physiotherapist, London North West University Healthcare NHS Trust & King's College London</i>)</p>
12:50 – 13:00	Questions and answers

11:45 – 13:00 Atcham Suite	<p>Parallel Session 1D We all need to talk about primary care</p> <p>Chair: Hannah Waterhouse (<i>Education Lead, Education for Health</i>)</p>
11:45 – 11:50	Welcome and introductions
11:50 – 12:10	<p>How can we address the long term needs of people with stroke and their carers in the community?</p> <p>Professor Jonathan Mant (<i>Professor of Primary Care Research, University of Cambridge</i>)</p>
12:10 – 12:30	<p>Optimising healthcare for stroke survivors – barriers and facilitators to providing healthcare that minimises treatment burden</p> <p>Dr Katie Gallacher (<i>Stroke Association HRH Princess Margaret Senior Clinical Lecturer, General Practice and Primary Care, University of Glasgow</i>)</p>
12:30 – 12:50	<p>Self-monitoring of blood pressure – the future for hypertension management?</p> <p>Professor Richard McManus (<i>NIHR Professor of Primary Care Research, University of Oxford</i>)</p>
12:50 – 13:00	Questions and answers
13:00 – 14:15	LUNCH & EXHIBITION – Hall 1
13:30 – 13:45	<p>SOAPBOX SCIENCE – Bayer - Managing stroke risk in AF: a case study</p> 
13:30 – 14:10 Ludlow 1 & 2	<p>Rates, Risks and Routes to Reduce Vascular Dementia TSA/BHF/Aiz Soc R4VaD study meeting</p> <p>Chair: Professor Joanna Wardlaw (<i>Professor of Applied Neuroimaging and Honorary Consultant Neuroradiologist, University of Edinburgh/NHS Lothian</i>)</p>
13:30 – 14:10 Ludlow 3	<p>The hidden psychological aspects of stroke</p> <p>Chairs: Professor Avril Drummond (<i>Professor of Healthcare Research, University of Nottingham</i>) and Liz Topliss (<i>Stroke Carer</i>)</p> <p>Speakers: Iain Bridle (<i>Stroke Survivor</i>) and Anna Bridle (<i>Stroke Carer</i>) Dr Shirley Thomas (<i>Lecturer in Rehabilitation Psychology, University of Nottingham</i>)</p> <p>Questions and Answers</p>
13:30 – 14:10 Atcham Suite	<p>Nottingham Trials Unit meeting - DASH / TICH-NOAC</p> <p>Chair: Professor Nikola Sprigg (<i>Professor of Stroke Medicine, University of Nottingham</i>)</p>

13:30 – 17:15
Wenlock Suite

Training Stream

Primary Care Workshop - Long Term Care PRE - BOOKING REQUIRED

Chair: Dr Katie Gallacher (*Stroke Association HRH Princess Margaret Senior Clinical Lecturer, General Practice and Primary Care, University of Glasgow*)

Polypharmacy and deprescribing

Professor Jesse Dawson (*Professor of Stroke Medicine, University of Glasgow*)

Assessing mental capacity in people with communication problems

Charlotte Emmett (*Associate Professor of Law, Northumbria University*) and Dr Nele Demeyere (*Stroke Association Lord Leonard & Lady Estelle Wolfson Foundation Lecturer and Associate Professor of Experimental Psychology, University of Oxford*)

Frailty in stroke

Dr Nicholas Evans (*Clinical Lecturer, University of Cambridge*)

End of life care in stroke

Professor Gillian Mead (*Professor of Stroke and Elderly Care Medicine, University of Edinburgh*)

Parallel Sessions 2

14:15 – 15:30
Ironbridge Suite

Parallel Session 2A

Debate session - Current therapy is a waste of time

Chair: Professor Jon Marsden (*Professor of Rehabilitation, Plymouth University*)

Proposer:

Professor Nick Ward (*Professor of Clinical Neurology and Neurorehabilitation, University College London*)

Professor Avril Drummond (*Professor of Healthcare Research, University of Nottingham*)

Opposer:

Professor Gert Kwakkel (*Professor of Neurorehabilitation, Amsterdam University Medical Centre*)

Professor Jane Marshall (*Professor of Language and Communication Science, City, University of London*)

Questions and answers

14:15 – 15:30 Ludlow 1 & 2	<p>Parallel Session 2B</p> <p>The clot thickens: frontiers in the use of oral anticoagulants in clinical practice</p> <p>Chair: Professor Nikola Sprigg (<i>Professor of Stroke Medicine, University of Nottingham</i>)</p>
14:15 – 14:20	Welcome and introductions
14:20 – 14:40	<p>Embolitic stroke of undetermined source: what is it and can it help in stroke prevention?</p> <p>Professor Martin O'Donnell (<i>Professor of Translational Medicine at NUI Galway and Interim Director of the CRFG, Ireland</i>)</p>
14:40 – 15:00	<p>Cerebral microbleeds and anticoagulation after stroke: can they help to predict the risks of ischaemic stroke and bleeding</p> <p>Professor David Werring (<i>Professor of Clinical Neurology, UCL Institute of Neurology</i>)</p>
15:00 – 15:20	<p>Anticoagulation in acute cardioembolic stroke: what we know and what we need to do?</p> <p>Professor Jesse Dawson (<i>Professor of Stroke Medicine, University of Glasgow</i>)</p>
15:20 – 15:30	<p>Questions and answers</p> <p><i>Please note: This session was jointly organised by NIHR CRN: stroke and the British Association of Stroke Physicians</i></p>

Kindly sponsored by Bayer



14:15 – 15:30 Ludlow 3	<p>Parallel Session 2C</p> <p>High Scoring Abstracts</p> <p>Chair: Professor Audrey Bowen (<i>Stroke Association's John Marshall Memorial Professor, University of Manchester</i>)</p>
14:15 – 14:18	Welcome and introductions
14:18 – 14:30	<p>Do people with pre-existing cognitive impairments receive less stroke rehabilitation?</p> <p>Verity Longley (<i>Research Occupational Therapist, University of Manchester</i>)</p>
14:30 – 14:42	<p>Pre-hospital stroke diagnosis in a UK centralised stroke system: mixed methods evaluation of current practice</p> <p>Dr Lisa Brunton (<i>Research Associate, University of Manchester</i>)</p>
14:42 – 14:54	<p>Risk of recurrent Intracerebral haemorrhage and ischemic stroke after intracerebral haemorrhage: a multicentre prospective cohort study</p> <p>Dr Isabel Hostettler (<i>Research Associate, University College London</i>)</p>
14:54 – 15:06	<p>Timing of vision screening and assessment in an acute population</p> <p>Professor Fiona Rowe (<i>Professor of Orthoptics, University of Liverpool</i>)</p>
15:06 – 15:18	<p>How do stroke survivors with communication difficulties manage life after stroke in the first year? A qualitative study</p> <p>Faye Wray (<i>Research Fellow, Bradford Institute for Health Research</i>)</p>

15:18 – 15:30	<p>Rehabilitation of chronic spatial neglect strengthens functional connectivity between nodes of the dorsal attention network Dr Helena Fordell (<i>Senior Consultant Neurology, Umeå University, Sweden</i>)</p>
14:15 – 15:30 Atcham Suite	<p>Parallel Session 2D Making dysphagia less hard to swallow Chair: Professor Craig Smith (<i>Professor of Stroke Medicine, University of Manchester and Salford Royal NHS Foundation Trust</i>)</p>
14:15 – 14:20	<p>Welcome and introductions</p>
14:20 – 14:40	<p>Oral healthcare after stroke: an evidence update Professor Marian Brady (<i>Professor of Stroke Care and Rehabilitation, Glasgow Caledonian University</i>)</p>
14:40 – 15:00	<p>Enteral feeding: managing problematic symptoms Professor Shaheen Hamdy (<i>Professor of Neurogastroenterology, University of Manchester</i>)</p>
15:00 – 15:20	<p>Challenges for management: professional perspectives Dr Hazel Dickinson (<i>Senior Lecturer in Pre-Registration Adult Nursing, University of Central Lancashire</i>)</p>
15:20 – 15:30	<p>Questions and answers</p>
15:30 – 16:30	<p>REFRESHMENTS & EXHIBITION – Hall 1</p>
15:45 – 16:00	<p>Meet the UK Stroke Forum Coalition in the Knowledge Hub</p>
15:40 – 16:20 Ludlow 1 & 2	<p>RETAKE Investigators' meeting / RETAKE trial - invitation only Chair: Dr Kate Radford (<i>Associate Professor in Rehabilitation Research, University of Nottingham</i>)</p>
15:40 – 16:20 Ludlow 3	<p>DNA Lacunar 2 Investigators' meeting Chair: Professor Hugh Markus (<i>Professor of Stroke Medicine and Honorary Consultant Neurologist, University of Cambridge</i>)</p>
15:40 – 16:20 Atcham Suite	<p>RESTART / SoSTART and TRIDENT Collaborators' Meeting Chair: Karen Innes (<i>Senior Trials Manager, University of Edinburgh</i>)</p>

Plenary 2

16:30 – 17:15
Ironbridge Suite

Princess Margaret Memorial Lecture

Chair: Professor Peter Langhorne (*Chair of UK Stroke Forum, Professor of Stroke Care, University of Glasgow*)

Welcome and prizes

Severe stroke disability

Professor Cath Sackley (*Head of Department – Population Health, School of Population Health and Environmental Sciences, King's College London*)

Questions and answers

17:20 – 18:00
Ironbridge Suite

Satellite symposium: Boehringer Ingelheim

Chair: TBC

17:30 – 18:15
Ludlow 1 & 2

BASP AGM

Chair: Professor Thompson Robinson (*President of British Association of Stroke Physicians, Head of Department of Cardiovascular Sciences and Professor of Stroke Medicine, University of Leicester*)

17:30 – 18:30
Wenlock Suite

Stroke in LMICs UK Network meeting

Chair: Dr Louise Johnson (*Wessex Ghana Stroke Partnership*)

19:30 – Midnight
Ironbridge Suite,
TIC

Conference Dinner

Join us at the Telford International Centre for an 80's themed evening of dining and entertainment – tickets priced at £55.

Main Conference Day 2 – Thursday 6 December

08:00 – 13:00 **Registration and Exhibition Open – Hall 1**

08:00 – 08:20 **Yoga Wellbeing Session**

Wenlock Suite

Stroke Association are delighted to offer yoga sessions at the UK Stroke Forum. You don't have to be a yoga aficionado to attend: sessions are suitable for all levels. They are friendly and fun with many benefits. Please bring comfortable clothing and a towel, yoga mats will be supplied but participants can bring their own.

Parallel Sessions 3

08:30 – 09:45

Ironbridge Suite

Parallel Session 3A

Vascular cognitive impairment: from causes and predictors to prevention

Chair: Professor David Werring (*Professor of Clinical Neurology, UCL Institute of Neurology*)

08:30 – 08:35

Welcome and introductions

08:35 – 08:55

Mapping vascular cognitive impairment: from early life to post-stroke dementia

Professor Joanna Wardlaw (*Professor of Applied Neuroimaging and Honorary Consultant Neuroradiologist, University of Edinburgh/NHS Lothian*)

08:55 – 09:15

Vascular cognitive impairment: Can we predict and improve?

Professor Hugh Markus (*Professor of Stroke Medicine, University of Cambridge*)

09:15 – 09:35

Predicting Dementia After Stroke

Dr Eugene Tang (*GP and NIHR Doctoral Research Fellow, Newcastle University*)

09:35 – 09:45

Questions and answers

08:30 – 09:45 Ludlow 1 & 2	<p>Parallel Session 3B Life After Stroke: In for the long haul</p> <p>Chairs: Professor Audrey Bowen (<i>Stroke Association’s John Marshall Memorial Professor, University of Manchester</i>) and Brin Helliwell (<i>Stroke Survivor</i>)</p>
08:30 – 08:35	Welcome and introductions
08:35 – 08:55	<p>Long-term priorities of stroke survivors, their families & health professionals: implications for future rehabilitation provision & supported self-management</p> <p>Bridget Davis (<i>Research fellow, Stroke & long term conditions, Glasgow Caledonian University</i>)</p>
08:55 – 09:15	<p>Vocational rehabilitation & return to work after stroke</p> <p>Dr Kate Radford (<i>Associate Professor in Rehabilitation Research, University of Nottingham</i>)</p>
09:15 – 09:35	<p>Living life after stroke – the long haul for a (working age) stroke survivor’s partner and family</p> <p>Jenny Dibden (<i>Director Science and Research at Department for Business, University of Cambridge</i>)</p>
09:35 – 09:45	Questions and answers
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08:30 – 09:45 Ludlow 3	<p>Parallel Session 3C We don’t always walk short distances in a straight line</p> <p>Chair: Professor Gert Kwakkel (<i>Professor of Neurorehabilitation, Amsterdam University Medical Centre</i>)</p>
08:30 – 08:35	Welcome and introductions
08:35 – 08:55	<p>Gait training to improve balance</p> <p>Professor Jon Marsden (<i>Professor of Rehabilitation, Plymouth University</i>)</p>
08:55 – 09:15	<p>Walking adaptability is limited after stroke, can it be trained?</p> <p>Dr Kris Hollands (<i>Senior Research Fellow, University of Salford</i>)</p>
09:15 – 09:35	<p>Cardiorespiratory exercise: more to fitness training than just training fitness</p> <p>Dr David Saunders (<i>Lecturer, University of Edinburgh</i>)</p>
09:35 – 09:45	Questions and answers
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08:30 – 09:45 Atcham Suite	<p>Parallel Session 3D Brag and Steal</p> <p>Chair: Claire Howard (<i>Stroke Specialist Orthoptist and NIHR Fellow, University of Liverpool</i>)</p>
08:30 – 08:33	Welcome and introductions
08:33 – 08:45	<p>Mortality meetings – a resource for education and improving patient care</p> <p>Dr Lillian Choy (<i>Consultant Stroke Physician, St George’s Hospital NHS Foundation Trust</i>)</p>
08:45 – 08:57	<p>Multi-professional stroke education improves outcomes for patients, staff and institutions - a ten year experience</p>

Dr Sunil Munshi (*Consultant Stroke Physician, Nottingham University Hospital*)

08:57 – 09:09

Adherence to the pre-hospital stroke pathway in Greater Manchester: analysis of a large HASU dataset and development of a smartphone app to improve compliance

Chris Ashton (*Network Coordinator & Paramedic, Greater Manchester Stroke Operational Delivery Network*)

09:09 – 09:21

Improving care of stroke patients feeding at risk using the FORWARD bundle

Dr Anna Bahk (*Specialist Registrar in Geriatrics, Guys and St Thomas' NHS Foundation Trust*)

09:21 – 09:33

Time to Stroke Unit – reducing delays and barriers

Dr Nadia Allan (*CT2 ACCS Acute Medicine, Northumbria Healthcare NHS Foundation Trust*)

09:33 – 09:45

A comparison of working hours and out of hours outcomes in a 24/7 thrombectomy centre

Dr Liqun Zhang (*Consultant, St George's University Hospitals NHS Trust*)

09:45 – 10:45

REFRESHMENTS & EXHIBITION – Hall 1

10:00 – 10:35

POSTER TOURS – Hall 1

10:00 – 10:40

Ludlow 1 & 2

Long term support: What are stroke survivors saying and how can the Stroke Association help you support your patients and ensure stroke is a local priority?

Bridget Bergin (*Executive Director- Stroke Support*) and Alexis Kolodziej (*Deputy Director - Policy & Influencing*) will showcase the Stroke Association's latest surveys, setting out what Stroke survivors are saying about the treatment, rehabilitation, support and care they have received as well as the latest evidence on the Stroke Association's long term support services and case studies setting out the support on offer to local systems to help make stroke a priority across the UK.

10:00 – 10:40

Ludlow 3

CONVINCE Investigators' Meeting

Chair: Dr Christopher Price (*Stroke Association HRH The Princess Margaret Clinical Reader in Stroke Medicine, Newcastle University*)

10:00 – 10:40

Atcham Suite

UCL Stroke Trials Investigators' Meeting (PROHIBIT-ICH and OPTIMAS)

Chair Professor David Werring (*Professor of Clinical Neurology, UCL Institute of Neurology*)

10:45 – 12:00 Ironbridge Suite	<p>Parallel Sessions 4A There's no place like home</p> <p>Chair: Professor Peter Langhorne (<i>Chair of UK Stroke Forum, Professor of Stroke Care, University of Glasgow</i>)</p>
10:45 – 10:50	Welcome and introductions
10:50 – 10:55	<p>An introduction to early discharge research Professor Peter Langhorne (<i>Chair of UK Stroke Forum, Professor of Stroke Care, University of Glasgow</i>)</p>
10:55 – 11:15	<p>Evaluating an extended rehabilitation service for stroke patients (EXTRAS trial) Dr Lisa Shaw (<i>Principal Research Associate, Newcastle University</i>)</p>
11:15 – 11:35	<p>Transforming community neurorehabilitation services across Greater Manchester Sarah Rickard (<i>Greater Manchester Stroke Operational Delivery Network Manager, Salford Royal Foundation Trust</i>) and Tracy Walker (<i>Community Clinical Lead, Greater Manchester Stroke Operational Delivery Network</i>)</p>
11:35 – 11:50	<p>The WISE study: What is the Impact of Stroke Early Supported Discharge Dr Rebecca Fisher (<i>Stroke Association Senior Lecturer, University of Nottingham</i>)</p>
11:50 – 12:00	Questions and answers

10:45 – 12:00 Ludlow 1 & 2	<p>Parallel Session 4B Towards the end of life: a positive approach to care</p> <p>Chairs: Professor Gillian Mead (<i>Professor of Stroke and Elderly Care Medicine, University of Edinburgh</i>) and Liz Topliss (<i>Stroke Carer</i>)</p>
10:45 – 10:50	Welcome and introductions
10:50 – 11:10	<p>Why do we need stroke-specific end of life care? Dr Clare Thetford (<i>Senior Research Fellow, University of Central Lancashire</i>)</p>
11:10 – 11:30	<p>Outcomes, experiences and palliative care in major stroke Professor Gillian Mead (<i>Professor of Stroke and Elderly Care Medicine, University of Edinburgh</i>)</p>
11:30 – 11:50	<p>EnComPaSS (Enhanced Community Palliative Care Support Service) Dr Debbie Fitzsimmons (<i>Assistant Professor of Health Services Research, University of Sheffield</i>)</p>
11:50 – 12:00	Questions and answers

10:45 – 12:00 Ludlow 3	<p>Parallel Session 4C High Scoring Abstracts</p> <p>Chair: Professor Cath Sackley (<i>Head of Department – Population Health, School of Population Health and Environmental Sciences, King's College London</i>)</p>
10:45 – 10:48	Welcome and introductions
10:48 – 11:00	Swallowing therapy for dysphagia in acute and subacute stroke: Review – Cochrane Collaboration

Lisa Everton (*PhD Student & Speech and Language Therapist, University of Nottingham*)

- 11:00 – 11:12** **Outcomes after thrombectomy for basilar artery thrombosis in Belfast: a single centre experience**
Dr Timothy Atkinson (*Stroke Speciality Doctor, Royal Victoria Hospital, Belfast Health and Social Care Trust*)
- 11:12 – 11:24** **Self-management for stroke survivors with communication difficulties: Designing an intervention to support longer-term adaptation and adjustment**
Faye Wray (*Research Fellow, Bradford Institute for Health Research*)
- 11:24 – 11:36** **Ischaemic stroke despite oral anticoagulant therapy in patients with AF – what is the risk of recurrent events and how to prevent further events?**
Dr David Seiffge (*Stroke Research Group, Queen Square Hospital*)
- 11:36 – 11:48** **Developing a theory and evidence-based intervention for carers of stroke survivors using an Intervention Mapping approach**
Dr Jessica Hall (*Research Fellow, Bradford Teaching Hospitals NHS Foundation Trust*)
- 11:48 – 12:00** **The effect of high repetition reaching training early after stroke on cortical connectivity and impairment**
Dr Ulrike Hammerbeck (*Stroke Association Post-Doctoral Research Fellow, University of Manchester*)

10:45 – 12:00
Atcham Suite

Parallel Session 4D
Aphasia and communication

Chair: Professor Marian Brady (*Professor of Stroke Care & Rehabilitation, Glasgow Caledonian University*)

10:45 – 10:50

Welcome and introductions

10:50 – 11:10

What does recovery after stroke look like – evidence from the REhabilitation and recovery of peopLE with Aphasia after StrokeE (RELEASE) study
Dr Myzoon Ali (*Senior Research Fellow, Glasgow Caledonian University*)

11:10 – 11:30

Delivery of long term self-managed speech and language therapy interventions for aphasia: Findings from the Big CACTUS study of computer based word finding therapy
Dr Rebecca Palmer (*Reader in Communication and Stroke Rehabilitation, University of Sheffield*)

11:30 – 11:50

Enriching the communicative environment in routine Early Supported Discharge rehabilitation for people with aphasia: a role for the MDT
Dr Ciara Shiggins (*Academic Fellow/Speech and Language Therapist, University of East Anglia*)

11:50 – 12:00

Questions and answers

12:00 – 13:00

LUNCH & EXHIBITION – Hall 1

12:20 – 12:50
Ironbridge Suite

Satellite symposium: Amgen
Chair: TBC

12:20 – 12:50
Ludlow 1&2

The LACunar Intervention Trial 2 (LACI-2) Investigators' Meeting

Chair: Professor Joanna Wardlaw (*Professor of Applied Neuroimaging and Honorary Consultant Neuroradiologist, University of Edinburgh/NHS Lothian*)

12:20 – 12:50
Ludlow 3

Stroke Association Emerging Research Strategy

Chair: Hilary Reynolds (*Executive Director - Strategy and Research, Stroke Association*)

12:20 – 12:50
Atcham Suite

ATTEST 2 meeting

Chair: Professor Keith Muir (*SINAPSE Professor of Clinical Imaging & Consultant Neurologist, University of Glasgow*)

Plenary 3

13:00 – 15:00
Ironbridge Suite

What's hot and what's next?

Chairs: Professor Dame Caroline Watkins (*Chair Elect of UK Stroke Forum, Professor of Stroke and Older People's Care, University of Central Lancashire*) and Shani Shamah (*Stroke Survivor*)

Welcome and prizes

What's hot?

The FOCUS (Fluoxetine Or Control Under Supervision) trial results: effects of a six month course of fluoxetine on the Stroke Impact Scale, mood and fatigue in patients with stroke

Professor Gillian Mead (*Professor of Stroke and Elderly Care Medicine, University of Edinburgh*)

Remote ischaemic Conditioning After Stroke Trial 2 (RECAST-2): a pilot randomised controlled phase II trial evaluating remote ischaemic conditioning (RIC) after hyperacute stroke

Dr Timothy England (*Clinical Associate Professor, University of Nottingham*)

Singing for People with Aphasia (SPA): Results of a pilot randomised controlled trial of a group singing intervention to improve wellbeing

Dr Mark Tarrant (*Psychology Applied to Health, University of Exeter*)

Evaluating an extended rehabilitation service for stroke patients (EXTRAS trial)

Professor Helen Rodgers (*Professor of Stroke Care, Newcastle University*)

What's next?

Acute medical care

Dr Christopher Price (*Stroke Association HRH The Princess Margaret Clinical Reader in Stroke Medicine, Newcastle University*)

Acute nursing care

Dr Eileen Cowey (*Lecturer, University of Glasgow*)

Rehabilitation

Professor Avril Drummond (*Professor of Healthcare Research, University of Nottingham*)

Prevention

Professor David Werring (*Professor of Clinical Neurology, UCL Institute of*

Neurology)

Patient support

Jane-Claire Judson (*CEO, Chest, Heart and Stroke Scotland*)

European Landscape - Action Plan for Stroke in Europe 2018-2030: A Europe wide Initiative (How does the burden of stroke in the UK compare to other areas of Europe)

Jon Barrick (*President SAFE, Stroke Alliance for Europe*)

Questions and answers

CONFERENCE CLOSES
