



## STROKE PATIENT EXPERIENCE SURVEY

This questionnaire is about the care, therapy and treatment you received for your stroke.

The information you provide will help the NHS and the Stroke Association improve the quality of stroke services and care after stroke.

Taking part in this survey is voluntary.

Published reports will not contain any personal details.

## Who should complete the questionnaire?

The questions should be answered by **you**, as the person who has had a stroke.

If you need help to complete the questionnaire, the answers should be given from **your point of view**, not the point of view of the person helping.

## Completing the questionnaire

For each question, please tick inside the box that is closest to your views using a black or blue pen.

Don't worry if you make a mistake; cross out the mistake and put a tick in the correct box.

We are asking about **NHS care and treatment** and not any private treatment you may have paid for.

Please do not write your name or address anywhere on the questionnaire.

You can choose to complete this questionnaire online, please follow the instructions in the letter.

## By completing and returning the survey, you will be agreeing:

- That the information you provide, and the information from your NHS Trust, can be used to carry out the survey, and
- That your personal contact information can be held and used by Quality Health.

The letter sent with this survey includes how your information is used.

1. In what <b>role</b> are you filling in this survey?
1. In what tole are you miling in this survey!
I am a stroke survivor 2 I am a carer or friend or family member of a stroke survivor
3 Other (please specify)
If you are filling this survey in on behalf of someone else, please make sure all answers do NOT come from your own point of view, but from the point of view of the person you are helping.
2. Have you had more than one stroke? This could include a TIA or mini stroke.
1 No 2 Yes, two 3 Yes, more than two 4 Not sure
3. When did you have your most recent stroke?
If you have had more than one stroke, please answer these questions about your <b>most recent</b> stroke. If you cannot remember the exact day, please write in the first of the month in which you had the stroke.

SAPREM22-02 **2** 9964207747

4. What type of stroke did you have	?				
Stroke caused by a blockage, referred to as an ischaemic stroke	2		sed by a bleed, referred emorrhagic stroke	3 N	lot sure
5. Thinking about your overall health your stroke affect your daily life?	n, comfort	and ability to	o take part in daily activi	ties, how much d	oes
(Tick one option)					
1 A lot 2 Quite a l	ot 3	A little	4 Not at al	I 5 Do	on't know
The following questions are abou after your stroke.	<b>&gt;</b>				
6. Please think about the time you s offered and did it help your recovery		ne acute stro	ke unit. What treatment	or therapy were	you
		Yes, but it did not help me	No, but I would have liked this need for t		Not sure
Movement and mobility (Physiotherapy).	1	<b></b> 2	□ 3 □ 4	5	6
Talking, communicating, cognition and swallowing (Speech and Language therapy).	<b>1</b>	□ 2	□ 3 □ 4	5	<b>—</b> 6
Independence with personal care and practical tasks	□ 1		□ 3 □ 4	5	П

SAPREM22-03 9953423587

b. Please tick one box on each line.		did not help	would have	No, because I had no need for this	I declined	Not sure
Food and drink (dietetics).	1		3	<b></b> 4	<b></b> 5	6
Hearing changes (audiology).	1	<b></b> 2	<b></b> 3	4	5	6
Sight and vision changes (orthoptics).		□ 2	В 3	□ 4	5	6

		_				
c. Please tick one box on each line.	Yes, and this helped	Yes, but it did not help me	would have	No, because I had no need for this	I declined	Not sure
Emotions, moods, personality and motivation (psychology, psychiatry and counselling).	<b>1</b>		□ 3	<b></b> 4	<b></b> 5	<b></b> 6
A personalised care record. Thi might be known as a patient passport or patient care record.		<u> </u>	<b>□</b> 3	<b></b> 4	<b></b> 5	<b></b> 6

7. Thinking about your stay on the following statements:	e acute stro	<b>ke unit</b> , plea	ase state how	much you agi	ee with the	
a. Please tick one box on each line.	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not sure
My stroke was explained in a way that I could understand.	□ 1		П з	<b>—</b> 4	<b></b> 5	6
The staff helped me to understand about stroke recovery	, <b>1</b> 1		<b></b> 3	<b></b> 4	5	<b></b> 6
I had support to come to terms with the effects of my stroke.	□ 1	□ 2	<b>П</b> з	<b></b> 4	<b></b> 5	<b>—</b> 6

SAPREM22-04 **4** 6605628308

b. Please tick one box on each line.	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not sure
The staff treated me with dignity and respect.	□ 1	<b>—</b> 2	П з	<b></b> 4	5	<b></b> 6
The staff understood how my stroke would affect my life.	□ 1	<b>—</b> 2	<b></b> 3	4	<b></b> 5	<b></b> 6
There was support to express my needs and wants e.g. using the toilet, meal and drink options.			<b></b> 3	□ 4	<b></b> 5	<b>—</b> 6

c. Please tick one box on each line.	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not sure
I was involved in planning my therapy and care.	<b></b> 1		<b>□</b> 3	<b>—</b> 4	5	6
My family / carers had the information they needed about my stroke and hospital stay.			<b>3</b>	<b></b> 4	5	6
I was told where I could get further support if I needed it.		<b>1</b> 2	П з	□ 4	5	6

The following questions will ask you about when you were being **discharged and leaving the acute stroke unit.** 

8. On leaving the acute stroke unit, were you given an explanation about your medication? Did you understand what it was for and how to take it?

(Tick one option)

Yes, and I understood clearly

Yes, and I understood a little

Yes, but I could not understand it A D No, it was not explained

SAPREM22-05 5850540980

9. Thinking about leaving the ac statements:	ute stroke	unit, please s	state how mu	ch you agree	with the follow	wing
Please tick one box on each line.	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not sure
I was involved with decisions about leaving hospital.	<b>1</b>	<b>—</b> 2	П з	<b></b> 4	<b></b> 5	<b></b> 6
I understood what would happen next after leaving hospital.	□ 1		<b></b> 3	□ 4	5	<b></b> 6
My family and carers were told what would happen when I left hospital.	□ 1	<b></b> 2	<b></b> 3	4	<b></b> 5	6
I was told who to contact if I had concerns or questions after leaving hospital.	□ 1	<b></b> 2	<b></b> 3	4	5	6
				1		
10. Is there anything else you w	ould like to	tell us about	your stay on	the <b>acute uni</b> t	t or discharg	je?
44 Whan you left the courte atm	-li4l		. dia ala anno d	4-2		
11. When you left the acute stro (Tick one option)	oke unit, Wr	iere were yol	u discharged	ιυ :		
1 Home	2	To a relative friend's ho		₃ ☐ Res	idential care	
4 A rehabilitation unit	5	A different the same I		6 A lo	cal / commur pital	nity
Don't know / can't remember						

SAPREM22-06 **6** 9508390971

The following questions will ask you about your **treatment/therapy after you left the acute stroke unit.** This could have been therapy at home, a rehabilitation unit, or outpatient's appointments at a hospital or clinic.

12. Please think about the time treatment were you offered and			troke unit. W	/hat communit	y therapy or	
a. Please tick one box on each line.	Yes, and this helped	Yes, but it did not help me	would have	No, because I had no need for this	I declined	Not sure
Movement and mobility (Physiotherapy).	<b>1</b>		<b>1</b> 3		5	<b></b> 6
Talking, communicating, cognition and swallowing (Speech and Language therapy)	).		<b>□</b> 3	<b></b> 4	5	6
Independence with personal care and practical tasks (Occupational therapy).	1	2	3	<b></b> 4	<b></b> 5	6

b. Please tick one box on each line.		Yes, but it did not help me	would have	No, because I had no need for this	I declined	Not sure
Food and drink (dietetics).	1	□ 2	<b>П</b> з	4	<b></b> 5	<b></b> 6
Hearing changes (audiology).	1	□ 2	<b></b> 3	□ 4	<b></b> 5	6
Sight and vision changes (orthoptics).	<sub>1</sub>		а з	<b></b> 4	<b></b> 5	6

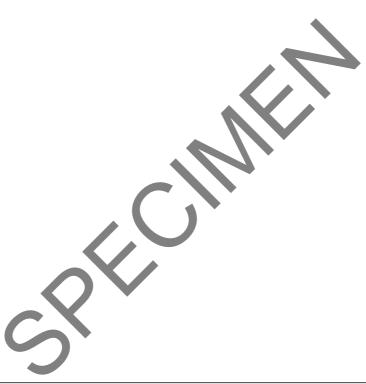
SAPREM22-07 **7** 3792172358

		8				
c. Please tick one box on each line.	Yes, and this helped	Yes, but it did not help me		No, because I had no need for this	I declined	Not sure
Emotions, moods, personality and motivation (psychology, psychiatry and counselling).	□ 1 —	□ 2	П з	□ 4	<b></b> 5	<b>—</b> 6
Pharmacist (medication).	_ 🗖 1		П з	□ 4	5	6
Contact with a Stroke Association Support Worker (this could have been face to face or over the phone).			3	<b></b> 4	5	6
<b>13.</b> Thinking about your <b>comm</b> following statements:	unity therap	y/treatment,	please state	how much you	agree with th	е
a Diago tiek ana	Ctu a sa sub s	A				
a. Please tick one box on each line.	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not sure
	agree	Agree	agree nor	Disagree 4		Not sure
box on each line.  Further questions about my strewere answered in a way that I	agree		agree nor disagree	Disagree 4		Not sure
Further questions about my strewere answered in a way that I could understand.  The staff helped me to	agree		agree nor disagree	Disagree 4		□ 6
Further questions about my strawere answered in a way that I could understand.  The staff helped me to understand about stroke recover.  I had support to come to terms	agree		agree nor disagree	Disagree 4		<ul><li>□ 6</li><li>□</li></ul>
Further questions about my strawere answered in a way that I could understand.  The staff helped me to understand about stroke recover.  I had support to come to terms	agree		agree nor disagree	Disagree  4  Disagree  Disagree	disagree 5	<ul><li>□ 6</li><li>□</li></ul>

b. Please tick one box on each line.	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not sure
The staff treated me with dignity and respect.	□ 1	<b></b> 2	<b></b> 3	4	<b></b> 5	<b>—</b> 6
The staff understood how my stroke would affect my life.	□ 1	<b></b> 2	<b></b> 3	<b></b> 4	<b></b> 5	6
My community therapy and treatment started quickly after I left the stroke ward.	□ 1	□ 2	<b></b> 3	□ 4	<b></b> 5	6
There was support to express my needs and wants e.g. days and times of therapy to manage fatigue	<b></b>		<b></b> 3	<b></b> 4	<b></b> 5	<b>—</b> 6

SAPREM22-08 8096073167

c. Please tick one box on each line.	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not sure
I was involved in planning my therapy and care.	<u> </u>	□ 2	<b></b> 3	4	<b></b> 5	<b></b> 6
My family / carers were given information about my therapy and how to help me.	1	□ 2	П з	□ 4	5	6
I was told where I could get further support if I needed it.			П 3	<b></b> 4	<b></b> 5	6



<b>14.</b> Thinking about your <b>commur</b> statements:	nity care, ple	ease state ho	w much you	agree with the	following	
a. Please tick one box on each line.	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not sure
I knew who to contact if I wanted to ask questions about my stroke and recovery.	□ 1		П з	<b></b> 4	<b></b> 5	<b>—</b> 6
I knew who to contact if I had urgent worries or concerns about my health.	□ 1		П з	<b></b> 4	<b></b> 5	6
I felt ready to continue my recovery journey on my own.	□ 1	<b>—</b> 2	П з	□ 4	<b></b> 5	<b>—</b> 6

b. Please tick one box on each line.	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not sure
I felt supported with my return to work.	□ 1	<b>—</b> 2	3	4	<b></b> 5	<b>—</b> 6
I felt supported to return to hobbies / activities that matter to me.	<b></b> 1		<b></b> 3	<b></b> 4	5	<b></b> 6
I felt my GP / surgery staff had an understanding of how my stroke had affected me.	<b>1</b> 1	<b>—</b> 2	П з	<b>1</b> 4	5	<b>—</b> 6



15. Were you offered anything	else that <b>hel</b> p	ed you in yo	our recovery	?		
a. Please tick one box on each line.		did not help	would have	No, because I had no need for this	I declined	Not sure
Virtual and / or online appointments.	<b>1</b>	<b></b> 2	<b></b> 3	4	5	6
Virtual and / or online therapy.	1	<b>_</b> 2	<b></b> 3	4	5	6

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b. Please tick one box on each line.	Yes, and this helped	Yes, but it did not help me	would have	No, because I had no need for this	I declined	Not sure
Advice and support with monitoring my blood pressure independently.	1	□ 2	<b></b> 3	□ 4	5	<b>—</b> 6
Advice and support with my recovery from the Stroke Association.	_ <sub>1</sub>	□ 2	<b></b> 3	□ 4	<b></b> 5	6
Advice and support with my recovery from other non-NHS organisations e.g. Headway, local stroke organisations.	□ ₁	□ 2	<b></b> 3	□ 4	<b></b> 5	<b>—</b> 6



c. Please tick one box on each line.	Yes, but it did not help me	would have	No, because I had no need for this	I declined	Not sure
Programmes to help with healthy lifestyle e.g. help with stopping smoking, healthy diet or exercise		<b></b> 3	□ 4	<b></b> 5	<b></b> 6
The opportunity to talk with other stroke survivors (this could have been face to face, over the phone or online).	□ 2	<b></b> 3	□ 4	<b></b> 5	<b>—</b> 6
Advice and support with benefits / financial worries from other organisations e.g. Citizens Advice, Job Centre.	 □ 2	П з	□ 4	<b></b> 5	6

SAPREM22-11 **11** 4358124526

16. Is there anything else you would li	ike to tell us abou	t your commu	nity therapy, tr	eatment and	care?
			1		
17. Were you offered a review appointr and when it happened.	ment 6 months aft	er your stroke	? Please tell ι	ıs who this w	as with
Please tick one box on each line.	4-6 months after my stroke	6-8 months after my stroke	8+ months after my stroke	Not applicable	Not sure
Stroke specialist at hospital.		□ 2	' П з	<b>□</b> 4	<b></b> 5
Stroke specialist in the community.	<b>1</b>	□ 2	<b></b> 3	□ 4	5
GP.	□ 1		<b></b> 3	<b></b> 4	5
Stroke Association Support Worker.	□ 1	□ 2	<b></b> 3	<b></b> 4	<b></b> 5
18. If you had a six month review follow	ring your stroke, h	ow did it happ	en?		
Tick all that apply					
<sub>1</sub> Face to face	By tele	phone	3	Virtually by v	ideo call

SAPREM22-12 **12** 8956187193

The following questions will ask you about your **employment and education.** 

19. What was your employment/education status bet	fore and after your stroke?	
Please tick the answers which best apply to you.		
Tick all that apply	Before stroke	After stroke
In full time education (school, college, or university).		□ 2
Employed.	<b>U</b> ,	□ 2
Self employed.		<b>—</b> 2
Not in work.	<b>1</b>	□ 2
Unpaid care or looking after children or relatives.	□ 1	□ 2
Unable to work, including medically retired.	<b>1</b>	□ 2
Retired.	□ 1	□ 2
Volunteer.	<b>1</b>	□ 2

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If you were employed or self-employed **before** your stroke, please answer question 20. Otherwise, move to question 21.

Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not sure	Not applicable
□ 1	□ 2	<b></b> 3		5	<b>—</b> 6	7
□ 1	<b>—</b> 2	□ 3	<b>□</b> 4	<b></b> 5	6	<b></b> 7
□ 1	☐ 2		<b>1</b> 4	<b></b> 5	<b>—</b> 6	7
Ó						
		agree 1 2 1 2	agree agree nor disagree	agree nor disagree	agree agree nor disagree  1	agree   agree nor disagree   disagree

b. Please tick one box on each line.	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not sure	Not applicable
My therapy team / GP provided support with my return to work.	□ 1	□ 2	П з	□ 4	<b></b> 5	<b>—</b> 6	7
The Stroke Association provided support with my return to work.	□ 1	□ 2	<b></b> 3	□ 4	<b></b> 5	6	7
Other organisations provided support with my return to work e.g. local Council schemes.	□ 1	□ 2	<b></b> 3	<b></b> 4	<b></b> 5	<b>—</b> 6	7

SAPREM22-14 **14** 2653859192

The following questions will ask you about your <b>personal information</b> .  This will tell us if we are reaching everyone we need to, and will help us to understand how experiences might vary for different members of the community. We will use the data to help us understand how to make improvements in services. If you are uncomfortable giving any of this information, please choose the 'Prefer not to say' option.
This will tell us if we are reaching everyone we need to, and will help us to understand how experiences might vary for different members of the community. We will use the data to help us understand how to make improvements in services. If you are uncomfortable giving any of this information, please choose the 'Prefer not to say' option.  22. What year were you born?
This will tell us if we are reaching everyone we need to, and will help us to understand how experiences might vary for different members of the community. We will use the data to help us understand how to make improvements in services. If you are uncomfortable giving any of this information, please choose the 'Prefer not to say' option.  22. What year were you born?
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This will tell us if we are reaching everyone we need to, and will help us to understand how experiences might vary for different members of the community. We will use the data to help us understand how to make improvements in services. If you are uncomfortable giving any of this information, please choose the 'Prefer not to say' option.  22. What year were you born?
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information, please choose the 'Prefer not to say' option.  22. What year were you born?
22. What year were you born?
(Please write in) E.g. 1 9 4 4
(Please write in) E.g. 1 9 4 4
23. What gender are you?
1 Male 2 Female 3 Non-binary
2 L
Prefer to self-describe Prefer not to say
4 L Freier to self-describe

SAPREM22-15 15 5353112350

	Yes	2		No			3		Prefer not to say
To wh	sigh of those otheric group	o do vou b	olong?						
	nich of these ethnic group only)	s do you b	elong?						
HITE	Omy)				_	SIAN	I OR ASIAN BE	RITIS	SH
	English / Welsh / Scottis Northern Irish / British	h /			10		Indian	<u> </u>	<u>21.</u>
	Irish				11		Pakistani		
	Gypsy or Irish traveller				12		Bangladeshi		
	Roma				13		Chinese		
	Any other white backgroup (please write in box below)				14	2	Any other Asia (please write		
			]		1	1			
MIYER	O OR MULTIPLE ETHNIC	CPOLIDS	<u>.</u>	1.		L A CI	K OR BLACK E	דוםכ	
				- /	\\ <u>-</u>	DEAC!		SKII	<u>1311</u>
	White and black Caribbe	ean		)	15		Caribbean		
	White and black African				16		African  Any other Black	ok h	ackaround
_	White and Asian	ale othnic			17	ш	(please write		
Ц	Any other mixed or multi background (please writ below)		•						
					<u>C</u>	THE	R ETHNIC GRO	OUP	
			_		18		Arab		
					19		Any other eth (please write		
					20		Prefer not to	say	
\\/hick	n of the following best de	scribas ho	w vou	think of	vour	self?			

SAPREM22-16 16 9569343250