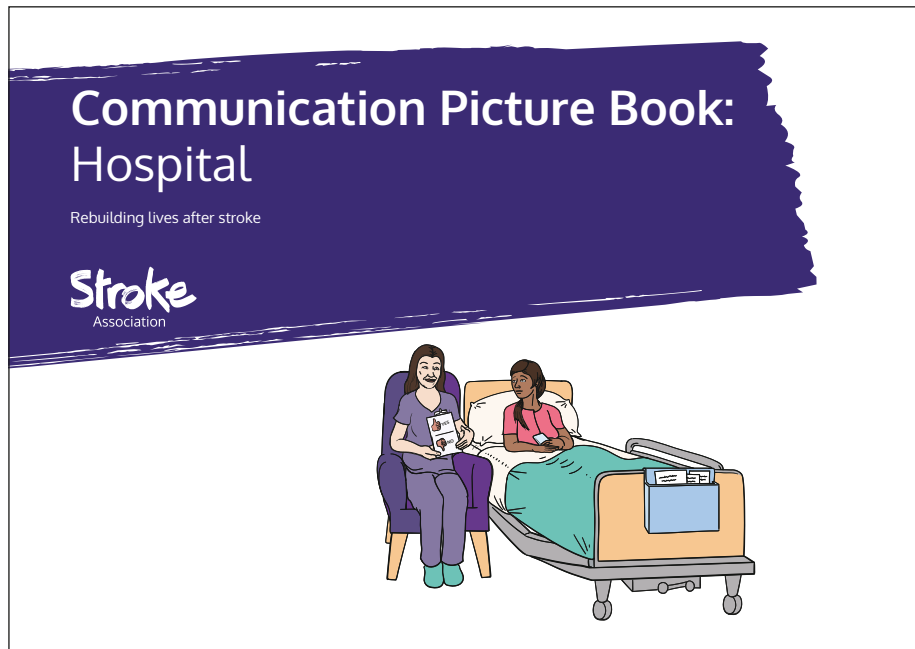


# Communication Picture Book: Hospital

Rebuilding lives after stroke

**Stroke**  
Association





This **book** has been **made** with **people with aphasia**.

They have **helped us** to **choose** the **words** and **design** the **pictures**.

The book is designed **for people with aphasia** and communication difficulties.

But it can be **helpful** for **all stroke survivors**.

You can use this book in **hospital**.

We have a **different book** for when you **leave hospital**.

# How to use this book



Place the book **in front of you**.

Use the **pictures** to **support conversation** and questions.

You can **communicate by**:

- Pointing.
- Looking at the picture.
- Gesture.
- Facial expressions.
- Speaking.

## Tips for people supporting you:



Keep your **sentences short** and to the point.



Do not give too much **information** at once.



**Avoid** using **jargon** or acronyms.



**Check** I have **understood**.



**Repeat** what you have **understood**. **Ask if** what you have repeated is **correct**.



**Do not pretend** to **understand** when you have not.

# About me

My name is \_\_\_\_\_

I like to be called \_\_\_\_\_



**Date of stroke** \_\_\_\_\_

**My key contacts:**

# Making choices



Yes



No



Not sure

# Making choices



Ask my opinion

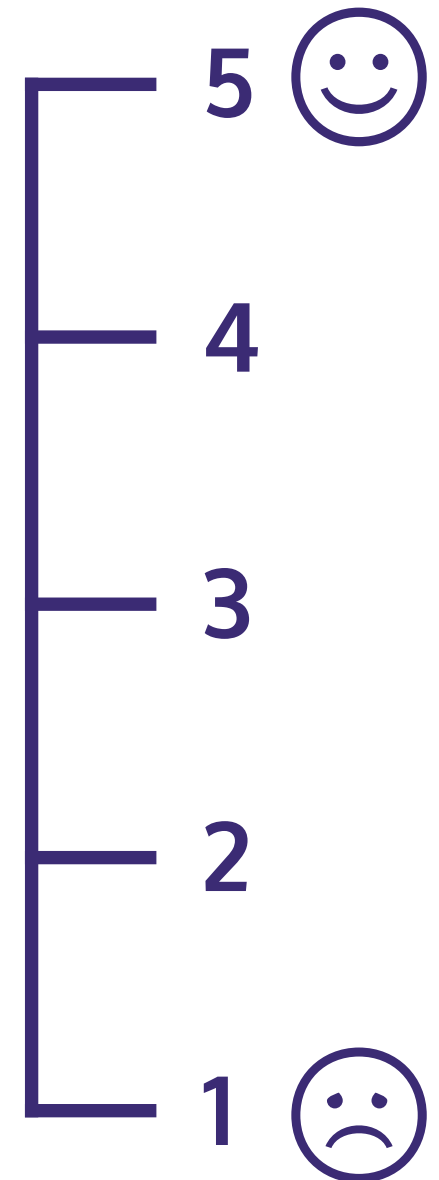
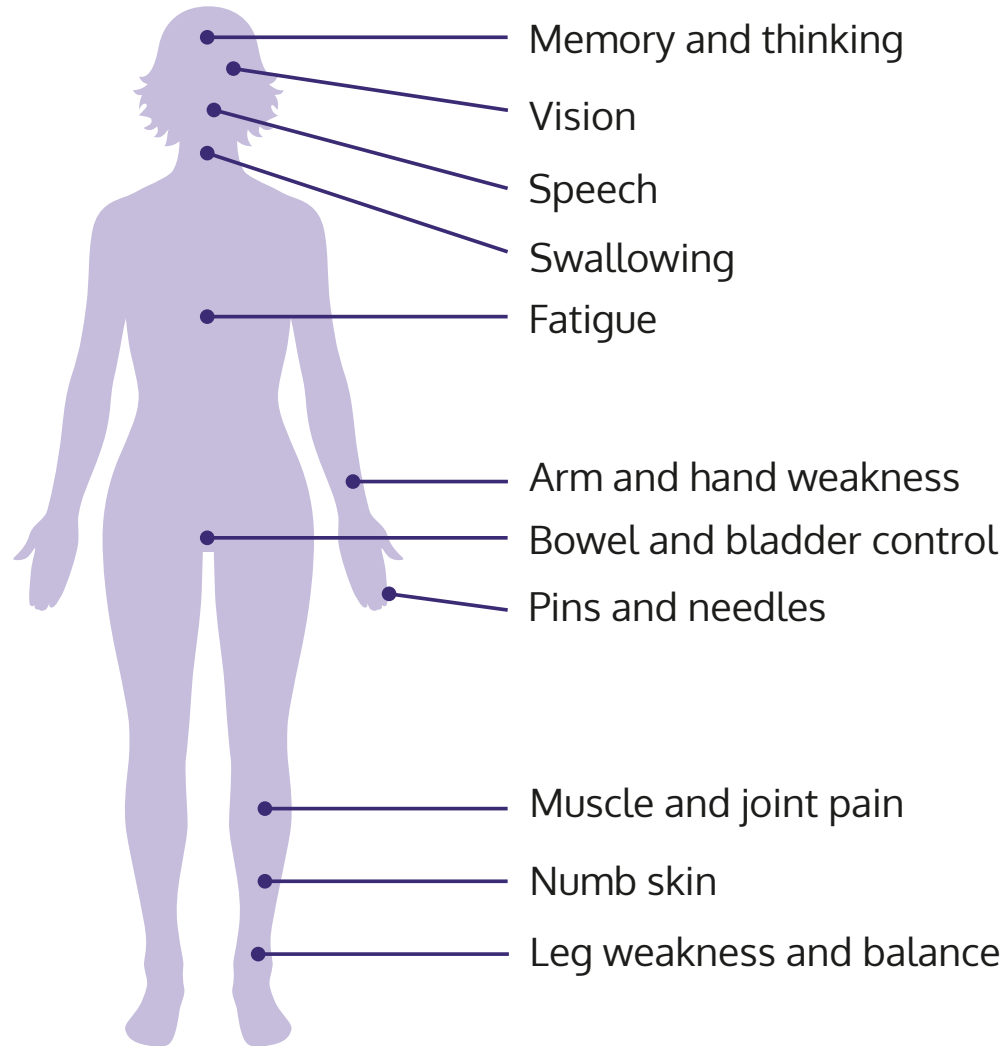


Tell me more information



I do not understand

# My body





# My health



Ok



Pain



Dizzy



Sick



Tired



Help

# I feel



Happy



Sad



Worried



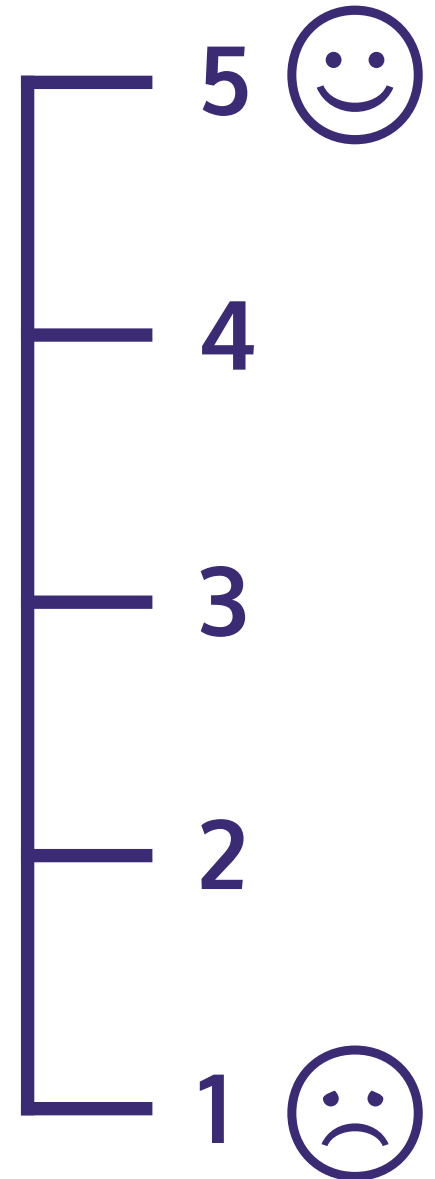
Frustrated



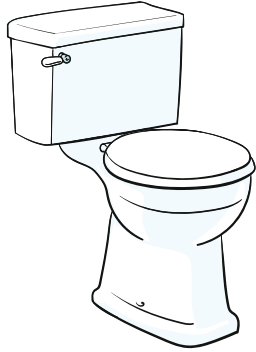
Confused



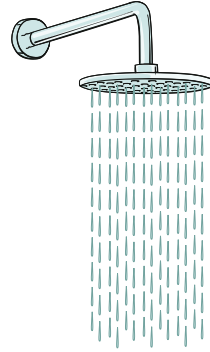
Scared



# My room



Toilet



Shower



I feel hot



I feel cold



On



Off

# I want to



Lie down

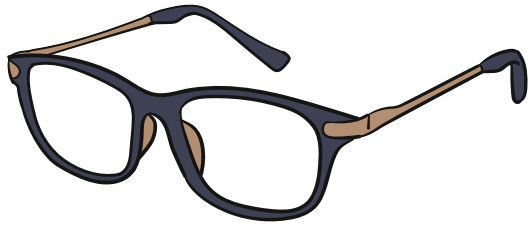


Sit up

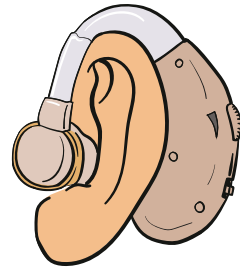


Sit in a chair

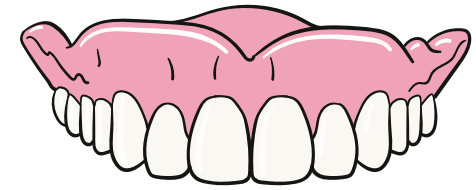
# I need my



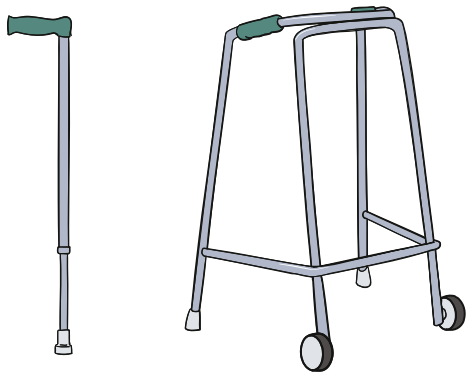
Glasses



Hearing aid



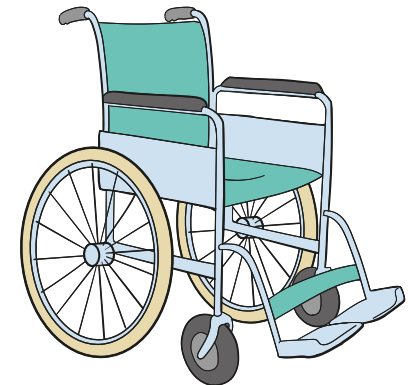
Dentures



Walking stick or  
walking frame

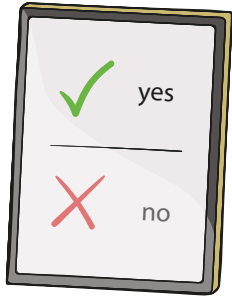


White cane

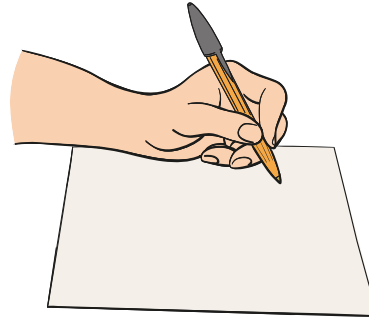


Wheelchair

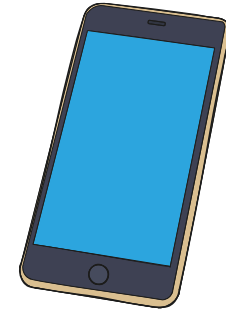
# I need my



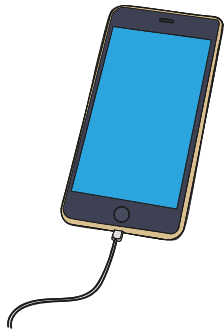
Communication aid



Pen and paper



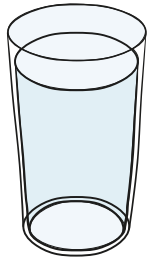
Phone



Phone charger

Notes:

# Drinks



Water



Juice



Milk



Tea



Coffee



Sugar

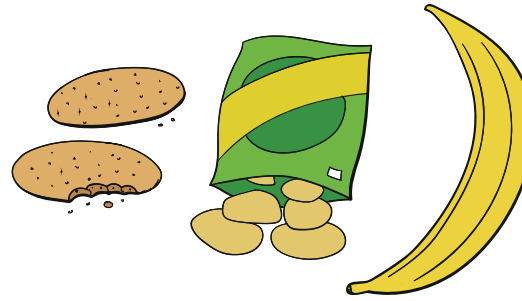


I do not want to drink

# Food



I am hungry



Snack



I do not want to eat

I have **dietary needs**:

I cannot eat:



# Days of the week

Monday

Tuesday

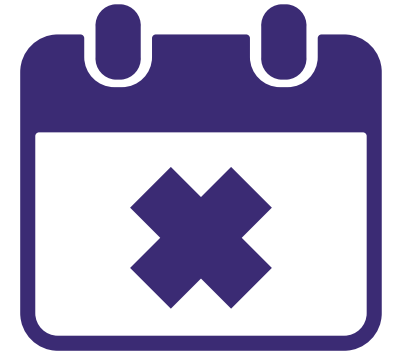
Wednesday

Thursday

Friday

Saturday

Sunday



# Calendar

January  
February  
March  
April

May  
June  
July  
August

September  
October  
November  
December

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>	<b>31</b>				

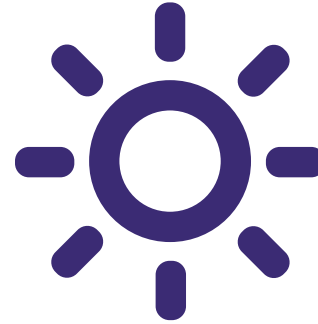
# Time



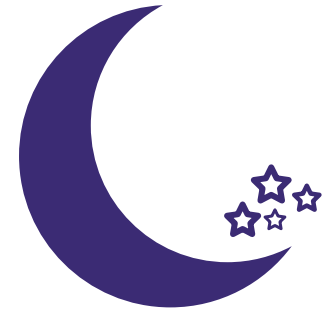
What time is it?



Morning



Afternoon



Night

Yesterday



Today



Tomorrow



# Letter chart

<b>a</b>	<b>b</b>	<b>c</b>	<b>d</b>	space >	
<b>e</b>	<b>f</b>	<b>g</b>	<b>h</b>	< back	
<b>i</b>	<b>j</b>	<b>k</b>	<b>l</b>	<b>m</b>	<b>n</b>
<b>o</b>	<b>p</b>	<b>q</b>	<b>r</b>	<b>s</b>	<b>t</b>
<b>u</b>	<b>v</b>	<b>w</b>	<b>x</b>	<b>y</b>	<b>z</b>

**Yes**



**No**



# Keyboard



Yes



Space



No



# Order a free Communication Support Pack

The **Stroke Association** is a charity that helps people **rebuild** their **lives after stroke**.

Order your **free communication pack**. This includes:

- Two **guides** in an **aphasia-friendly** style.
  1. **Your communication** after a stroke.
  2. **Stroke**.
- Communication problems after a stroke **guide** for **carers**.
- Communication **card**.
- Communication **Picture Book: Community**.

To **order** or **download** your Communication Support Pack visit **[stroke.org.uk/aphasia](https://stroke.org.uk/aphasia)**  
Or **call** our **Helpline** on 0303 3033 100.



Our Stroke **Helpline** can **help** with **practical** and **emotional support**.

The Helpline can give you **information** about **stroke**.

They can tell you about **support** in **your area**.

You can phone **0303 3033 100**.

The Helpline is **open Monday** to **Saturday**.



You can visit our **website** to find **more information** about stroke.

Website: **stroke.org.uk**

# Notes



# Notes

A **stroke** happens **every five minutes** in the UK.

Stroke **changes lives.**

**Recovery is tough.**

But with the **right specialist support** the brain can **adapt.**

Our **specialist support, research and campaigning** are only possible with the support of the **stroke community.**

With more **donations and support** we can **rebuild** even more **lives.**

## Contact us

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We're here for you. Contact us for expert information and support by phone, email and online.

Stroke Helpline: **0303 3033 100**

From a textphone: **18001 0303 3033 100**

Email: **helpline@stroke.org.uk**

Website: **stroke.org.uk**

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Rebuilding lives after stroke

**Stroke**  
Association

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