

Volunteer Role Description

Stroke Group Supporter (Service Groups)



Role Summary

Our Life After Stroke service groups play an important role in ensuring that stroke survivors do not become socially isolated. They also help to build the confidence and self-esteem of the people who attend. As a Stroke Group Supporter you will be part of a team assisting in the running of one (or more) of these service groups.

Tasks this role can include:

- Assist Stroke Association staff in arranging activities for the group by helping to provide information and researching local activity and/or service providers.
- Supporting people to take part in activities organised for the group.
- Supporting Stroke Association staff to set-up/clear away venues for group meets.
- Meeting and greeting group members.
- Preparing and providing refreshments.
- Potentially helping with other tasks that ensure the smooth running of the group such as risk assessments, first aid and compiling user feedback.

This might be the role for you if:

- You have excellent listening skills.
- You have excellent organisational skills.
- You enjoy working with other people.
- You have a friendly and approachable manner.

The benefits for you:

- Practical experience of working with people who have been affected by stroke.
- An understanding and awareness of stroke and its effects and the challenges people face after stroke.
- An opportunity to enhance your CV or learn new skills.
- An opportunity to engage with your local community.
- An opportunity to gain experience with a well-respected charity delivering sector-leading services.

Support and training provided:

Mandatory Training (Volunteers MUST complete this training to perform the role)

- The Stroke Association Volunteer Induction (face to face – one full day).
- Health and Safety Intro for Groups and Cafes (face to face – two hours). **Only mandatory if volunteers are supporting in groups with staff not always present.**

Additional Learning Opportunities (Further relevant learning you can undertake)

- Safeguarding.
- Client Assist.
- Hidden Effects of Stroke.
- Emotional Impact of Stroke.
- Supporting People with Aphasia.

Ongoing Support and Training

- Ongoing and regular training and support as the role requires.
- Induction Area on STAR
- Out of pocket expenses are reimbursed.

A Disclosure and Barring Service (DBS) check at an enhanced or standard level is required for this role, or a PVG or Access NI check in the appropriate countries.

Stroke Helpline	Website	Phone	Fax	Textphone
0303 30 33 100	www.stroke.org.uk	020 7566 0300	020 7490 2686	020 7251 9096

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