

## 13<sup>th</sup> UK Stroke Association Forum Conference

### Stroke Research Training Day

Tuesday 4 December 2018

Wenlock Suite, International Centre, Telford

#### Aims

The Stroke Research Training Day is an excellent networking event and development opportunity. It is aimed at those who want to get involved in research for the first time as well as those who have already started in a research career.

Researchers at all career levels are welcome; we aim to provide engaging sessions and activities that are useful for all. However, this year we have split the afternoon into two distinct sessions. The 12.30-14.30 session is tailored for those interested in becoming involved for the first time and/or applying for some PhD funding (Earliest careers). The session at 15:00 to 17:00 is a session tailored for those who have begun a stroke research career, but are still at the early stages, perhaps still studying their PhD or at the beginning of a Postdoctoral fellowship (Early careers).

The Stroke Association's Lecturers, Senior Lecturers and Readers will facilitate discussions. Our aim is to provide a friendly, fun and supportive environment which will allow you to: have an opportunity to discuss your research ideas with experts, hear some tips on how to do good posters, funding applications and publications, get advice on engaging stroke survivors in research and learn about clinical trial development.

Please note: We would encourage you and very much welcome you in attending the full day if you are an early career researcher, although we have tailored the sessions to be more suitable to different career stages as outlined above.

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### Stroke Research Training Day - Preliminary Programme

**Chair:** Dr Kate Holmes (*Assistant Director of Research, Stroke Association*)

**Facilitators:**

Professor Audrey Bowen (*Stroke Association / John Marshall Memorial Professor of Neuropsychological Rehabilitation, University of Manchester*)

Dr Phil Clatworthy (*Stroke Association / Thompson Family Senior Clinical Lecturer, University of Bristol*)

Dr Nele Demeyere (*Stroke Association / Lord Leonard and Lady Estelle Wolfson Foundation Lecturer, University of Oxford*)

Dr Fergus Doubal (*Stroke Association / Garfield Weston Foundation Senior Clinical Lecturer, University of Edinburgh*)

Dr Rebecca Fisher (*Stroke Association, HRH The Princess Margaret Senior Lecturer, University of Nottingham*)

Dr Lesley Scobbie (*Stroke Association, HRH The Princess Margaret Clinical Lecturer, Glasgow Caledonian University*)

Dr Terry Quinn (*Joint Stroke Association / Chief Scientist Office Senior Clinical Lecturer, University of Glasgow*)

Dr Katie Gallacher (*Stroke Association, HRH The Princess Margaret Clinical Lecturer, Glasgow University*)

Dr Chris Price (*Stroke Association, HRH The Princess Margaret Clinical Reader, Newcastle University*)

Dr Sue Pownall (*University of Sheffield*)

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## Agenda – Session 1 (Earliest careers)

- 12:30 – 12:35**    **Welcome and Introduction**  
Dr Kate Holmes (*Assistant Director of Research, Stroke Association*)
- 12:35 – 12:55**    **Beginning a career in stroke research**  
Dr Eirini Kontou (*Senior Research Fellow, University of Nottingham*)
- 12:55 – 13:15**    **Research support in a clinical environment: what's available and how to access it**  
Dr Sue Pownall (*Head of Sheffield Adult SLT Service, Sheffield University*)
- 13:15 – 13:35**    **How to get your PhD fellowship funded**  
Dr Terry Quinn (*Joint Stroke Association / Chief Scientist Office Senior Clinical Lecturer*)  
This session will cover what a good fellowship application looks like and some tips to follow and pitfalls to avoid in preparing your Fellowship application.
- 13:35 – 14:20**    **Parallel Workshops**  
**Choose from one of the following:**
- 1. How to make a good poster of your research**  
Work with our facilitators and your group to critically review posters and develop ideas and feedback points for how to make improvements.
  - 2. Patient and Public Involvement (PPI) in Research**  
This session will be run by the Research Engagement Officer at the Stroke Association, Laura Piercy. Laura will provide a session on PPI that is established amongst many medical research funders across the UK to outline best practice dos and don'ts in involving and engaging public and patients in research.
  - 3. Research Support in a Clinical Environment**  
Tips and overcoming challenges on how to gain research experience and get support needed in a pressurised environment (Dr Sue Pownall).
  - 4. Getting involved in research for the first time**  
Are you interested in getting involved in research but don't quite know where to start? If so, come along to this session and gets some ideas on the first steps to consider. (N.B. This will be limited to 10 people).
  - 5. Bring Your Research Idea to Discuss**  
This session will allow researchers with developed research ideas for a funding application to pitch their idea to a small expert panel in the style of a 'mock-interview'. Alternatively, for those with early research ideas who are interested in discussing in a 121 environment to gain advice and pointers on their research, we will also be able to offer 121 advice sessions.
- To participate in this session, please ensure you register and send us a project title or 121 topic summary by email to [research@stroke.org.uk](mailto:research@stroke.org.uk) by **Tuesday 27 November** at the latest.
- 14:20 – 14:30**    **Brief Feedback on Key Learning Points from Workshops and Close of session**
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## Agenda – Session 2 (Early careers)

15:00 – 15:05 **Welcome and Introduction**

Dr Kate Holmes (*Assistant Director of Research, Stroke Association*)

15:05 – 15:25 **Research Impact: How to showcase your research**

Dr Rebecca Fisher (*Stroke Association, HRH The Princess Margaret Senior Lecturer, University of Nottingham*)

15:25 – 15:45 **A Career in Stroke Research**

Dr Ulrike Hammerbeck (*Research Physiotherapist, University of Manchester*)

15:45 – 16:05 **Lessons on Developing Clinical Trials**

Speaker TBC

16:05 – 16:50 **Parallel Workshops**

**Choose from one of the following:**

**1. Patient and Public Involvement (PPI) in Research**

This session will be run by the Research Engagement Officer at the Stroke Association, Laura Piercy. Laura will provide a session on PPI that is established amongst many medical research funders across the UK to outline best practice dos and don'ts in involving and engaging public and patients in research.

**2. Setting up a Clinical Trial**

TBC

**3. How to write a 4\* Stellar paper**

This will be an informative workshop to share some tips and advice on how to write good quality papers and get your work published on first submission.

**4. Where to look for future funding for your research?**

This will be an informative session hosted by SA staff on how to seek out funding opportunities to continue your research after your first Fellowship/PhD including which funder support stroke research and the types of grants available.

**5. Bring Your Research Idea to Discuss**

This session will allow researchers with developed research ideas for a funding application to pitch their idea to a small expert panel in the style of a 'mock-interview'. Alternatively, for those with early research ideas who are interested in discussing in a 121 environment to gain advice and pointers on their research, we will also be able to offer 121 advice sessions.

To participate in this session, please ensure you register and send us a project title or 121 topic summary by email to [research@stroke.org.uk](mailto:research@stroke.org.uk) by **Tuesday 27 November** at the latest.

16:50 – 17:00 **Brief Feedback on Key Learning Points from Workshops and Close of session**

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