Aims

The Stroke Research Training Day is an excellent networking event and development opportunity. It is aimed at those who want to get involved in research for the first time as well as those who have already started in a research career. Researchers at all career levels are welcome; we aim to provide engaging activities that are useful for all.

The Stroke Research Training Day is always one of the highest rated workshops at the UK Stroke Forum, based on feedback from last year we have developed a programme that should have something for everyone. We have invited speakers from two different research backgrounds to talks about their stroke research journey. In our interactive workshops we will learn more about engaging stroke survivors in research, review and discuss posters and grant applications and give you the opportunity to share your research ideas.

The Stroke Association's Lecturers, Senior Lecturers and Readers will facilitate discussions. Our aim is to provide a friendly, fun and supportive environment which will allow you to: have an opportunity to discuss your research ideas with experts, practice critical assessment of research, get expert career advice and grow your network.

In 2017 for the 1st time: we will be encouraging and welcoming all researchers engaged in pre-clinical and basic science research to come along to our research training day; and a pre-clinical researcher networking session will be hosted by Dr Paul Kasher. Please do come along!

Please note: We would prefer for you to attend this session for the full day if possible; however, we understand other commitments may make this difficult, so we have split the day into two separate sessions from 12:30-14:30, and from 15:00-17:00. The content in each session will be different, but self-contained.

Stroke Research Training Day - Preliminary Programme

Chair: Dr Kate Holmes (Director of Research and Information, Stroke Association)

Facilitators:

Professor Audrey Bowen (Stroke Association / John Marshall Memorial Professor of Neuropsychological Rehabilitation, University of Manchester)
Dr Phil Clatworthy (Stroke Association / Thompson Family Senior Clinical Lecturer, University of Bristol)
Dr Nele Demeyere (Stroke Association / Lord Leonard and Lady Estelle Wolfson Foundation Lecturer, University of Oxford)
Dr Fergus Doubal (Stroke Association / Garfield Weston Foundation Senior Clinical Lecturer, University of Edinburgh)
Dr Rebecca Fisher (Stroke Association, HRH The Princess Margaret Senior Lecturer, University of Nottingham)
Dr Lesley Scobbie (Stroke Association, HRH The Princess Margaret Clinical Lecturer, Glasgow Caledonian University)
Dr Terry Quinn (Joint Stroke Association / Chief Scientist Office Senior Clinical Lecturer, University of
Dr Katie Gallacher *(Stroke Association, HRH The Princess Margaret Clinical Lecturer, Glasgow University)*
Dr Paul Kasher *(Stroke Association, HRH The Princess Margaret Lecturer, University of Manchester)*
Dr Chris Price *(Stroke Association, HRH The Princess Margaret Clinical Reader, Newcastle University)*
Annette Dancer *(Stroke Survivor and Advisor on ReaDySpeech Dysarthria Research Study)*
Claire Mitchell *(Speech and Language Therapist and Lead on ReaDySpeech, University of Manchester)*
Mr Kelly Burke, *(Informal Carer and Advisor on OSCARSS Carer Research Study and Mrs Mary Burke)*
Dr Emma Patchick *(Psychologist; Leads on OSCARSS, NIHR CLAHRC GM, University of Manchester)*

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**Agenda – Session 1**

12:30 – 12:35  **Welcome and Introduction**
Dr Kate Holmes *(Assistant Director of Research, Stroke Association)*

12:35 – 13:00  **My career in stroke research**
Professor Audrey Bowen *(Stroke Association / John Marshall Memorial Professor of Neuropsychological Rehabilitation, University of Manchester)*
Audrey will give a 15 minute talk followed by 10 minutes for Q&A.

13:00 – 13:40  **Parallel Workshops and Networking Sessions (1)**

Choose from one of the following:

1. **What Does a Good Grant Application Look Like?**
   In this session we will give an insider’s view on the process of research grant review. We will work with real grant applications, reviewing them as a group and discussing what makes a successful application.

2. **Patient and Public Involvement (PPI) in Research**
   This session will be facilitated by stroke survivors and an informal carer (Annette Dancer, Mary and Kelly Burke) and speech and a language therapist and a psychologist (Claire Mitchell, and Emma Patchick), reflecting on their experiences co-producing stroke research to generate best practice. They will offer tips and advice for involving people affected by stroke in your research.

3. **Career Advice for Stroke Research**
   As a follow-up to her talk, Audrey will host a workshop group to answer further queries or offer advice and guidance to those looking to develop their career in stroke research.

4. **Networking Sessions**
   The networking sessions will be facilitated in groups based on these. Suggested topics include: Research Delivery, Pre-Clinical Research or Basic Research, Getting Involved in Research for the 1st Time, Acute Care and Community Care. Other suggestions are welcome on the day or in advance via email (research@stroke.org.uk).

13:40 – 13:55  **Feedback on Key Learning Points from Workshops/Networking**
Bring Your Research Ideas and Challenges (1)

i) Pitching Your Research Project Idea To A Panel

This session will allow you to pitch your research idea and a summary of your plans to an expert panel. This should be a research project plan that is fairly well developed and ready for an application. Feedback and questions will be offered in a friendly and fun environment to help you improve on an early idea or a funding application you are preparing to submit. All levels are welcome, whether you are preparing to apply for a PhD or a programme grant, we can offer friendly feedback and suggestions for improvement. Others who do not have ideas to bring forward are invited to join the group to listen, observe or contribute. A 121 session will also be run in a more private environment for discussion of earlier stage ideas (see below). This session will be run on a first-come-first-served basis, so please send your ideas in fast!

ii) 121 Sessions

We will hold a small number of 121 sessions with some of our lecturers to discuss your early stage ideas or challenges you are facing in your work (not a fully developed project idea – that can be pitched to the panel).

Please Note: If you would like to participate and discuss your ideas in the ‘Pitching Your Research Project Idea’ session, please email research@stroke.org.uk in advance. If you would like to pitch your project to the panel you will need to provide the title of your project idea that you’d like to discuss. If you have an early idea or challenge for a 121 can you please provide a short summary (now more than 100 words) to describe this. We would encourage as many of you as possible to take up this opportunity and we will fit as many as we can into this and the afternoon session. Please ensure you register and send us a project title or 121 topic summary by email to research@stroke.org.uk by Thursday 23 November at the latest.

Close of Session

14:30 – 15:00 EXHIBITION & REFRESHMENTS (Hall 2)

Agenda – Session 2

15:00 – 15:05 Welcome (back) and Introduction to Session 2
Dr Kate Holmes (Assistant Director of Research, Stroke Association)

15:05 – 15:30 My career in stroke research
Dr Terry Quinn (Joint Stroke Association / Chief Scientist Office Senior Clinical Lecturer, University of Glasgow)
Terry will give a 15 minute talk followed by 10 minutes for Q&A.
Parallel Workshops and Networking Sessions (2)

15:30 – 16:10

Choose from one of the following:

1. **What Does a Good Poster Look Like?**
   In this session you work with our facilitators and your group to critically review posters and develop ideas and feedback points for how to make improvements.

2. **Capacity to Consent**
   In this session you will learn about how to assess mental capacity to consent to research, including how to support patients and family in the process. We will discuss the group's experiences in consenting using case examples. This session is particularly aimed at people involved in research delivery.

3. **Career Advice for Stroke Research**
   As a follow-up to his talk, Terry will host a workshop group to answer further queries or offer advice and guidance to those looking to develop their career in stroke research.

4. **Networking Sessions**
   The networking sessions will be facilitated in groups. Suggested topics include: Research Delivery, Pre-Clinical Research or Basic Research, Getting Involved in Research for the 1st Time, Acute Care and Community Care. Other suggestions are welcome on the day or in advance via email (research@stroke.org.uk).

Feedback on Key Learning Points from Workshops/Networking

16:10 – 16:25

**Bring Your Research Ideas and Challenges (2)**

16:25 – 17:00

i) **Pitching Your Research Project Idea To A Panel**

This session will allow you pitch your research idea and a summary of your plans to an expert panel. This should be a research project plan that is fairly well developed and ready for an application. Feedback and questions will be offered in a friendly and fun environment to help you improve on an early idea or a funding application you are preparing to submit. All levels are welcome, whether you are preparing to apply for a PhD or a programme grant, we can offer friendly feedback and suggestions for improvement. Others who do not have ideas to bring forward may join the group to listen and observe. A 121 session will also be run in a more private environment for discussion of earlier stage ideas (see below). This session will be run on a first-come-first-served basis, so please send your ideas in fast!

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**Close of Session**

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