

UK Stroke Assembly North
Tuesday 30 – Wednesday 31 May 2017
Crewe Hall, Crewe, Cheshire CW1 6UZ
Pre event information

1. Before you arrive

Expectations



The UK Stroke Assembly is about giving a **voice** to those people affected by stroke. You will be able to:

- Have your say on stroke and the things that matter to you
- Take action on stroke and influence future campaigns
- Hear developments in stroke care and research
- Meet other people in a similar situation
- Share your own experiences and help others in their recovery
- Meet leading stroke charities and those working in the field of stroke
- Find out about products and services to support in life after stroke
- Try something new



Preparation



There is lots **to do**, **hear** and **see** at the UK Stroke Assembly.

Prepare for the event by:

- Reading the programme (attached) or at www.stroke.org.uk/uksa

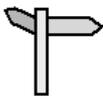
Q&A

- Writing a list of questions for speakers and those who support stroke
- Think about:
 - The things that matter to you
 - Your hopes and concerns
 - Anything you would like help with



2. Getting there

The UK Stroke Assembly North will be held at:



Crewe Hall

Weston Road

Crewe

Cheshire

CW1 6UZ



01270 253333

www.ghotels.co.uk/our-locations/crewe-hall



See the attached **map** and travel directions.

Please refer to the Highways Agency website when planning your journey.

<http://www.trafficengland.com/#>



Free parking is available at the hotel.

Due to high demand it is not possible to reserve disabled parking.

If you are travelling by **train** visit www.disabledpersons-railcard.co.uk or call 0345 605 0525 to find out about applying for a disabled persons railcard or arranging help getting on and off the train.



If you use a wheelchair or scooter, we recommend you bring this with you. The event will be held in the modern, purpose-built conference centre, located to the side of the Old Hall.

You are welcome to look around the Old Hall, however please note there is limited access for wheelchairs.

3.Event registration – Tuesday 30 May



Register between **2.00pm – 4.00pm** at the **UK Stroke Assembly registration desk** in the Events Centre in the West Wing (not the Old Hall).

Lunch is not included but you can buy lunch in the Events Centre.



When you register you will be given a **delegate bag, programme booklet** and your **name badge**.

Once you have registered:



- Look at the venue and programme
- Attend the optional workshop between 3.00pm – 4.00pm
- Chat to other delegates over a cup of tea / coffee

If you are tired from your journey you do not have to attend the workshops, even if you have pre booked.

4.Accommodation at Crewe Hall



Bedroom **check in** is from **4.00pm** in the Events Centre in the West Wing (not the Old Hall). If you need your room earlier please ask.



Leave your bags at the UK Stroke Assembly desk or in your car out of sight.

Bedrooms are ensuite.



Some have a **bath** with a **shower over** and some have a **walk in shower** with a **small step**.

A limited number of accessible bedrooms with wet rooms are available if pre booked.

5. Dinner



A **drinks reception** and **dinner** will be held on **Tuesday 30 May** in the Events Centre. This is included in a residential ticket.

Drinks reception will be at **5.30pm**.

You will have a choice of one drink of house wine, beer or a soft drink.



dinner

Dinner will be served at **7.15pm**.

Unfortunately we cannot offer you a menu choice.

There are talks before dinner.

If you have a **special diet** and have requested a special menu please speak to the **catering team** or a member of the event staff.



Water will be provided with dinner or drinks can be bought from the bar.

To charge drinks to your bedroom you will need to set up a bar account when you check in.

Make May Purple



This event is a finale to 'Make May Purple' and with your help we want to make this a big purple evening. Why not wear something purple, fancy dress or an unusual outfit? A prize will be awarded for the best dressed.

Small donations towards Make May Purple would be gratefully received on the evening.

6. Breakfast



restaurant

Breakfast is available anytime between **6.30am - 9.30am**.

Check-out



Check-out is before **11am** in the **Events Centre**.

On Wednesday the conference starts at 9.00am.

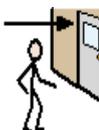
Any charges to your room must be paid when you check out.



You can leave your bags in the West Wing or in your car, out of sight.

Taxis can be ordered at the UK Stroke Assembly desk.

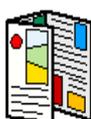
7. Event registration – Wednesday 31 May



If you are attending for one day on Wednesday 31 May, register between **8.30am – 9.00am** at the UK Stroke Assembly **registration desk** in the Events Centre.

You do not need to register again if you arrived on Tuesday 30 May.

8. Programme



A copy of the latest **programme outline** is enclosed.

Workshops



You will have made your workshop choices when you booked.

These will be printed on the back of your name badge.

You don't have to attend all the workshops even if you have pre-booked.

Asking questions



At the end of each talk you can **ask** the **speaker** a **question**.

Q&A

Alternatively, write it down with your contact details and put it into the comments box. Staff can help with this.

We will do our best to answer your questions.

Extra sessions



There will be some practical and wellbeing activities to have a go at in the exhibition on Wednesday.

Take a break



The programme is busy. Take breaks when you need to.

Refreshments will be available.

Help

Staff will be at the UK Stroke Assembly desk all day.

Ask if you need any help.



Event staff will be **wearing blue lanyards** and **name badges**.

They can help you move around the venue, or help carry items.

Communication support



There will be staff and volunteers offering **communication support** in the talks and workshops. They can help take notes or explain things the speaker says.



They will be wearing **orange lanyards** and **name badges**.

Dedicated **communication tables** will be in each of the main talks. They will have orange table cloths on them. Help will be available at these tables.



If you need help at the event please complete the **communication passport** attached and send it to us at info@strokeassembly.org.uk or bring it with you on the day so we know how best to support you.

Literature is available in **large** print if requested before the event.

9. Lunch and Refreshments



Lunch is not provided on **Tuesday** but can be bought at the venue. **Lunch** on **Wednesday** will be at 12noon or 12.45pm.

Refreshments will be available during the event.



Take as many breaks as you like and whenever you like.



If you have a **special diet** and have requested a special menu please speak to the **catering team** or a member of the event staff.

10. Feedback

Tell us what you think about the event, programme and venue:



- Fill in an evaluation form
- Talk to a member of event staff
- Contact us afterwards on info@strokeassembly.org.uk or 01527 903 917

11. Money



There are no cash points on site.

Bursaries



If you need a bursary to help pay for your costs of attending the event please contact us on 01527 903 917 or info@strokeassembly.org.uk

Bursaries will be paid after the event.

You will need receipts for any non-mileage expenses or taxi fares.

12. Any other questions?



Visit the **frequently asked questions** page on our website:

www.stroke.org.uk/uksa



Contact us on info@strokeassembly.org.uk or 01527 903 917.

We look forward to seeing you in Crewe.

The UK Stroke Assembly is organised by



Clinical Research Network
Stroke

and stroke survivor representatives from across the UK