

11th UK Stroke Forum Conference
Monday 28 - Wednesday 30 November 2016
ACC, Liverpool

Preliminary Programme as of 11 November 2016
 (The UKSF reserves the right to amend speakers and content within this preliminary programme)

Training Day – Monday 28 November

10:00 – 17:00 **Registration open**
Refreshments served from 10:00 in the Exhibition Hall (Hall 2 Lower Level)
Lunch served at 11:45-12:30 in the Exhibition Hall (Hall 2 Lower Level)

10:00 – 18:15 **Exhibition open (Hall 2 Lower Level)**

Training Stream 1

12:30 – 14:30 **British Association of Stroke Physicians Training (Part 1)**
Auditorium **Chairs:** Dr David Hargroves (*Consultant Physician and Clinical Lead for Stroke Medicine, East Kent Hospitals University NHS Foundation Trust. BASP Training and Education Committee Chair*)
 Professor Helen Rodgers (*Professor of Stroke Care, President of British Association of Stroke Physicians*)
 Dr Manda Lam (*Honorary Clinical Research Fellow in Stroke Medicine, University Hospital of Leicester NHS Trust, BASP Training and Education Trainee Rep*)

Interesting cases with expert panel discussion

Dr David Hargroves (*Consultant Physician and Clinical Lead for Stroke Medicine, East Kent Hospitals University NHS Foundation Trust. BASP Training and Education Committee Chair*)
 Professor Helen Rodgers (*Professor of Stroke Care, President of British Association of Stroke Physicians*)
 Dr Anthony Pereira (*Consultant Neurologist, St George's Hospital, London*)

Case presenters

Dr Hannah Giddings (*Stroke Fellow, Wirral University Teaching Hospital*)
 Dr Rachael Slater (*Geriatric Registrar, Leicester Royal Infirmary*)
 Dr Navraj Chattha (*Geriatric Registrar, Maidstone Hospital, Maidstone and Tunbridge Wells NHS Trust*)

Evidence-based update (2016) for stroke physicians

Dr Ajay Bhalla (*Consultant Stroke Physician, St Thomas' Hospital*)

14:30 – 15:00 **EXHIBITION & REFRESHMENTS**
Hall 2

15:00 – 17:00 **British Association of Stroke Physicians Training (Part 2)**
Chairs: Dr David Hargroves (*Consultant Physician and Clinical Lead for Stroke Medicine, East Kent Hospitals University NHS Foundation Trust. BASP Training and Education Committee Chair*)
 Professor Helen Rodgers (*Professor of Stroke Care, President of British Association of Stroke Physicians*)
 Dr Manda Lam (*Honorary Clinical Research Fellow in Stroke Medicine, University Hospital of Leicester NHS Trust, BASP Training and Education Trainee Rep*)

The future TIA services should be open access with same day MRI imaging allowing all patients to meet new standard of access <24hrs

Professor Martin Dennis (*Chair of Stroke Medicine, Centre for Clinical Brain Sciences, Stroke Research Group, University of Edinburgh*)

Clinical dilemmas and end-of-life care for the practicing stroke physician

Dr Declan O'Kane (*Consultant Stroke Physician, Northampton General Hospital*)

The use of optokinetic stimulation in stroke rehabilitation

Ben Chitambira (*Clinical Specialist Physiotherapist, East Kent Hospitals University NHS Foundation Trust*)

Training Stream 2

12:30 – 17:00
Room 3B

Getting Involved in Stroke Research (Pre-Booking Required)

Chair: Dr Dale Webb (*Director of Research and Information, Stroke Association*)

The Stroke Research Training Day is an excellent networking event and a development opportunity. It is aimed at those who want to get involved in research for the first time as well as those who have already started in a research career. It combines presentations and expert mentoring by a team of facilitators with the use of 'action learning' methodology. We will look out at what it takes to make a successful career in stroke research, explore funding opportunities and resources and talk about the critical role that people affected by stroke play in the research process.

The Stroke Association's Lecturers, Senior Lecturers and Readers will facilitate discussions and hands-on action learning sessions on topics chosen by delegates. Our aim is to provide a supportive environment and a valuable opportunity to grow your network. Don't miss out!

Please note: if you sign up for this stream, you will need to attend the entire afternoon from 12:30-17:00.

Facilitators

Professor Audrey Bowen (*Stroke Association / John Marshall Memorial Professor of Neuropsychological Rehabilitation, University of Manchester*)

Dr Phil Clatworthy (*Stroke Association / Thompson Family Senior Clinical Lecturer, University of Bristol*)

Dr Nele Demeyere (*Stroke Association / Lord Leonard and Lady Estelle Wolfson Foundation Lecturer, University of Oxford*)

Dr Fergus Doubal (*Stroke Association / Garfield Weston Foundation Senior Clinical Lecturer, University of Edinburgh*)

Dr Rebecca Fisher (*Stroke Association, HRH The Princess Margaret Senior Lecturer, University of Nottingham*)

Dr Lesley Scobbie (*Stroke Association, HRH The Princess Margaret Clinical Lecturer, Glasgow Caledonian University*)

Dr Terry Quinn (*Joint Stroke Association / Chief Scientist Office Senior Clinical Lecturer, University of Glasgow*)

Speakers

Professor Pippa Tyrrell (*Professor of Stroke Medicine, University of Manchester*)

Dr Rebecca Palmer (*NIHR-HEFCE Senior Academic Clinical Lecturer, University of Sheffield*)

Marney Williams (*Member of Stroke Association Service User Review Panel*)

13:00 – 14:30
Room 7

ATTEST 2 and TEMPO 2 Joint Investigator Meeting (*Invitation Only*)
Chair: Professor Keith Muir (*SINAPSE Professor of Clinical Imaging & Consultant Neurologist, Queen Elizabeth University Hospital, Glasgow*)

14:30 – 15:00
Hall 2

EXHIBITION & REFRESHMENTS

Training Stream 3

12:30 – 17:00

Nursing and Rehabilitation Training Workshops – Research Into Practice

Delegates can choose to attend four workshops in total (one workshop from each set). Please note some workshops are repeated. These workshops feature practical activities to help you to support stroke survivors.

Spaces on these workshops are limited due to the nature of the sessions, therefore delegates are asked to arrive 5-10 minutes before the workshop begins and form a queue, spaces will be allocated on a first-come-first-served.

Please see the nursing/rehabilitation workshop timetable for a full schedule

A refreshment break is scheduled from 14:30 - 15:00 in Exhibition Hall (Hall 2, Lower Level)

Working With Informal Carers

Chair: Professor Pip Logan (*Professor of Rehabilitation Research, College of Occupational Therapists Specialist Section Neurological Practice*)

Speakers: Carole Haynes (*Stroke Association, Service User Representative*)
Professor Anne Forster (*Head of the Academic Unit of Elderly Care and Rehabilitation, University of Leeds, Bradford Teaching Hospitals NHS Foundation Trust*)

This training session, using international published carer research and personal experience, will present the most up to date information about the value, barriers and enablers of including informal carers, such as families, and friends in treatment of stroke patients. The learning outcomes will be pertinent to medics, nurses and allied health professionals who treat stroke patients in the community. It will include activities to take back to the workplace for use in Clinical Practice.

Applying Accessible Information Standards

Chair: Professor Pam Enderby (*Professor Emeritus, Sheffield University*)

Speakers:

Gill Pearl (*Chief Executive, Speakeasy*)
Dr Rebecca Palmer (*NIHR-HEFCE Senior Academic Clinical Lecturer, University of Sheffield*)

This session aims to provide an overview of the new NHS England Accessible Information Standard and its application to stroke care. Through discussion and practical activities delegates will consider the five components of the Standard (identification, recording, flagging, sharing and meeting of needs), how to apply them to stroke in their local context and how to adapt information to be accessible for patients with different needs.

Driving and Vision

Chair: Claire Howard (*British and Irish Orthoptic Society Lead for Stroke and Neuro Rehabilitation*)

Speakers:

Lauren Hepworth (*Research Orthoptist, University of Liverpool*)

Barbara Hatton (*Occupational Therapist, North West Driving Assessment Service*)

The aim of this session is to provide an overview of the regulations for returning to driving after stroke. There will be emphasis on the assessment process for those wishing to return to driving with a wide range of sensory and physical disabilities, as well as a detailed overview of the visual requirements for driving and overcoming barriers to driving.

Skin Care – is incontinence the only risk factor?

Chair: Clare Gordon (*NIHR Clinical Academic Fellow, Royal Bournemouth Hospital*)

Speakers:

Professor Andrea Nelson (*Head of School of Healthcare, University of Leeds*)

Louisa Way (*Lead Nurse, Tissue Viability, The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust*)

This session will explore the evidence underpinning the prevention and treatment of pressure ulcers, as well as the clinical care required. It will include: how to identify people at risk of pressure ulcers (including those with incontinence); the aetiology of pressure ulcers and factors affecting wound healing; understanding the severity of pressure ulcers and how this can be formally assessed; and will give an understanding of the validity and reliability of assessment tools.

12:40 – 14:30

Debate Session: stroke specific community care versus integrated stroke care within general community services

Chair: Professor Tony Rudd (*National Clinical Director for Stroke NHS England*)

Speakers:

Dr Craig Wakeham (*GP / Clinical Lead for Stroke Commissioning with Dorset CCG*)

Dr Umesh Chauhan (*GP CVD & Research Lead for East Lancashire CCG*)

Dr Rhoda Allison (*Consultant Therapist in Stroke, Torbay & South Devon NHS Foundation Trust*)

Julia Mardo (*Clinical Specialist Physiotherapist, Dorset HealthCare University NHS Foundation Trust*)

According to evidence, early supported discharge, and ongoing rehabilitation, should be provided by stroke specialist teams. However, in some areas implementing rehabilitation services for stroke patients has been facilitated by incorporating stroke rehabilitation within generic community rehabilitation teams. A leading stroke expert will chair the debate between two teams, each with a GP and a therapist involved in the commissioning, and provision of, community rehabilitation for stroke survivors.

‘Blue Chip’ Psychological Support

Chair: Dr Eirini Kontou (*Senior Research Fellow, University of Nottingham*)

Speakers:

Emma Mutton (*Assistant Practitioner – Early Support Discharge Team, Nottingham CityCare Partnership*)

Sharon O’Driscoll (*Specialist Mental Health Nurse, Early Supported Discharge Team Nottingham City Care*)

The aim of this training session is to provide an overview of psychological support in stroke care for all healthcare professionals. It will focus on developing confidence and skills to engage in difficult conversations. There will be an emphasis on practical approaches to dealing with emotional distress and it will cover aspects of risk assessment.

Creativity After Stroke: Using arts-based approaches in rehabilitation

Chair: Dr Caroline Ellis-Hill (*Senior Lecturer, Faculty of Health and Social Sciences, Bournemouth University*)

Speakers:

Catherine Lamont-Robinson (*Artist / Researcher Bristol School of Medicine*)

Marjorie Legg (*stroke survivor*)

In this workshop you will have the opportunity to meet the artist, the researcher who set up the project and a participant who took part in the successful HeART of Stroke research intervention. You will be invited to learn more about this project and explore the links between creativity and confidence-building following a stroke through discussions as well as hands-on practical experience of the techniques involved.

Upper Limb Rehabilitation: Research into practice

Chair: Dr Praveen Kumar (*Senior Lecturer in Physiotherapy, Faculty of Health and Applied Sciences, University of the West of England, Bristol*)

Speaker:

Dr Isobel Hubbard (*Academic Researcher, University of Newcastle, New South Wales, Australia*)

This session will briefly review recovery mechanisms and trajectories, natural history and factors that influence upper limb recovery. Delegates will be provided with an opportunity to review a stratified approach to upper limb management based on stroke severity and practical tips will be provided by the tutor. A case study approach will be taken to guide the learning and there will be opportunities, including small group activities, for delegates to gain practical tips and explore clinical implications.

How to achieve 45 minutes of therapy a day?

Chair: Michelle Price (*Consultant Therapist for Stroke and Neurorehabilitation, Powys Teaching Health Board*)

Speakers:

Louisa-Jane Burton (*Research Fellow, Academic Unit of Elderly Care and Rehabilitation, Bradford Teaching Hospitals NHS Foundation Trust and the ReAcT Study Team*)

Dr David Clarke (*Lecturer in Stroke Care, Academic Unit of Elderly Care and Rehabilitation, Bradford Institute for Health Research*)

This session aims to encourage delegates to consider factors influencing the amount of therapy provided and ways of working to promote provision of 45 minutes of therapy a day. An overview of the evidence will be provided followed by group work reviewing vignettes of working practices that demonstrate factors influencing therapy provision and considering whether change would be necessary and feasible. A summary of take home messages from studies in this area will be provided.

Acute Stroke Care: Not basic but fundamental!

Chairs: Professor Caroline Watkins (*Professor of Stroke and Older People's Care, University of Central Lancashire*) and Clare Gordon (*NIHR Clinical Academic Fellow, Royal Bournemouth Hospital*)

Speakers:

Professor Anne Alexandrov (*Professor of Nursing at Australian Catholic University, Sydney*)

Dr Stephanie Jones (*Senior Research Fellow, University of Central Lancashire*)

Dr Chris Price (*Clinical Senior Lecturer, Newcastle University*)

Professor Peter Langhorne (*Chair Elect of UK Stroke Forum, Professor of Stroke Care, University of Glasgow*)

Dr Gavin Young (*Consultant Neurologist, South Tees Hospital NHS Foundation Trust*)

The session will provide an opportunity for training and self-reflection on current level of knowledge and skills relevant to acute stroke care. The method used will be by completion or review of current SSEF profile and to provide the essential information and knowledge required to deliver high quality acute care. Further learning opportunities and information relevant for further study will be provided.

Training Stream 4

12:30 – 17:00

Room 11A

GP Training Workshop INVITE ONLY

Training Stream 5

12:30 – 17:00

Room 13

Social Care Training Workshop INVITE ONLY

17:00 – 18:15

Hall 2

Welcome Drinks Reception

An excellent opportunity to network with colleagues over a welcome drink and canapés whilst enjoying a performance from the Stroke Association North West Community Choir and the North West Stroke Survivors Art Exhibition.

17:00 – 18:00
Auditorium **British Association of Stroke Physicians (BASP) AGM**
Chair: Professor Helen Rodgers (*Professor of Stroke Care, President of British Association of Stroke Physicians*)

17:00 – 18:00
Room 12 **National Stroke Nursing Forum (NSNF) AGM**
Chair: Clare Gordon (*NIHR Clinical Academic Fellow, Royal Bournemouth Hospital*)

18:15
Hall 2 and City-side Entrance Piazza **Stroke Charities Fire and Ice Walk Fundraising Challenge**
Come along to watch fundraisers walking barefoot across a fire bed burning at 1200 degrees Fahrenheit and a bed of broken glass to raise vital funds for stroke charities.

Main Conference Day 1 – Tuesday 29 November

08:00 – 18:00 **Registration and Exhibition open**
Registration is open from 08:00 in the Entrance Foyer
Refreshments served from 08:00 in the Exhibition Hall (Hall 2 Lower Level)

Breakfast Sessions

08:00 – 08:50
Auditorium **Bayer Satellite Symposium: Effective stroke prevention; taking an individualised approach**



Speakers: Dr David Hargroves (*Consultant Physician and Clinical Lead for Stroke Medicine, East Kent Hospitals University NHS Foundation Trust. BASP Training and Education Committee Chair*)
Dr Deborah Lowe (*Consultant Stroke Physician & Geriatrician, Wirral University Teaching Hospital*)

BASP – Trainee Abstract Presentations

08:00 – 08:50
Room 3 **Chair:** Professor Rustam Al-Shahi Salman (*Professor of Clinical Neurology, University of Edinburgh*)

Welcome

Implementation of an acute care bundle for intracerebral haemorrhage and 30-day case fatality at a UK comprehensive stroke centre
Dr Adrian Parry-Jones (*NIHR Clinician Scientist, University of Manchester*)

Effect of transdermal glyceryl trinitrate on haemodynamic parameters in acute stroke: data from the Efficacy of Nitric Oxide in Stroke (ENOS) trial
Dr Jason Appleton (*Clinical Research Fellow in Stroke Medicine, University of Nottingham*)

Remote Ischaemic Conditioning After Stroke Trial (RECAST)
Associate Professor Timothy England (*Clinical Associate Professor and Honorary Consultant Stroke Physician*)

Plenary 1

09:00 – 10:30
Auditorium

A New Era for Stroke

Chair: Professor Avril Drummond (*Chair of UK Stroke Forum; Occupational Therapist and Professor of Healthcare Research, University of Nottingham*)

Welcome from the UK Stroke Forum Chair

Professor Avril Drummond (*Chair of UK Stroke Forum; Occupational Therapist and Professor of Healthcare Research, University of Nottingham*)

NHS England perspective on stroke treatment and care

Professor Sir Bruce Keogh (*Medical Director for NHS England*)

A new era for stroke: where next?

Dr Martin James (*Consultant Stroke Physician, Royal Devon & Exeter Hospital*)

Our stroke story: the carer's perspective

Valerie Shanks-Pepper (*Stroke Survivor Carer*)

Panel questions, led by the Chair

10:30 – 11:45
Hall 2

REFRESHMENTS & EXHIBITION
10:45 – 11:35 **POSTER TOURS**

10:50 – 11:40
Room 3

FOCUS & RESTART Trial Meeting

Chairs: Professor Martin Dennis (*Chair of Stroke Medicine, Centre for Clinical Brain Sciences, Stroke Research Group, University of Edinburgh*)
Professor Rustam Al-Shahi Salman (*Professor of Clinical Neurology, University of Edinburgh*)

10:50 – 11:40
Room 11

“The Closer We Get: Getting to Know Mum after a Stroke”

Chair: Chris Larkin (*Regional Director – North West, Stroke Association*)

10:50 – 11:30
Room 4

NIHR Trial Meeting (*Invitation Only*)

Chair: Professor Thompson Robinson (*Professor of Stroke Medicine, Deputy Head of Department, University of Leicester / Honorary Consultant Physician, University Hospitals of Leicester NHS Trust*)

Parallel Sessions 1

11:45 – 13:00
Auditorium

Parallel Session 1A

Hot Topics in Stroke Research: From bench to bedside and beyond

Chair: Dr Nikola Sprigg (*Associate Professor, Faculty of Medicine & Health Sciences, University of Nottingham*)

Welcome

Hyperacute stroke: IV thrombolysis – the optimum dose and other uncertainties: ENCHANTED

Professor Thompson Robinson (*Professor of Stroke Medicine, Deputy Head of Department, University of Leicester / Honorary Consultant Physician, University*)

Hospitals of Leicester NHS Trust)

Hyperacute: treatment of intracerebral haemorrhage – PATCH

Professor Rustam Al-Shahi Salman (*Professor of Clinical Neurology, University of Edinburgh*)

Early rehabilitation: when, who and how? – AVERT

Professor Peter Langhorne (*Chair Elect of UK Stroke Forum, Professor of Stroke Care, University of Glasgow*)

Prevention: targeting glucose metabolism to stop strokes – the IRIS study

Professor Gary Ford (*Consultant Stroke Physician, Oxford University Hospital/ Oxford University*)

11:45 – 13:00
Room 3

Parallel Session 1B
High Scoring Abstracts

Chair: Dr Jesse Dawson (*Clinical Reader / Consultant Stroke Physician, Queen Elizabeth University Hospital*)

Welcome

Opening the black box of evidence based in-hospital stroke rehabilitation: a realist evaluation of four stroke units in England

Dr Niki Chouliara (*Research Fellow, University of Nottingham*)

The impact of centralisation of acute stroke services upon scanning and thrombolysis indicators within Northumbria Health Care Trust: a time series evaluation

Dr Mat Elameer (*Academic Foundation Trainee, Newcastle Upon Tyne Hospital*)

Point prevalence of visual impairment following stroke

Dr Fiona Rowe (*Reader in Orthoptics and Health Services Research / NIHR Fellow, University of Liverpool*)

Platelet reactivity in patients with acute non-cardioembolic stroke or transient ischaemic attack: baseline data from a sub-study of the TARDIS randomised controlled trial – effects of pre-randomisation antiplatelet treatment with aspirin, dipyridamole or clopidogrel

Professor Stan Heptinstall (*Professor of Thrombosis and Haemostasis, University of Nottingham*)

Blood pressure variability and outcome in acute stroke: data from the Efficacy of Nitric Oxide in Stroke (ENOS) trial

Dr Jason Appleton (*Clinical Research Fellow in Stroke Medicine, University of Nottingham*)

Exploring the use of therapy timetabling in stroke units: selected findings from ReAcT, a qualitative case study in eight stroke units in England

Louisa-Jane Burton (*Research Fellow, Academic Unit of Elderly Care and Rehabilitation, Bradford Teaching Hospitals NHS Foundation Trust and the ReAcT Study Team*)

11:45 – 13:00
Room 11

Parallel Session 1C

Socio-economic Variation in Stroke: Comparing the UK, Swedish and German registries

Chair: Professor Tony Rudd (*National Clinical Director for Stroke NHS England*)

Welcome

Deprivation and stroke care quality in England and Wales

Lizz Paley (*Stroke Programme Intelligence Manager, Royal College of Physicians*)

What have we learnt from Sweden?

Associate Professor Marie Eriksson (*Head of Riksstroke Sekretariat, Sweden*)

What have we learnt from Germany?

Professor Peter Hermanek (*Head of Bavarian Institute for Quality Assurance, Germany*)

Social inequalities and outcomes after stroke

Dr Ben Bray (*Research Director, Sentinel Stroke National Audit Programme*)

11.45 – 13.00
Room 4

Parallel Session 1D

Cognition: From assessment to treatment

Chair: Professor Audrey Bowen (*Stroke Association / John Marshall Memorial Professor of Neuropsychological Rehabilitation, University of Manchester*)

Welcome

Cognitive screening

Dr Nele Demeyere (*Stroke Association / Lord Leonard and Lady Estelle Wolfson Foundation Lecturer, University of Oxford*)

Natural history of neuropsychological problems

Dr Terry Quinn (*Joint Stroke Association / Chief Scientist Office Senior Clinical Lecturer, University of Glasgow*)

Apraxia following stroke: identification and interventions

Therese Jackson (*Consultant AHP in Stroke, NHS Grampian*)

13:00 – 14:15

LUNCH & EXHIBITION Hall 2

13:30 – 13:45
Hall 2

Bayer Soapbox Science

Speaker: Sarah White (*Quality Improvement Lead, West of England Academic Health Science Network*)



The West of England Academic Health Science Network and Bayer have formed a partnership to support the nationally recognised programme, Don't Wait to Anticoagulate. Successful implementation in Gloucestershire CCG shows that the project has been successful in reviewing over 8000 AF patients and also shown that industry and the NHS can collaborate to provide sustainable change in primary care using Quality Improvement methodology.

13:45 – 14:10
Hall 2

Meet your coalition representatives and the UKSF Chair in the Knowledge Hub

13:30 – 14:10
Room 3 **RIGHT-2 / TICH-2 joint Trials Meeting**
Chair: Professor Philip Bath (*Stroke Association Professor of Stroke Medicine, Chair and Head of the Division of Clinical Neuroscience, University of Nottingham*)

13:30 – 14:10
Room 11 **University of Glasgow Joint Trials Meeting: PISTE-AI, PRACTISE and WAKE UP Chair:** Professor Keith Muir (*SINAPSE Professor of Clinical Imaging & Consultant Neurologist, Queen Elizabeth University Hospital, Glasgow*)

13:30 – 14:10
Room 4 **INSsPiRE (International Network of Stroke Secondary Prevention Researchers) Meeting (Invitation Only)**
Chair: Dr Maggie Lawrence (*Senior Research Fellow, Glasgow Caledonian University*)

Parallel Sessions 2

14:15 – 15:30
Auditorium
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Parallel Session 2A
High Scoring Abstracts
Chair: Professor Gary Ford (*Consultant Stroke Physician, OUH NHS FT and Chief Executive Officer, Oxford AHSN*)



Welcome

Is the ISAN score valid against stroke datasets with high levels of completeness?

Dr Andrew Hill (*Consultant Stroke Physician, St Helens and Knowsley Teaching Hospitals NHS Trust*)

The effect of transcranial direct current stimulation on motor learning and upper limb function after stroke

Melanie Fleming (*PhD Student, King's College London*)

Age is an independent predictor of paroxysmal atrial fibrillation in embolic strokes of undetermined source

Dr Nicholas Evans (*Clinical Research Fellow, University of Cambridge*)

Patient and carer experience of centralised acute stroke care pathways: intentions, concerns and outcomes

Dr Catherine Perry (*Research Fellow, University of Manchester*)

'HeART of Stroke' - a community-based arts-and-health group for people following a stroke: acceptability and preliminary findings from a randomised controlled feasibility study

Dr Fergus Gracey (*Senior Research Fellow / Consultant Clinical Neuropsychologist*)

Predicting outcomes of importance to stroke patients and their carers to assist decisions regarding treatments that enhance the chances of survival

Dr Akila Visvanathan (*SpR Geriatric Medicine, NHS Lothian*)

14:15 – 15:30
Room 3 **Parallel Session 2B**
Carotid Stenosis
Chair: Dr Josephine Gibson (*Senior Lecturer, Senior Research Fellow, University of Lancashire*)

Welcome

Safer trials, safer stenting, time to change your practice?

Professor Alison Halliday (*Professor of Vascular Surgery, University of Oxford*)

Statins for carotid stenosis?

Mr Richard Bulbulia (*Consultant Vascular Surgeon, CTSU, University of Oxford*)

What is the evidence that treating stroke risk factors – and carotid stenosis in particular – prevent dementia?

Dr William Whiteley (*Senior Research Fellow, University of Edinburgh, Honorary Consultant Neurologist, NHS Lothian*)

14:15 – 15:30
Room 11

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Parallel Session 2C Community Based Stroke Rehab

Chair: Dr Praveen Kumar (*Senior Lecturer in Physiotherapy, Faculty of Health and Applied Sciences, University of the West of England, Bristol*)

Welcome

Location, location, location: how can we provide evidence based community stroke services?

Dr Rebecca Fisher (*Stroke Association HRH The Princess Margaret Senior Lecturer, University of Nottingham*)

Goal setting practice in community based stroke rehabilitation

Dr Lesley Scobbie (*Stroke Association, HRH The Princess Margaret Clinical Lecturer, Glasgow Caledonian University*)

A model of self-management support for community dwelling stroke survivors: evidence, theory and practice implications

Professor Fiona Jones (*Professor of Rehabilitation Research, St George's University of London*)

14:15 – 15:30
Room 4

Parallel Session 2D `All Eyes and Ears` - impact of hidden sensory impairment

Chair: Dr Fiona Rowe (*Reader in Orthoptics and Health Services Research / NIHR Fellow, University of Liverpool*)

Welcome

Returning to driving with visual field loss after stroke

Mr William Newman (*Consultant Ophthalmic Surgeon & Neuro-ophthalmologist, University of Liverpool*)

Impact of post stroke visual impairment

Ms Lauren Hepworth (*Research Orthoptist, University of Liverpool*)

The hearing needs of stroke survivors

Dr Doris-Eva Bamiou (*Reader & Honorary Consultant, UCL Ear Institute & UCLH*)

15:30 – 16:30

REFRESHMENTS & EXHIBITION (Hall 2)
Hospital of St John and St Elizabeth Soapbox Science
The Stroke Unit



16:00 – 16:15
Hall 2

The Stroke Unit at The Hospital of St John and St Elizabeth is one of the UKs foremost specialist units for stroke, post acute care and rehabilitation; minutes away from Central London. Patients receive individually tailored care plans from our world-class, multidisciplinary stroke team to optimise their rehabilitation process.

15:40 – 16:20
Room 3

Developing A Universally Recognised Symbol For Communication Disability
Chair: Bridget Bergin (*UK Director – Life After Stroke Services, Stroke Association*)

15:40 – 16:20
Room 11

EuroHYP-1 Trial Meeting
Chair: Dr Nikola Sprigg (*Associate Professor, Faculty of Medicine & Health Sciences, University of Nottingham*)

15:40 – 16:20
Room 4

CRN Fringe Meeting
Chair: Dr Philip Clatworthy (*NIHR CRN Stroke Rehab Lead, University of Bristol*)

Plenary 2

16:30 – 17:15
Auditorium

Princess Margaret Memorial Lecture

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Chair: Professor Avril Drummond (*Chair of UK Stroke Forum; Occupational Therapist and Professor of Healthcare Research, University of Nottingham*)

Welcome

Adequate is not good enough. Getting rehabilitation into the premier league
Professor Pam Enderby (*Professor Emeritus, Sheffield University*)

17:20 – 18:00
Auditorium

Allergan Satellite Symposium: How can early identification of post stroke spasticity improve patients' outcomes?

Speaker:



The Department of Health's strategy for stroke care has increased the priority and awareness of the condition and improvements in patients' care and outcomes have been made, as reported by the National Audit Office. Evidence shows that stroke mortality has reduced in the UK so patients are living longer and could therefore go on to developing post stroke complications. This symposium will cover why early identification of post stroke spasticity could improve patients long term out comes.

17:20 – 18:00
Room 3

HeadPost Investigator Trial Meeting
Chair: Professor Caroline Watkins (*Professor of Stroke and Older People's Care, University of Central Lancashire*)

19:00 – Midnight ‘Motown’ Gala Dinner, themed evening of dining and entertainment

The Rum Warehouse at the Titanic Hotel

Join us for our themed motown gala dinner - scrumptious food and excellent entertainment at the uber funky Rum Warehouse. The evening begins at 7pm with a drinks reception, followed by a three-course dinner and dancing to an incredible band. The dress code is smart evening wear. Entrance with ticket only.

Main Conference Day 2 – Wednesday 30 November

08:00 – 13:00 Registration and Exhibition Open

Parallel Sessions 3

08:30 – 09:45
Auditorium

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Parallel Session 3A **Opportunities and Challenges to Improve Stroke Care: The New 2016 National Clinical Guideline for Stroke**

Chair: Professor Avril Drummond (*Chair of UK Stroke Forum; Occupational Therapist and Professor of Healthcare Research, University of Nottingham*)

Welcome

Hyperacute and acute stroke care: what's new?

Dr Martin James (*Consultant Stroke Physician, Royal Devon & Exeter Hospital*)

Stroke rehabilitation: what's new?

Professor Audrey Bowen (*Stroke Association / John Marshall Memorial Professor of Neuropsychological Rehabilitation, University of Manchester*)

Secondary prevention of stroke: what's new?

Dr Gavin Young (*Consultant Neurologist, South Tees Hospital NHS Foundation Trust*)

What's in it for patients?

Marney Williams (*Patient Representative*)

08:30 – 09:45
Room 3

Parallel Session 3B **Between A Clot And A Hard Place: Current Dilemmas In Anticoagulation After Stroke**

Chair: Professor David Werring (*Professor of Clinical Neurology, Stroke Research Centre, UCL Institute of Neurology, Queen Square, Consultant Neurologist, University College Hospitals NHS Foundation Trust*)

Welcome

Anticoagulation after intracranial haemorrhage

Professor Karin Klijn (*Professor and Chair of Neurology, Radboud University, The Netherlands*)

Anticoagulation for AF in frailty – highly irregular?

Dr Terry Quinn (*Joint Stroke Association / Chief Scientist Office Senior Clinical Lecturer, University of Glasgow*)

Treatment of anticoagulant-associated intracerebral haemorrhage

Dr Adrian Parry-Jones (*NIHR Clinician Scientist, University of Manchester*)

08:30 – 09:45
Room 11

Parallel Session 3C Dilemmas In Service Organisation

Chair: Professor Helen Rodgers (*Professor of Stroke Care, President of British Association of Stroke Physicians*)

Welcome

Acute ischaemic stroke pathways

Drip and ship

Professor Gary Ford (*Consultant Stroke Physician, Oxford University Hospital/Oxford University*)

Mothership

Dr Anthony Pereira (*Consultant Neurologist, St George's Hospital, London*)

Secondary Prevention

Primary care is sufficient

Professor Jonathan Mant (*Professor of Primary Care Research/Head of Unit Primary Care Unit University of Cambridge*)

Secondary care is needed

Dr Alastair Webb (*Associate Clinical Fellow, University of Oxford*)

08:30 – 09:45
Room 4

Parallel Session 3D Communication In Stroke Care: Everybody's Business

Chair: Professor Pam Enderby (*Professor Emeritus, Sheffield University*)

Welcome

Evidence update: rehabilitation of language following stroke-related aphasia

Professor Marian Brady (*Professor Stroke Care & Rehabilitation, NMAHP Research Unit*)

Providing information accessible to stroke survivors: delivering the NHS England accessible information standard

Gill Pearl (*Chief Executive, Speakeasy*)

Better multidisciplinary communication for better stroke care

Dr David Clarke (*Lecturer in Stroke Care*)

Dr Rebecca Fisher (*Stroke Association HRH The Princess Margaret Senior Lecturer, University of Nottingham*)

09:45 – 10:45
Hall 2

REFRESHMENTS & EXHIBITION

10:00 – 10:35
10:30 – 10:45

POSTER TOURS
Soapbox Science

10:00 – 10:40
Room 3

Operational Delivery Network: The glue that holds stroke care together in Greater Manchester
Sarah Rickard (*Network Manager*)

10:00 – 10:40
Room 11

A New Era for Stroke: The Stroke Survivor's Perspective
Chair: Claire Vincent (*Deputy Head of Partnerships, Stroke Association*)

Hear from stroke survivors on the issues they face and play your role in supporting A New Era for Stroke!

10:45 – 12:00
Auditorium

Parallel Sessions 4A
Atrial Fibrillation: What we know and what we don't

Kindly sponsored by



Chair: Professor Caroline Watkins (*Professor of Stroke and Older People's Care, University of Central Lancashire*)

Welcome

Action on AF – The Stroke Association's campaign to improve AF detection and treatment

Alexis Wieroniey (*Deputy Director of Policy and Influencing, Stroke Association*)

Current state of the art and new horizons for stroke prevention in AF

Professor Gregory Lip (*Professor of Cardiovascular Medicine, University of Birmingham, UK and Adjunct Professor of Cardiovascular Sciences, Thrombosis Research Unit, Aalborg University, Denmark*)

The use of antithrombotics and anticoagulants in acute cardioembolic stroke

Professor David Werring (*Professor of Clinical Neurology, Stroke Research Centre, UCL Institute of Neurology, Queen Square, Consultant Neurologist, University College Hospitals NHS Foundation Trust*)

Secondary prevention of cardioembolic stroke

Dr Martin James (*Consultant Stroke Physician, Royal Devon & Exeter Hospital*)

10:45 – 12:00
Room 3

Parallel Session 4B
Reorganising Therapy: Changing the Clinical Approach to Upper Limb Recovery Post-Stroke

Kindly sponsored by



Chair: Professor Pip Logan (*Professor of Rehabilitation Research, College of Occupational Therapists Specialist Section Neurological Practice*)

Welcome

"Targeting therapy: optimising upper limb recovery post stroke"

Professor Frederike Van Wijck (*Professor in Neurological Rehabilitation, Glasgow Caledonian University*)

Changing the clinical approach to upper limb recovery post-stroke

Dr Isobel Hubbard (*Academic Researcher, University of Newcastle, New South*)

Implementing the evidence on upper limb rehab into PRACTICE

Dr Louise Connell (*Reader in Rehabilitation, University of Central Lancashire*)

**10:45 – 12:00
Room 11**

Parallel Session 4C

CLAHRC: Will any of this change what happens for stroke survivors and their carers? Implementing evidence-based stroke care

Chair: Professor Mark Gabbay (*Professor of General Practice at the University of Liverpool and Head of Department of Health Services Research*)

Welcome

Mechanisms that matter: Multidisciplinary team effectiveness in delivering functionally oriented stroke rehabilitation

Dr Rebecca Fisher (*Stroke Association HRH, The Princess Margaret Senior Lecturer
University of Nottingham*)

Are we meeting the needs of stroke survivors in care homes? Findings from a study exploring the process and outcomes of 6 month reviews in care home settings

Dr Emma Patchick (*Research Associate for GM-CLAHRC Stroke Programme*)

Accelerating delivery of psychological therapies after stroke

Dr Liz Lightbody (*Reader in Health Services Research, University of Central Lancashire, NIHR CLAHRC North West*)

**10:45 – 12:00
Room 4**

Parallel Session 4D

Brag and Steal

Chair: Dr Damian Jenkinson (*Consultant Physician, Dorset County Hospital, Dorchester*)

Welcome

Exercise in the community – a service evaluation to explore the effectiveness of an exercise group in the community for a mixed ability group of sub-acute stroke survivors

Leanna Dennis (*Highly Specialised Physiotherapist, Community Stroke Team, Northampton General Hospital*)

Confronting mood issues: Increasing staff confidence to address patient anxiety, depression and adjustment to stroke

Tamara Stewart (*Occupational Therapist, Nottingham University Hospitals Stroke Unit*)

A self-management information pack for patients with post-stroke fatigue

Jude Kings (*Stroke Nurse and Stroke Physiotherapist, Worcestershire NHS Trust*)

Together Everyone Achieves More: Working together to increase efficiency and improve patient care our stroke unit

Dr Kamy Thavanesan (*Consultant in Acute Medicine and Stroke, Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust*)

Does the use of social media improve well-being in people living with aphasia?

Chloe Jordan (*Human Communication Student, University of Portsmouth*)

Margaret Stephens (*Senior Lecturer in Speech, Language and Communication Science, University of Portsmouth*)

Understanding quality improvement and leadership experiences of stroke healthcare professionals working in Ghana

Emily Rogers (*Research Physiotherapist, Wessex-Ghana Stroke Partnership, Royal Bournemouth Hospital*)

12:00 – 13:00
Hall 2

LUNCH & EXHIBITION

12:20 – 12:50
Auditorium

Bristol-Myers Squibb/Pfizer Alliance Satellite Symposium: Stroke Management in Non-Valvular Atrial Fibrillation: How Well Are We Doing?

Speaker: Dr Khalil Kawafi (*Consultant Stroke Physician and Clinical Lead at The Pennine Acute Hospitals NHS Trust*)



12:20 – 12:50
Room 3

CONVINCE Trial Investigators Meeting

Chair: Dr Christopher Price (*Honorary Clinical Senior Lecturer, Newcastle University*)

12:20 – 12:50
Room 4

LoTS2Care – A Feasibility Study (*Invitation Only*)

Chair: Professor Anne Forster (*Professor of Stroke Rehabilitation, University of Leeds*)

Plenary 3

13:00 – 14:30
Auditorium

What's Hot and What's Next?

Chairs: Professor Peter Langhorne (*Chair Elect of UK Stroke Forum, Professor of Stroke Care, University of Glasgow*)
Professor Rustam Al-Shahi Salman (*Professor of Clinical Neurology, University of Edinburgh*)

Welcome

Randomised Controlled Trials: Hot off the press

Intensive versus guideline antiplatelet therapy for preventing recurrence in patients with acute ischaemic stroke or TIA: Main results from the Triple Antiplatelets for Reducing Dependency in Ischaemic Stroke (TARDIS) trial

Professor Philip Bath (*Stroke Association Professor of Stroke Medicine, Chair and Head of the Division of Clinical Neuroscience, University of Nottingham*)

Transcutaneous tibial nerve stimulation for Treatment of Urinary Incontinence (TREAT-UI) after stroke: a feasibility study with pilot randomised controlled trial

Professor Joanne Booth (*Professor of Rehabilitation Nursing and a Clinical Academic in NHS Greater Glasgow & Clyde Continence Service*)
Dr Lois Thomas (*Reader in Health Services Research, University of Central Lancashire*)

Community-based Rehabilitation Training after Stroke (ReTrain): results of a pilot randomised control trial (RCT)

Associate Professor Sarah Dean (*Associate Professor in Psychology Applied to Rehabilitation and Health, University of Exeter*)

What's next for our practice in 2017?

Acute medical care

Professor Philip Bath (*Stroke Association Professor of Stroke Medicine, Chair and Head of the Division of Clinical Neuroscience, University of Nottingham*)

Acute nursing care

Professor Caroline Watkins (*Professor of Stroke and Older People's Care, University of Central Lancashire*)

Rehabilitation

Professor Helen Rodgers (*Professor of Stroke Care, President of British Association of Stroke Physicians*)

Medical primary and secondary prevention

Dr Jesse Dawson (*Clinical Reader / Consultant Stroke Physician, Queen Elizabeth University Hospital*)

Patient support: Changing the face of stroke prevention, research and care

Juliet Bouverie (*CEO, Stroke Association*)

CONFERENCE CLOSES