

UK Stroke Club Conference

Find out a bit more about our wonderful speakers, what their job is and why they are here.

Janet Rockcliffe and Judith Moreland – Aphasia Project Officers



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As part of the Aphasia team we work to ensure that the **services and resources** offered to people with Aphasia **meet real needs** and are based on **best practice**.

Our current **projects** include:

- **development** of an **Aphasia area on My Stroke Guide**;
- publication of a **picture-based Aphasia booklet**;
- work with other charities to design a **UK Communication Access Symbol** to help businesses improve how they talk to customers.
- Running a **UK-wide consultation group** to give people with Aphasia a voice - **Aphasia Voices**

The **Aphasia Voices workshop** is a good way to **hear what people with Aphasia want to say** and **learn from their experience**.

This **helps** the Stroke Association to **offer the right support**.

At the **workshops** you can make **new friends who understand the challenge of living with Aphasia**.

More information from: aphasiavoices@stroke.org.uk

Stuart Cooper - Head of Volunteering and Community Central England



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My role is to lead the volunteering and community activity within the central zone including the activities programme at the Life After Stroke Centre, Bromsgrove.

I have worked at the Stroke Association since 2011 and am passionate about long term support and enabling stroke survivors to make the best recovery possible.

Over the last eight years I have been the regional staff representative on the Stroke Club Consultation group and was heavily involved in the creation and development of Voices in Partnership - Clubs and Groups. I now support the co-ordination of content and delivery for this group with Claire Riley.

This will be my eighth UK Stroke Club Conference and each year it gets better and better. I most look forward to being inspired and connecting with groups to share new ideas.

Kerry Farrell - Stroke Ambassador and Volunteering Programme Coordinator



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I am responsible for reviewing and developing the Stroke Ambassador Programme and provide support to staff and volunteers. This includes looking at processes, training and resources to ensure that these are all relevant, up to date and useful. I also write the Stroke Ambassador update, which is sent every 8 weeks.

This year, I will be leading the Stroke Ambassador pre-meeting. This links in directly with my role and by connecting with our team of Stroke Ambassadors, will give me insight into how I can better develop the programme and support all those involved.

Being relatively new to the Stroke Association, I'm looking forward to meeting others in the Stroke Ambassador team and learning more about the amazing work they do, their own volunteer journeys and to really get a better idea on how the programme benefits all those that it touches.

Beth Scrimshaw - UK Volunteering and Community Partnerships Manager



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I joined the Stroke Association in May as the UK Volunteering and Community Partnerships Manager. I sit in the national team, overseeing our work with voluntary groups, affiliated clubs and our stroke ambassador programme.

Supporting clubs and groups to be more sustainable is a big area of focus for us this year. I will be working closely with Scott, our new Head of Volunteer Fundraising, and we are delighted to be having these discussions with you this weekend.

I want to connect with everyone who is here! I want to hear from you on what is going well with your clubs and groups, what we can do better to support your work and what you feel we should be focusing on going forward. And importantly, I want to have lots of fun this weekend with you!

Catherine Moore – Project Manager, Stroke Support



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I project manage My Stroke Guide, our website to support people affected by stroke. My role is to ensure that all areas of the organisation come together at the right time, to deliver good online support, and that we develop the website to meet people's needs.

I am delivering a main talk about My Stroke Guide, in which I'll discuss the main benefits of the Guide, give a short demonstration and explain some of our plans for the future.

I hope that attendees will leave having a greater understanding of My Stroke Guide, how it can help them as individuals, and how they may use it at their clubs and groups. I love speaking with people affected by stroke, and look forward to receiving feedback and ideas as to how we can improve the work we're doing on My Stroke Guide.

Scott Smith - Head of Volunteer Fundraising



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I have the pleasure of working with volunteers, voluntary groups and the staff that support them with all things fundraising, so that together we can achieve even more. My role is very new; in fact it's not even a month old!

My role looks at both volunteering and fundraising, so I will be working with the Volunteering and Community team to deliver a workshop on working together to raise money.

UKSCC is the best opportunity of the year to spend time catching up with volunteers from across the UK and thanking as many of them as possible for the amazing work that they do – that's always my main priority. I also try to learn something new, or meet a new group from a different geographical area to hear their success stories, ways of working and obviously provide advice if I can help the group in any way.

Ian Homard - Head of Volunteering and Community Development



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I am responsible for making sure we provide the best possible guidance and support to all our Volunteers and Groups and Clubs, and to ensure we continue to offer the best experience for volunteers, appropriate support for our staff who manage volunteers and the best possible support to stroke survivors.

I am a member of the Stroke Association's GDPR Steering Group which has responsibility for the overall management of GDPR issues across the Stroke Association. In my workshop I want to ensure that all volunteers understand and are able to comply with the GDPR regulations.

I am keen to get a greater understanding of how stroke survivors and their families would like the Stroke Association to support them and how we can better understand their needs.

Donna Stott – Head of Volunteering and Community North



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My role is to support the local and national team to ensure we support and develop our long term peer support and that all our volunteers have a quality journey when working with us as an organisation. I'm also responsible for developing our stroke communities across the North zone.

GDPR has been a huge change for our clubs and groups and we have had to introduce a lot of changes to meet the new parameters of holding data. The Volunteering and Community team have been at the forefront in supporting groups to make these adjustments.

I hope to gain new ideas and inspiration that I can share with my team and groups when I go home. I enjoy meeting new groups and touching base with familiar ones, to hear how they are progressing and share their joy in their achievements.

I also look forward to learning new developments that are happening in stroke and within the organisation from a volunteer and group perspective, which will help me to support our groups effectively.

Louise Hornagold - Volunteering and Community Officer



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I provide support and a strong link between the Stroke Association and the Voluntary Groups, affiliated clubs and independent Stroke Clubs in the local area. I am there to offer support and guidance, help develop community networks, build relationships, trouble shoot and provide training.

The 'Connecting with Carers' workshop focuses on the benefits of being part of a carers group, and looks at how to go about starting one. As the Volunteering and Community Officer for Essex, I am lucky enough to work with the fantastic Maldon and Dengie Group who were one of the first groups in the UK to set up a Carers group.

Clubs and Groups should be celebrated, they play such an important role in the lives of stroke survivors and carers. It is my hope that by being part of this event I will gain a greater insight into how I can better support those in my area and help my colleagues in Volunteering to do the same.

Every day I meet someone whose story inspires and moves me. Brave, wonderful people making a difference for others. You all give so much and it is a real privilege to be part of the conference and working with you all.

Activities workshops – lead by the Volunteering and Community teams from the Central, South and North zones



Long term support can come in many shapes and forms. Most of the groups and clubs across the Stroke Association have some kind of activity. However, some struggle to find ideas of new things to try. These ongoing workshops will give examples of some of the fun, inexpensive and easy activities that you can try with your own clubs and groups. These will be relaxed and enjoyable sessions lead by our Volunteering and Community officers from across the UK, offering an alternative to the more traditional workshops. We hope you enjoy the range of activities.

Sian McClure – Head, Stroke Information Service



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Helpline - 0845 30 33 100

As Head of the Stroke Helpline I make sure the helpline is working well with the rest of the Stroke Association, that we are meeting our targets, and that we're putting our enquirers at the heart of everything we do.

The UK Stroke Clubs Conference is the perfect opportunity to connect with the volunteers who make our Stroke Clubs a success. This year has been particularly busy for the Stroke Association, and I hope to learn more about how Stroke Clubs are dealing with the challenges and opportunities initiatives like GDPR and a free My Stroke Guide bring. As we move forward with developing our new corporate strategy, it's important that the helpline is an integral part of the support we provide. I'm interested to hear your thoughts on our plans to develop the Stroke Helpline, and how we can make better links with Stroke Clubs. Please do join my workshop on Saturday, when we'll be exploring this further!

Lisa McDermott - Volunteering Management and Training Officer (UK)



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I am the Volunteering Management and Training Officer (UK) based in the national volunteering team. I provide advice and guidance to all UK staff about volunteering and I design and deliver a range of training for staff and volunteers. I am also involved in developing volunteering policies, guidelines and procedures.

After the success of last year's event, this year I am running a repeat of the workshop I ran last year around Safeguarding and Supporting Adults At Risk. In the workshop we will talk about safeguarding, how we keep our people safe and what you need to know to be an ID checker for your group. It is an important subject but it will be delivered in an enjoyable and interactive way. I promise...

I always enjoy attending the UK Stroke Club Conference. It is a chance to catch up with people I have known and worked with for years and meet people who might be new to our stroke community. It's a chance to share ideas and perhaps even generate some new ones. I always come away buzzing from this event because it helps me refocus on why I do what I do.

Tina Hughes - Volunteering and Community Manager Central



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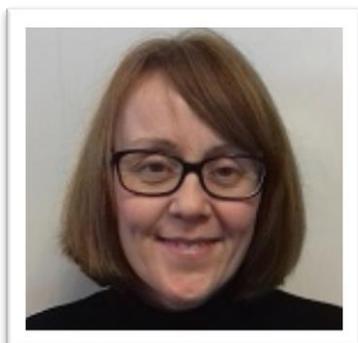
0773 420 4995

I am responsible for supporting a team of officers who work with our voluntary groups to provide quality long term peer support for stroke survivors, carers and family members. My role also includes developing links in the community with the help of stroke ambassador volunteers.

When I first joined the Stroke Association four years ago my role was delivering the first ever My Stroke Guide (MSG) commissioned contract in East Leicestershire. Although I have changed roles since then I have always been involved with developing MSG in some way. More recently I have worked with the team to develop the role of the MSG Buddy. I'm passionate that this online resource is a really useful tool to support stroke survivors, carers and family members alike. Join our workshop to find out more.

This will be the third UKSCC that I have attended and I find it the most enjoyable and most beneficial day of the year. Not only do I get the opportunity to meet representatives from groups and clubs but it enables me to listen to their views and ideas. The work I do relies heavily on listening to what groups and clubs think and the UKSCC is the perfect opportunity to get this valuable feedback.

Jo Drake - Volunteering and Community Officer



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I am a Volunteering and Community Officer and have been at the Stroke Association for eight months. My role is to support the Stroke Association Voluntary Groups who offer wonderful peer support to Stroke Survivors.

The volunteers who run the groups bring enthusiasm and energy to the role and are wonderful to work with. I really enjoy visiting the groups to see the difference they make.

I will be delivering a session on 'Working together to run a successful Group'. This session will hopefully be a great opportunity for volunteers to share ideas and celebrate their achievements.

I am looking forward to learning more about the organisation and meeting our wonderful volunteers.

Sophie Field – Sport England Project Manager	
 <p>Sophie.field@stroke.org.uk</p> <p>01527 903923</p>	<p>I lead the Active Lives After Stroke project, which encourages stroke survivors to get active after a stroke. I provide support to staff and volunteers running the local projects, this includes overseeing the planning and delivery of the project, communicating about it and making sure we measure the impact we're having.</p> <p>I'm passionate about providing opportunities and support for people to get active after a stroke. In my workshop I'm talking about the benefits of being active and sharing what I have learnt through my role leading the Active Lives After Stroke project.</p> <p>I love having the opportunity to meet with members from clubs and groups and hearing about the amazing work they are doing. I'm also hoping to hear what people think about physical activity after stroke, what motivates them to be active or what might stop someone taking part in activities, as well as what activities groups might be interested in.</p>
Jas Panesar – Wellbeing practitioner	
 <p>Please ask Jas for contact details</p>	<p>I am a graduate from the University of Westminster in BA Health Sciences Therapeutic Body work. This focused on working with people and their wellbeing after trauma, injury or living with a long term health condition. I was able to use this training as the former Wellbeing Coordinator for the Life After Stroke Centre in Bromsgrove. This role was about assessing the wellbeing of stroke survivors, carers and their families, and implementing activities to enhance their wellbeing and further stroke prevention in the wider community.</p> <p>Since leaving the Stroke Association in 2017 I continue to study and practice wellbeing and mindfulness as a way of life. My aim and passion remains to continually support those who are touched by stroke, so I am honoured to be asked to return to this event to share my experience and support the stroke community. In my workshop I will be supported by a group representative that practices wellbeing and look forward to hearing your own experiences of wellbeing and mindfulness.</p>
Juliet Bouverie - Chief Executive	
 <p>Juliet's Executive Assistant: Nichola.Young@stroke.org.uk</p> <p>0207 566 0347</p>	<p>As Chief Executive of the Stroke Association, my role is to push for stroke to be the public priority it needs to be and to ensure that the Stroke Association invests in high quality stroke support, stroke research, volunteering and community action. I seek to advocate for and amplify the voice of people affected by stroke in my dealings with external stakeholders. I aim to ensure that the Stroke Association is a well-run charity and that we spend and raise money efficiently and effectively.</p> <p>I am responsible for creating the conditions which enable everyone to work together to achieve the best possible outcomes for stroke survivors and their carers. I am overseeing the development of our next strategy which will be approved by Trustees in December.</p> <p>I am looking forward to meeting lots of stroke survivors, carers and volunteers and learning from your lived experience. I hope to be informed and inspired by the amazing things that stroke clubs and groups do so that I can influence volunteering and community action to be at the heart of our next strategy.</p>

