

Questions about stroke?

Call our Stroke Helpline **0303 3033 100**

or visit **stroke.org.uk**



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Personal Stroke Record

Thank you for ordering copies of the newly developed Personal Stroke Record. The Personal Stroke Record template is a patient facing document which supports newly diagnosed stroke survivors to leave hospital with core personalised information related to their stroke, forming part of a longer-term personalised care and support plan. It has two intended outcomes:

1. Stroke survivors feel more informed about their stroke and the next steps for their care and support.
2. Stroke survivors feel more engaged and involved in their care.

The Personal Stroke Record, has been co-developed by the Stroke Association, patients, clinicians and NHS England, and is a key deliverable of the National Stroke Programme. This tool supports engagement with your patients, allowing you, your patients and their families to input personalised information about the acute phase of treatment and immediate next steps after leaving hospital. It has space for personalised information to support a stroke survivor's recovery, including:

- What matters to me.
- What support will I need.
- My stroke and treatment.
- My recovery.
- Keeping myself well.
- Next steps.
- My contacts.
- Where to get more help and information.

We encourage you to implement the Personal Stroke Record as a routine part of the stroke patient journey. Our patient engagement has made clear that currently too many stroke survivors leave hospital with questions about their stroke, and written personalised information can help to optimise patient outcomes and experience.

Continued...

Chief Executive **Juliet Bouverie BA Hons (Oxon), DMS**

The Stroke Association is a company limited by guarantee, registered in England and Wales (No 61274).

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Also registered in the Isle of Man (No. 945) and Jersey (No. 221), and operating as a charity in Northern Ireland.

To re-order paper copies of the Personal Stroke Record template to your stroke unit, please visit: stroke.org.uk/professionals/resources-professionals/personal-stroke-record. The template is also available as a digital download at the same link, in editable PDF format.

Best wishes,



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