



# Stroke Assembly

Workshop 1c:

**Help shape what the  
Stroke Association thinks**

Georgina Flaxman

The UK Stroke Assembly is sponsored by:



Hosted by



# About me

**Georgina Flaxman – Policy Officer,  
The Stroke Association**

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# Aims of the workshop

- Explain why we need policy
- Give an update on the Stroke Association's policy work
- Get your views on our back to work policy
- Get your views on our emotional support policy

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# What is a policy?

- What we think about a topic
- What we want to see happen
- What we are doing to influence change



# Why have policies?

- Allows us to campaign and speak up for you
- National Plan for Stroke



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The logo for the UK Stroke Assembly, featuring the letters 'UK' in orange inside a thin orange square, followed by the words 'Stroke Assembly' in a dark blue sans-serif font.

# New policies

- Prescription charges
- Carers
- End of Life care
- Childhood stroke



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# What policies are we writing?

- Returning to work
- Ambulance response times
- Statins
- Emotional support
- Peer support
- Communication support



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# Activity

- We need your experience and your views to develop our policies



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# Emotional support

- Emotional problems such as depression or anxiety are very common after stroke.
- Stroke survivors should be assessed for mood and cognition problems:
  - On transfer from hospital
  - At 6 weeks
  - At reviews



# Emotional support

- Did your stroke affect your emotional wellbeing (i.e. how you feel)?
- Support in hospital?
- Support at home?
- What emotional support would you like stroke survivors to have?

# Returning to work

- With the right care, support and advice many people do return to work after their stroke
- Your employer has a legal responsibility to help you return to work
- Returning to work doesn't always mean returning to the same job

# Returning to work

- What problems do stroke survivors have in returning to work?
- What support should be offered to stroke survivors to help them return to work or take up volunteering?



# Feedback

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# Your suggestions

- What would you like the Stroke Association to develop a policy on?
- What are the big issues affecting you?
- What changes would you like to see?



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# Thank you

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